

---

**To:** Education and Children Policy Board

**On:** 21 January 2016

---

**Report by:** Director of Children's Services

---

**Heading:** The Allocation of Funding to Meet the National Targets for Physical Education in Primary and Secondary Schools

---

## 1. Summary

- 1.1 The Scottish Government has a 2011 manifesto commitment which "by 2014, was to deliver at least two hours of physical education in primary schools and at least two periods of physical education(PE) in secondary schools for pupils in S1-S4."
  - 1.2 In March 2012 following the joint Scottish Government/COSLA commitment, all 32 local authorities agreed an action plan with Education Scotland and **sportscotland** in which they committed to ensuring all their schools meet the target by 2014.
  - 1.3 **sportscotland** invested £3.4 million across all local authorities over a two year period 2013/14 to help deliver meeting the PE commitment. Education Scotland supplemented this with a further £2.4 million package of national initiatives to increase the support available to local authorities and teachers.
  - 1.4 A partnership agreement and action plans for the period 2015-19 between **sportsscotland** and Renfrewshire Council are in place to support Physical Education across all primary and secondary schools. On this basis **sportscotland** is committing to and offering further support and investment of £51,000 for the year ending 31 March 2016.
- 

## 2. Recommendations

- 2.1. The education and children policy board is asked to note:
  - the national target in the delivery of PE across all Renfrewshire schools was met in 2014; and
  - the report on use of funding 2013 - 2015.

2.2. The education and children policy board is asked to approve:

- allocation of £51,000 from **sportscotland**, over the next financial year 2015-2016, to ensure continuous progress in the delivery of high quality physical education in primary and secondary schools; and
  - the continued employment of a PE Lead Officer to build capacity and improve the skills of primary teachers in relation to the teaching of physical education, and to support those schools where additional equipment for physical education is required.
- 

### 3. Background

- 3.1. In order to monitor progress in meeting the national target and commitment, a healthy living survey was conducted by Scottish Government in February 2012 to ascertain information on physical education provision in schools.
- 3.2. The findings were published in June 2014. The survey found that 96% of all primary and secondary schools were meeting the target level of PE provision, an increase from 89% in 2013. In primary, 97% of schools were meeting the target of providing at least 2 hours of quality PE per week to all pupils. In the secondary sector, 90% of schools met the target of providing at least 2 periods of PE to all pupils in S1 – S4.
- 3.3. Renfrewshire schools compared very favourably with the national position and demonstrated their commitment to meeting this national target. The percentage of Renfrewshire primary schools meeting the target of 120 minutes of PE every week for all pupils has risen from 84% in session 2010/11 to 100% in session 2013/14. There are also a number of primary schools who exceed the target of 120 minutes. The percentage of Renfrewshire secondary schools meeting the target of two periods of PE every week for all pupils S1 – S4 has risen from 92% in session 2010/11 to 100% in session 2014/15 and the majority of Renfrewshire secondary schools are now exceeding this target.
- 3.4. On 29 March 2012 the Scottish Government and COSLA announced their commitment to deliver at least two hours per week of physical education in primary schools and two periods in S1 to S4, for all pupils in Scotland by 2014. This commitment was supported by a funding package of £3.4m from **sportscotland** distributed to local authorities over the following two years to support the implementation of agreed delivery plans. This funding was supplemented by a further £2.4m package of initiatives led by Education Scotland. Renfrewshire Council's share of this funding was £102,000 over two years.
- 3.5. There has been a further commitment from **sportscotland** and Education Scotland to funding for session 2015/16 and Renfrewshire Council has been allocated £51,000.
- 

### 4. Report on the use of funding 2013-15

- 4.1. Renfrewshire Council funding has been used to improve the skills of primary teachers in the following ways:
- two primary teacher have successfully undertaken and achieved the Post Graduate Certificate in Primary Physical Education;
  - all 49 primary schools have had specialist PE (secondary) input to support the delivery of high quality PE and develop staff skills – a focus this session has been on gymnastics and volleyball. Head teachers have noted an increase in staff confidence levels, subject knowledge and an increased ability to deliver high quality lessons;
  - the Physical Education Lead Officer (PELO) has been successful in the following developments:
    - engaging with a dance specialist to create a dance resource (Connections) for early, first and second levels to support primary staff in delivering dance;
    - creating a Renfrewshire GLOW website to share PE planning documents from early to 4<sup>th</sup> level and for National 4,5 & 6 with teachers across the authority;
    - providing career long professional learning opportunities to primary and secondary staff in a range of areas (trampoline, tennis, badminton, volleyball, netball, basketball, BMT, gymnastics, orienteering and outdoor team building games); and
    - collaborating with equivalent officers in East Renfrewshire and Inverclyde to develop planning resources for primary staff. A Renfrewshire Physical Education Framework has been developed. This is a fully comprehensive resource containing lesson plans, assessment and tracking progress documents for all levels.
- 4.2. Many of our schools have received a core PE grant from Education Scotland and this money has been used creatively to purchase ICT, sports equipment and development work in some areas.
- 4.3. A GLOW website has been set up for all teachers. Teachers have access links to the Renfrewshire Physical Education Planners and can blog in order to share practice and communicate new ideas with each other.
- 4.4. To enhance the space available in the delivery of the 120 minutes of PE, all primary schools can access local leisure facilities when not in use.
- 4.5. There has been a wider promotion of Health and Well being through the introduction of the Kickstart programme in Kirklandneuk Primary School.
- 4.6. This programme links with enterprise and involves primary 7 children training in circuits, fitness and weight training exercises. The training provides opportunities over a number of weeks to give the children skills and experiences required to become a personal trainer. The community are invited in to the school to participate in the programme, which is led by the children. The parents are offered free water, fruit and a crèche is available. The classes run throughout the session on a Friday afternoon. The school has won enterprise awards due to the success of the programme.
- 4.7. In all 45 primary schools across Renfrewshire a Physical Education Champion is responsible for sharing good practice and is a confident practitioner in delivering high quality experiences in PE.

## 5. Proposals for the use of funding 2015/16

- 5.1. A partnership meeting to discuss the use of the funding has taken place between representatives from Children's Services, Education Scotland and **sportscotland**. It was agreed at that meeting that the funding would be used to focus on building capacity of the skills of primary school teachers in teaching PE, to continue to improve the quality of the educational experience of pupils and to introduce a programme of support on delivering quality PE in pre 5 establishments. This will be achieved through offering high quality staff development opportunities for primary teachers, providing pre 5 establishments with a resource pack and a programme of supported delivery.
  - 5.2. A part time seconded teacher will be appointed to support and develop the skills of primary school teachers and pre 5 staff.
  - 5.3. There will be three main areas of development focus : basketball, football and BMT
  - 5.4. The training in light of the Dance Connections pack will be rolled out across pre 5 centres and a short life working group will be set up to develop links across the early years within the primary resource.
  - 5.5. A collection of video footage including training sessions and or lessons in PE will be provided for every sport/activity and shared across schools.
  - 5.4 A launch of Renfrewshire's Physical Education Framework and Dance Connections pack will take place at the end of January. At this launch the children and young people will be involved in showcasing very good practice in the area of PE across all schools in Renfrewshire.
- 

## Implications of this report

### 1. Financial Implications

The proposals to achieve the Scottish Government and COSLAs targets for physical education in schools will be met from Renfrewshire's allocation of £51,000 from the national funding package.

### 2. HR and Organisational Development Implications

New contract for PELO to be drawn up and sent to appropriate staff member.

### 3. Community Plan/Council Plan Implications

Children and Young People

-

All pupils have access to at least 2 hours quality physical education in primary schools, and 2 periods in secondary schools, on a weekly basis. All learners are making appropriate progress, developing and applying a range of physical education skills in different contexts.

Community Care, Health and Well-being	-	All learners are demonstrating increased levels of engagement in a chosen area(s) of physical education and sport.
Empowering our Communities	-	Primary teachers will have access to high quality staff development. Pre 5 staff will be empowered to deliver high quality PE. Parents and communities will be engaged in more sport and active activities.

**4. Legal Implications**

None.

**5. Property/Assets Implications**

None.

**6. Information Technology Implications**

None.

**7. Equality and Human Rights Implications**

The Recommendations contained within this report have been assessed in relation to their impact on equalities and human rights. No negative impacts on equality groups or potential for infringement of individuals' human rights have been identified arising from the recommendations contained in the report because for example it is for noting only. If required following implementation, the actual impact of the recommendations and the mitigating actions will be reviewed and monitored, and the results of the assessment will be published on the Council's website.

**8. Health and Safety Implications**

None.

**9. Procurement Implications**

None.

**10. Risk Implications**

None.

**11. Privacy Impact**

None.

---

**List of Background Papers**

- (a) Background Paper 1: Measuring the impact of the two hours/Two periods of Quality Physical Education' Programme, University of Glasgow, March 2015.

The foregoing background papers will be retained within children's services for inspection by the public for the prescribed period of four years from the date of the meeting. The contact officer within the service is (*Laura McAllister, Education*

*Manager (Curriculum and Early Years), 01416187301,  
laura.mcallister@renfrewshire.gov.uk)*

---

**Children's Services**

LMcA/LG

19 November 2015

**Author:** *Laura McAllister, Education Manager (Curriculum and Early Years), 01416187301,  
laura.mcallister@renfrewshire.gov.uk)*