

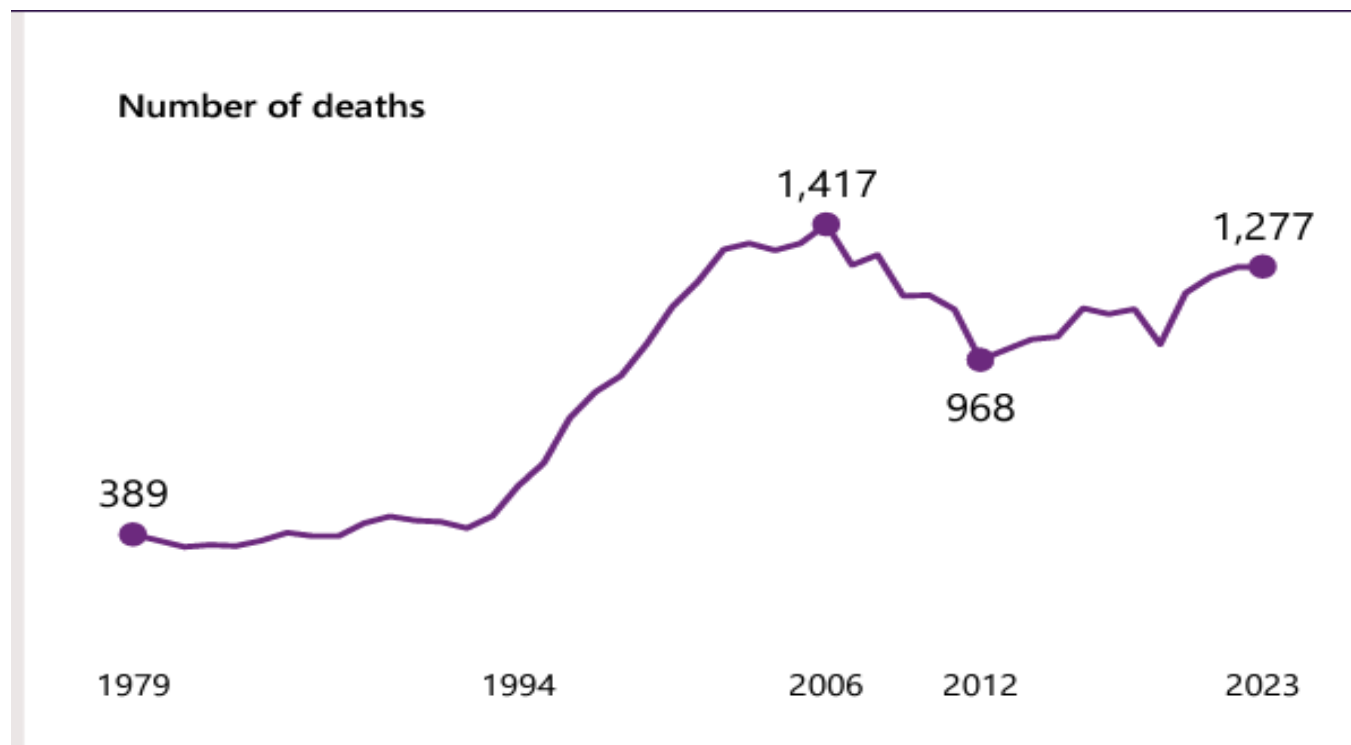
# Alcohol and Drug Death Prevention in Renfrewshire

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# Scotland 2023 Update:



There were 1,277 alcohol-specific deaths registered in Scotland in 2023, an increase of one death from 2022.

This is the highest number of alcohol specific deaths registered in a year since 2008.

# Scotland Key Points:

- The rate of mortality for alcohol-specific deaths was 22.7 deaths per 100,000 people in 2023.
- Male deaths continue to account for around two thirds of alcohol-specific deaths. Over the last year, male alcohol-specific deaths increased by 25, while female deaths decreased by 24.
- The age profile of alcohol-specific deaths has become older over time, with the average age at death increasing from 56 to 60 in the last decade.
- In 2023, the alcohol-specific mortality rates for those aged 65 to 74, and 75+ were at their highest since the series began in 1994.

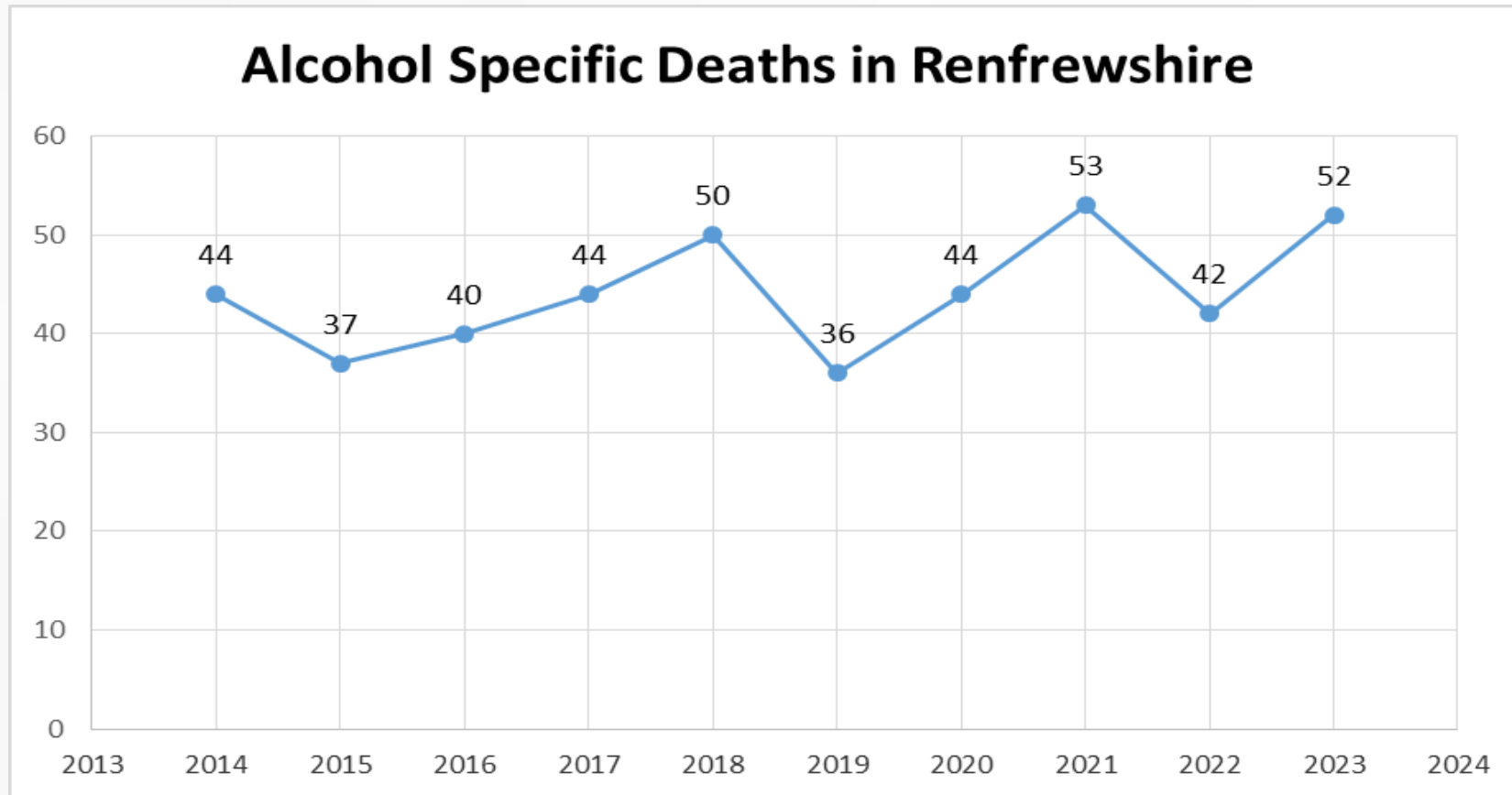
# Greater Glasgow & Clyde

*Greater Glasgow & Clyde - number of Alcohol Specific Deaths, 2022 – 2023*

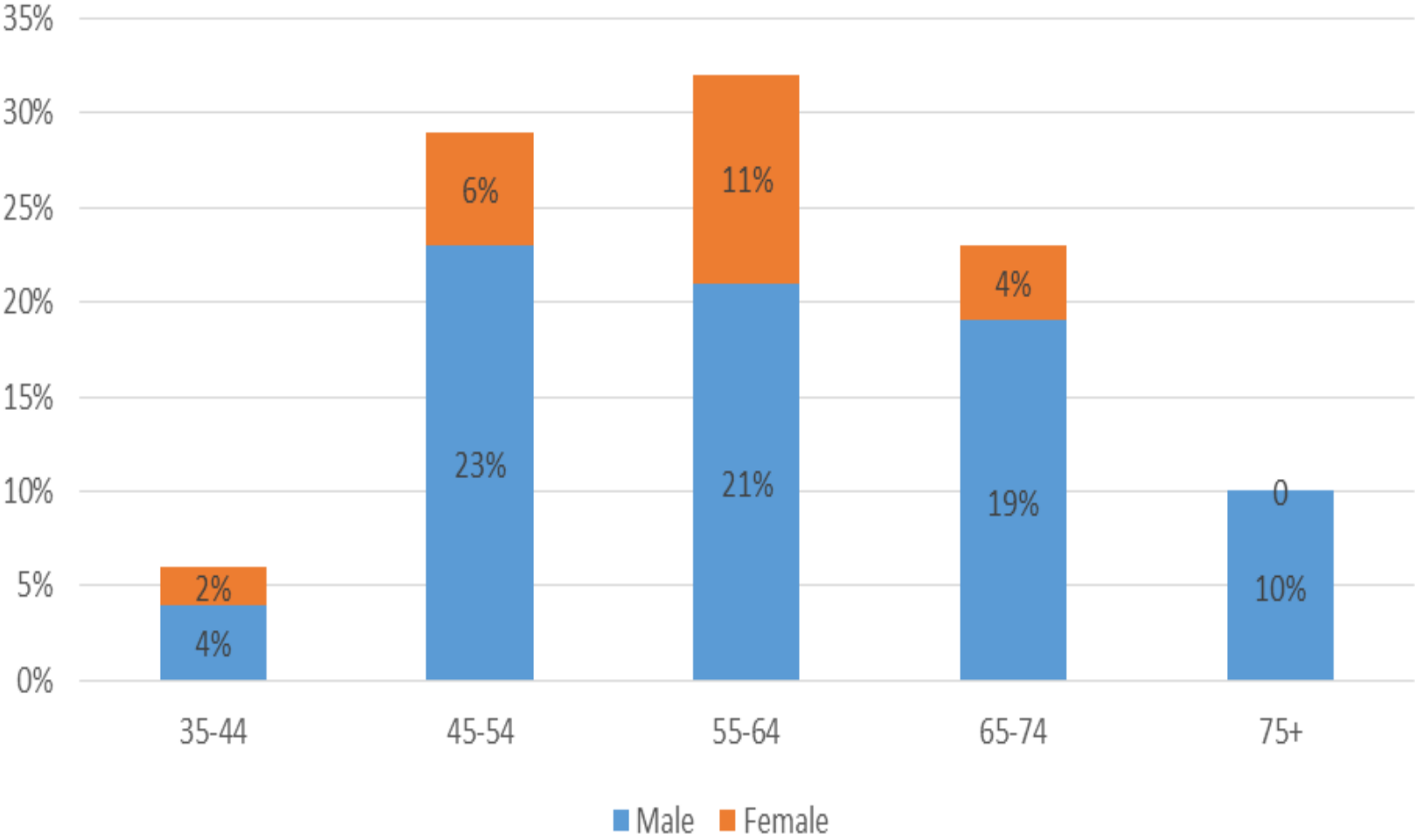
Area	2022	2023	% change
Renfrewshire	42	52	24% increase
East Dunbartonshire	24	15	37.5% decrease
East Renfrewshire	9	16	78% increase
Glasgow City	202	184	9% decrease
Inverclyde	28	33	18% increase
West Dunbartonshire	21	23	9.5% increase
NHS GGC	326	323	1% decrease

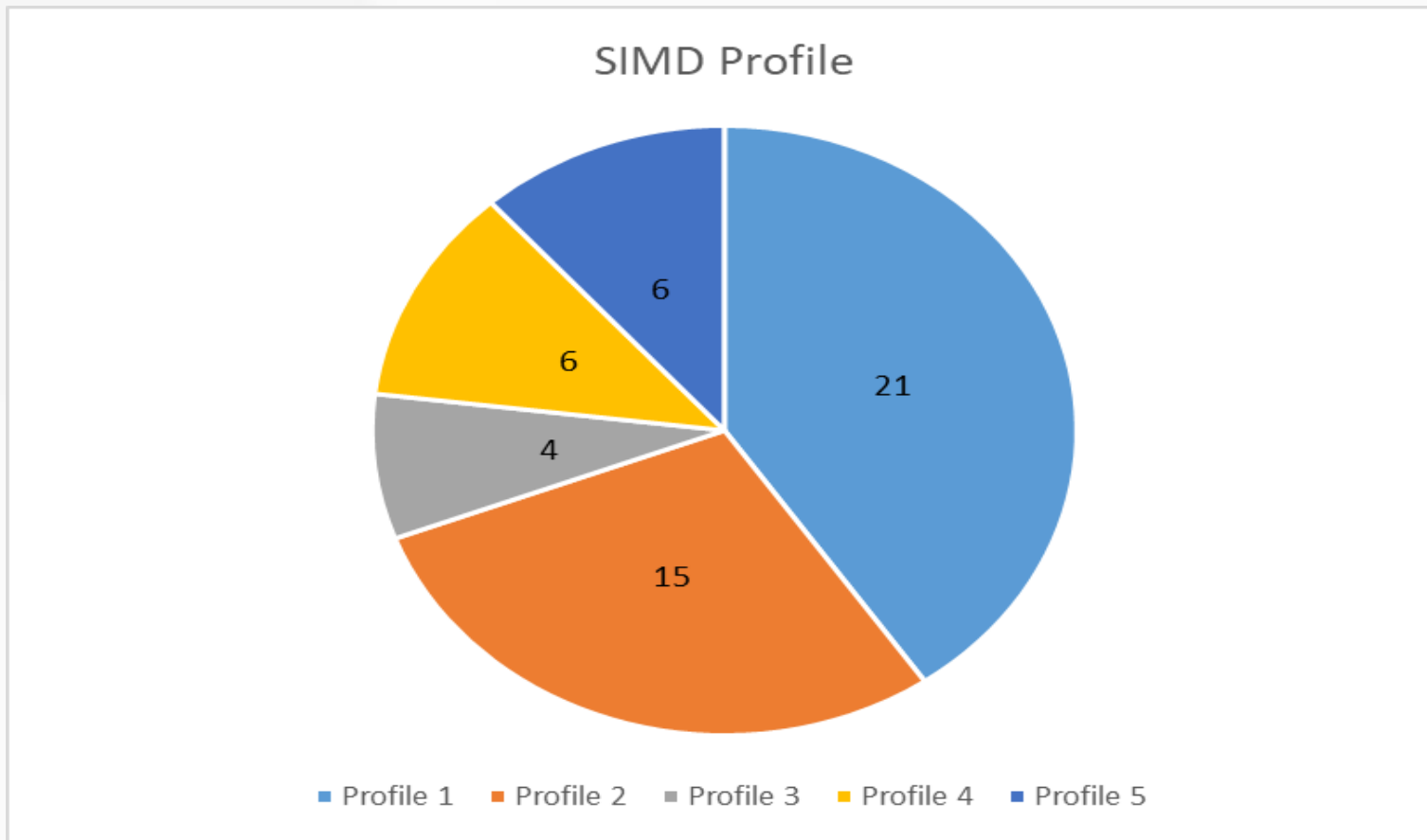
# Renfrewshire Specifics:

- In Renfrewshire, 52 people died as a direct result of alcohol in 2023, an increase of 24% from the previous year.



# Age Range with Gender Shown





Alcohol-specific deaths were 4.5 times as high in the most deprived areas of Scotland compared to the least deprived areas in 2023.

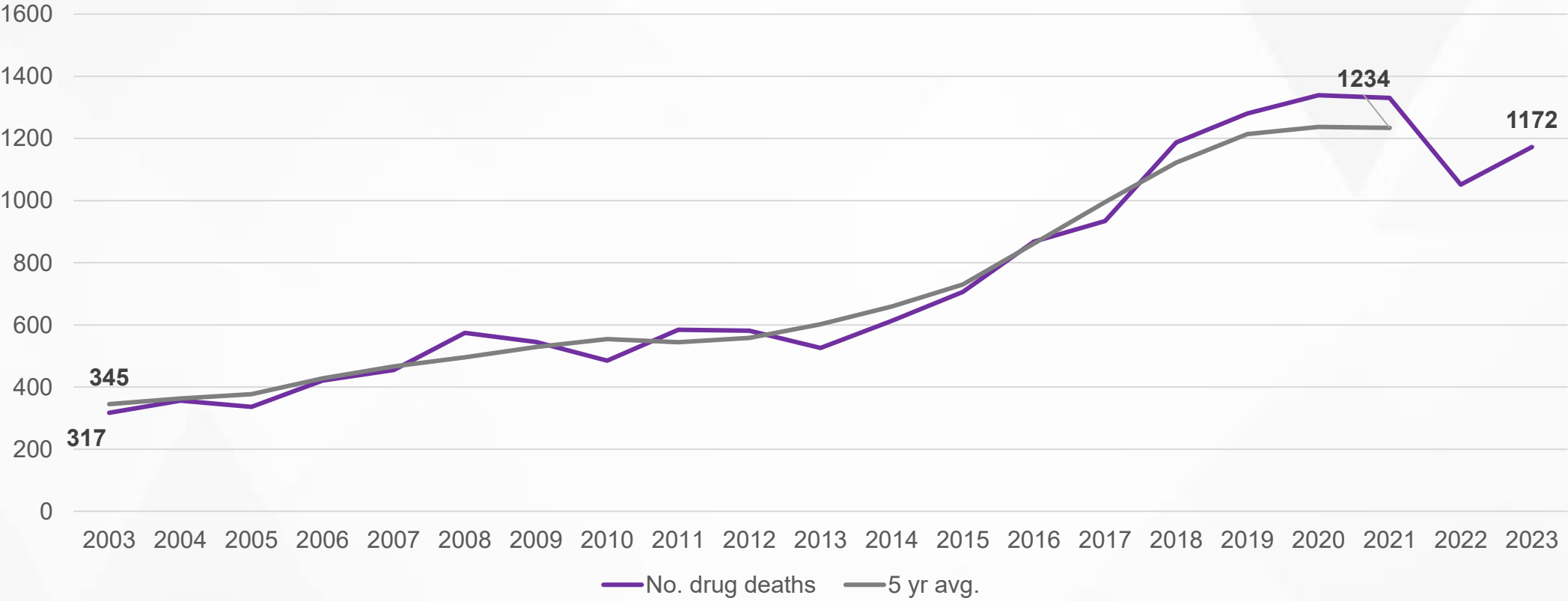
# Context: Scotland's Drug-Related Deaths 2023



- **1172 people sadly lost their life to a drug-related death (DRD) in Scotland in 2023**
- 121 more deaths than the previous year (12% increase)
- However, second lowest figure since 2017
- Males were twice as likely have a drug death than females
- The average age of a drug death has increased from 32 in 2000, to 45 in 2023



# Scotland's drug-related deaths: 2003-2023

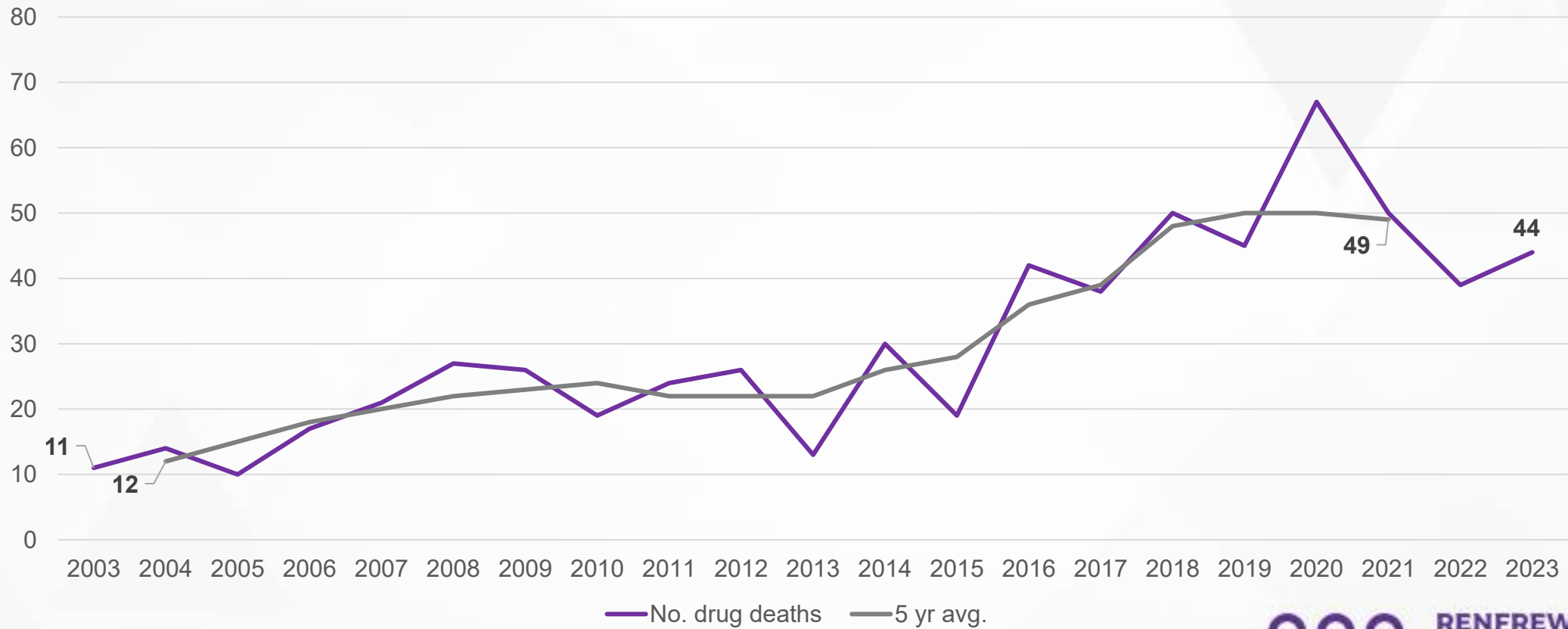


# Drug deaths: Greater Glasgow and Clyde

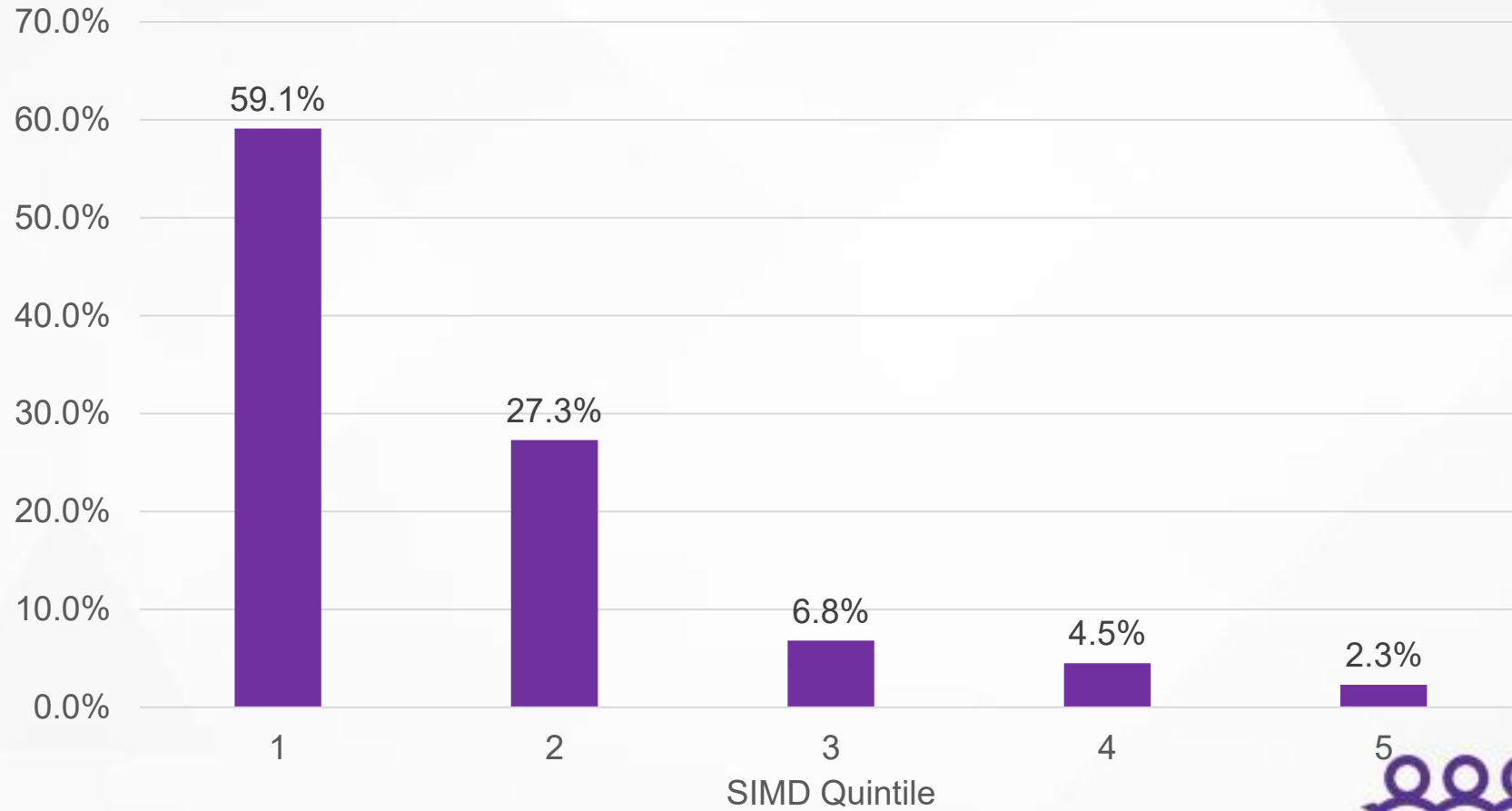
Area	2022	2023	% change
<b>Renfrewshire</b>	<b>39</b>	<b>44</b>	<b>+12.8%</b>
East Dunbartonshire	9	6	-33.3%
East Renfrewshire	7	7	-
Glasgow city	196	246	+25.5%
Inverclyde	29	26	-10.3%
West Dunbartonshire	20	26	+30%
<b>NHSGGC</b>	<b>300</b>	<b>355</b>	<b>+18.3%</b>
Scotland	1051	1172	+11.5%

Across NHS GGC, there were **355** drug-related deaths in 2023, an **18% increase** from the previous year.

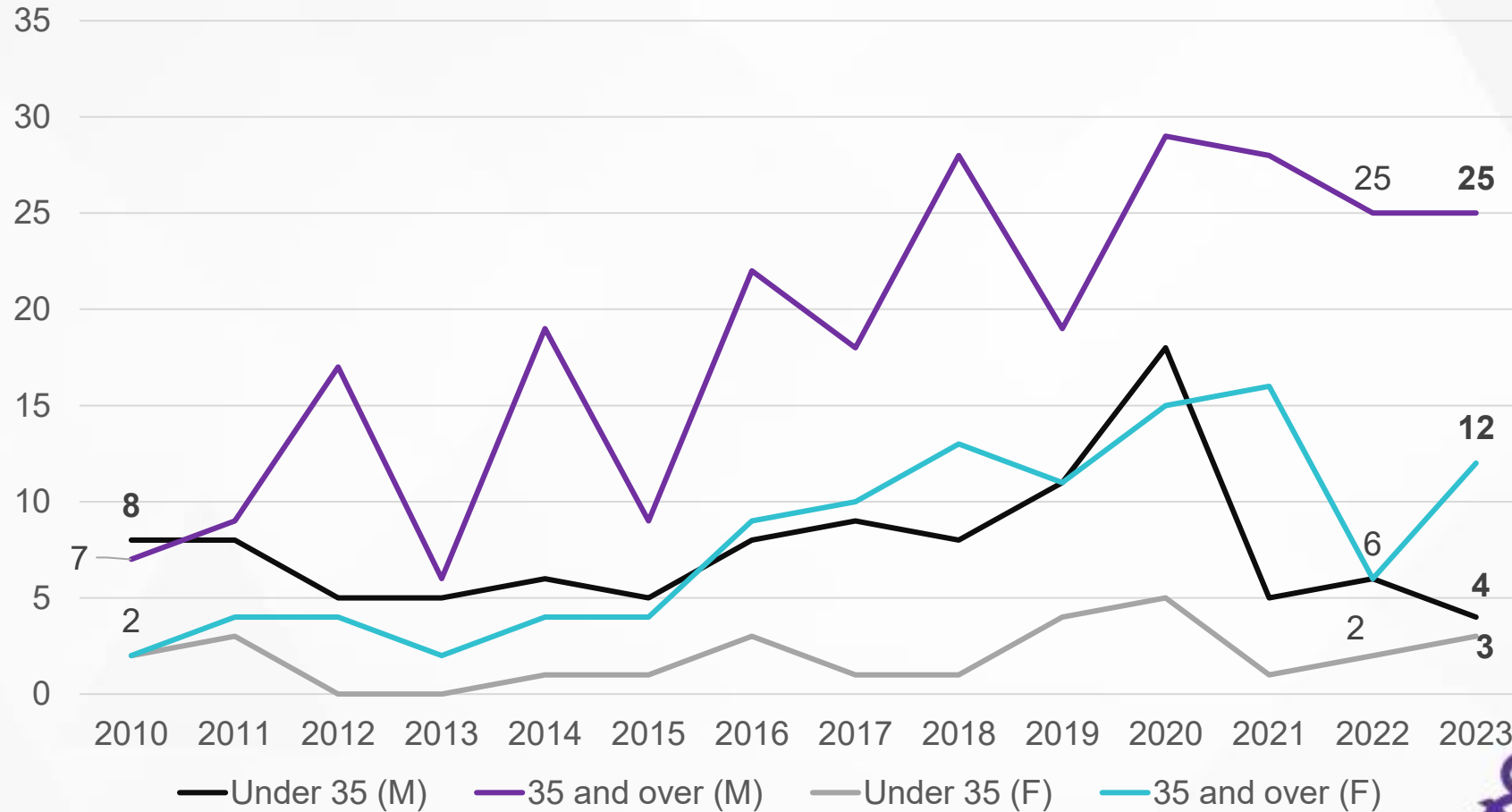
# Renfrewshire's drug-related deaths 2003-2023



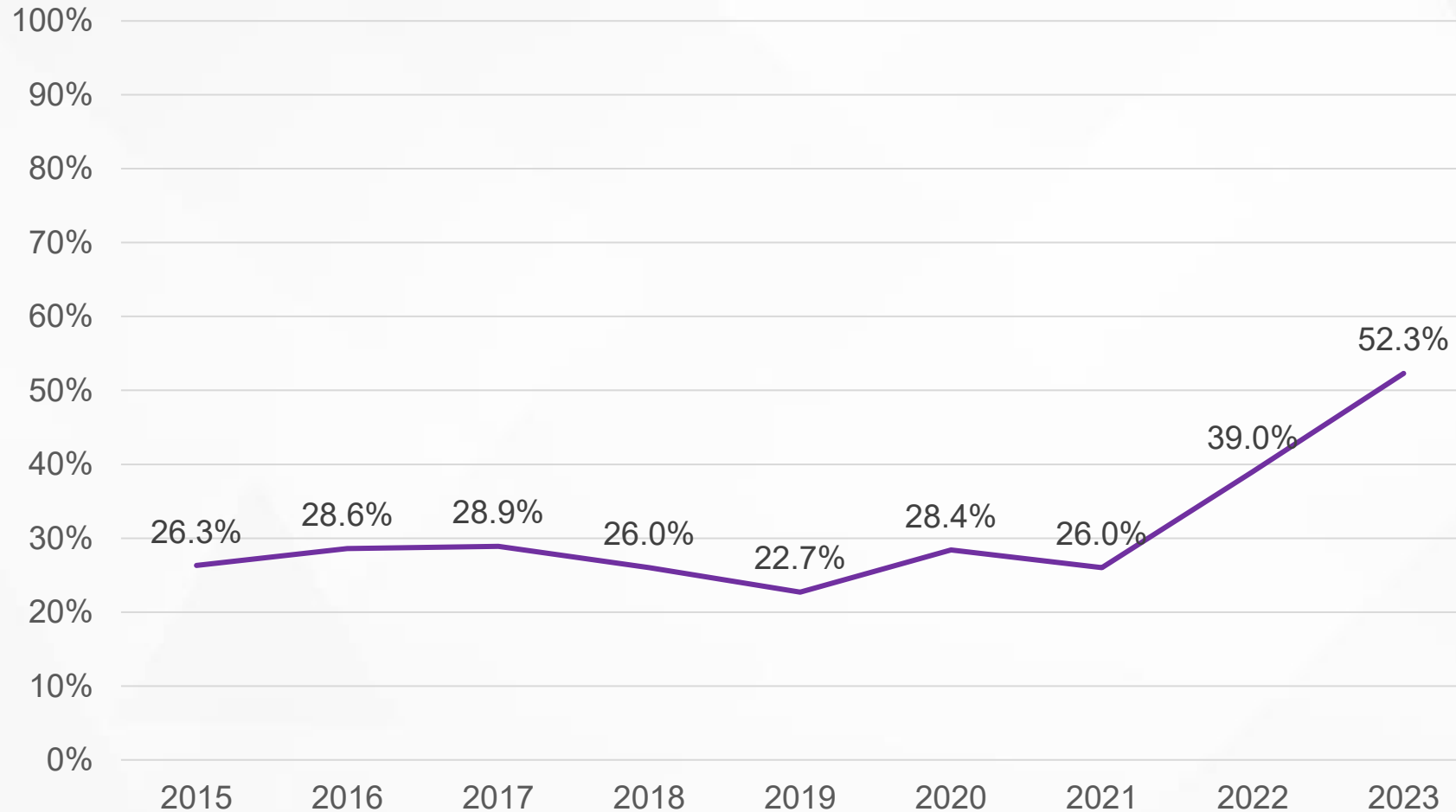
# Renfrewshire deaths by SIMD



# Renfrewshire breakdown by age and sex

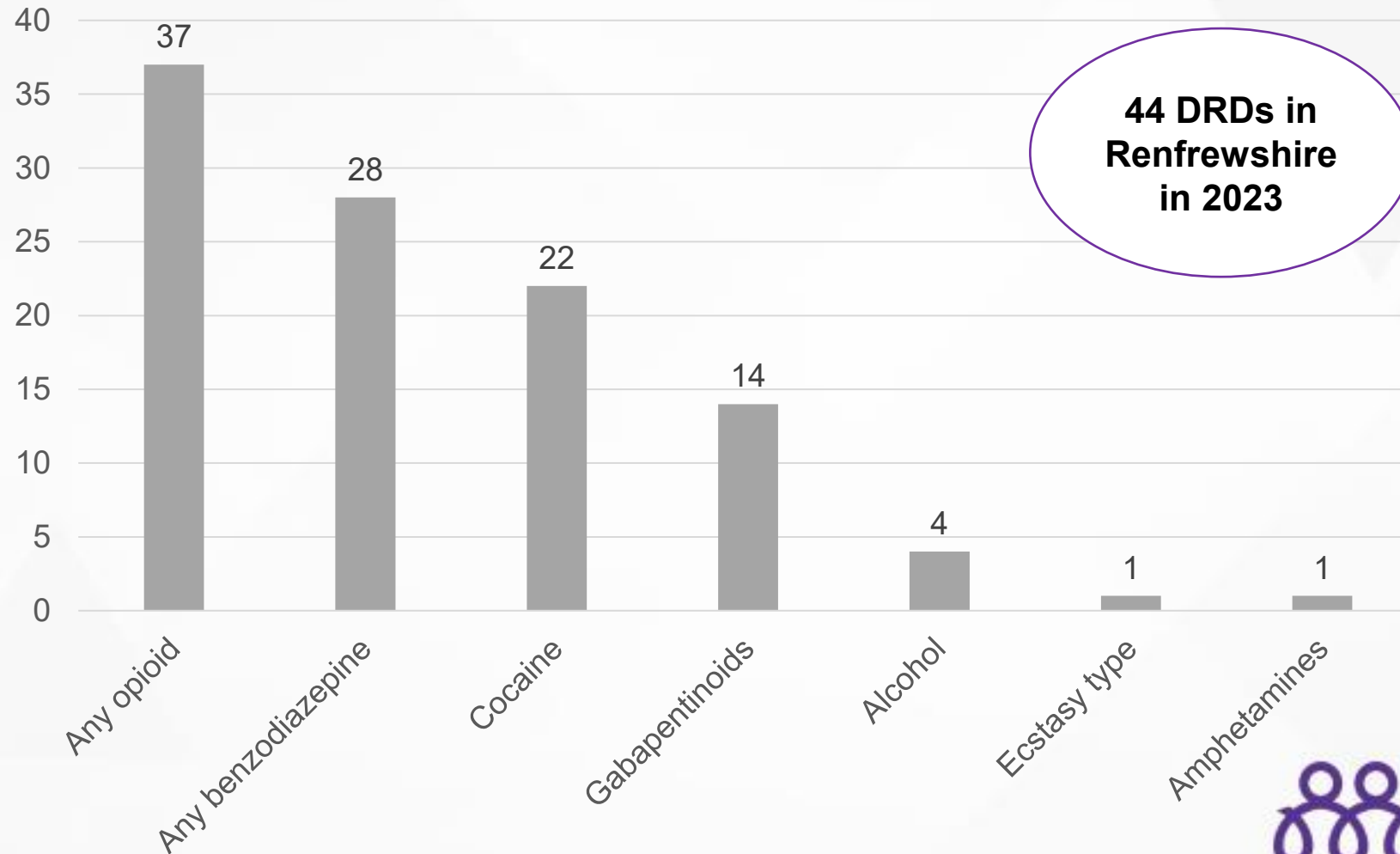


# Renfrewshire deaths: underlying health conditions



An underlying health condition contributed to the death in **more than half of** deaths, as well as drug toxicity.

# Renfrewshire DRDs 2022: substances implicated



# Alcohol & Drug Deaths – Review & Prevention Group

Renfrewshire has a multi-agency approach to reviewing drug and alcohol deaths

- ❖ dedicated posts for both an Alcohol and Drug Death Prevention
- ❖ a higher quality of information on circumstances surrounding deaths
- ❖ identifies learning opportunities and good practice
- ❖ identify trends and risk factors, in real time
- ❖ use this intelligence to provide a focus for the Alcohol and Drug Death Prevention Group

Alcohol and Drug Death Prevention Group

- ❖ interagency approach to applying the national policy and guidance - alongside local needs
- ❖ to mitigate the harms caused by drug use in Renfrewshire
- ❖ Action Planning - details the multi-agency activities required to achieve these outcomes as well as having a monitoring performance role
- ❖ The Group will also action any trend information and implement learning highlighted through the drug death review process





# Naloxone Delivery Group

A multi-agency Naloxone Delivery Group has been established with the goal of expanding Naloxone availability throughout Renfrewshire

- ❖ focuses on reducing barriers to receiving Naloxone,
- ❖ addressing stigma
- ❖ raising the profile of Naloxone
- ❖ providing more learning opportunities for overdose awareness
- ❖ target those most at risk of overdose through supply by local services including the Alcohol and Drug Recovery Service (ADRS), our Recovery Hub CIRCLE, the mobile harm reduction unit HaRRT, as well as local pharmacies
- ❖ well on our way to completing the target of 740 Naloxone kits for 2024/2025 – we have distributed 263 between April and June 2024 (36%)

# First Crisis Service

The existing crisis support provision provided by RAMH to be enhanced to include an alcohol and drug provision

- ❖ telephone the service between 9am-8pm Monday-Friday, and 9-5pm Saturday/Sunday, and public holidays
- ❖ 297 referrals were received for the period 19<sup>th</sup> April 2022 – 18<sup>th</sup> April 2024
- ❖ Those who accessed the service were most likely to be Male (62%); aged between 26-45 (54%)
- ❖ The main reason for referral was alcohol issues (41%)

# Harm Reduction Response Team (HaRRT)

## Harm Reduction Response Team (HaRRT)

- ❖ provides an assertive outreach mobile service to individuals affected by drugs and alcohol who are not in contact with treatment and care services
- ❖ reduce the harm caused by alcohol and drugs by connecting with people and providing non-judgemental support based on their needs
- ❖ provides a variety of harm reduction measures from wound care, Naloxone, dry blood spot testing etc
- ❖ responds to Near Fatal Overdose and will make the onward referral to treatment and support services
- ❖ currently operating 6 days per week and on 3 days until 8pm
- ❖ has a clearly defined pathway directly linked to ADRS to ensure barrier free access to ongoing treatment and care
- ❖ working in partnership with a variety of different services – from local Homeless Services, Police Scotland, Sandyford Sexual Health, Community Safety, Street Connect and First Crisis

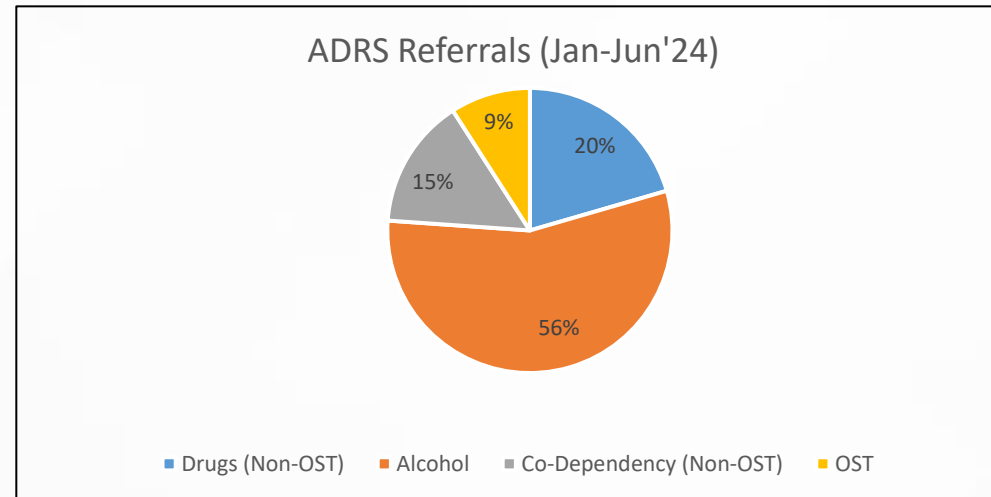
# Medicated Assisted Treatment (MAT) Standards

The MAT Standards aim to

- ❖ improve access, choice and care for people who experience drug problems across Scotland
- ❖ substantial improvement to access and choice of treatment for people with problematic drug use
- ❖ people within Renfrewshire can now access services and have the option to start Opiate Substitution Therapy the same day
- ❖ experiential evidence gathered shows particularly good performance with praise given to staff for their support, trauma-informed practice and consideration of wider health and wellbeing needs
- ❖ in 2023 almost 80% of all drug-related deaths in Scotland involve opiates
- ❖ of the 44 deaths in Renfrewshire in 2023 opiates were implicated in 84%
- ❖ as a result, we must focus our efforts on increasing the number of people in treatment
- ❖ this is a challenge given competing priorities with alcohol and drug treatment services

# ADRS Referrals January-June 2024

- ❖ From Jan to June 2024 the number of referrals to the Alcohol and Drug Recovery Service was 473
- ❖ 43 of those were for OST (9%)
- ❖ 263 referrals were in relation to alcohol problems (56%)
- ❖ 97 were for non opiate drugs (20%)
- ❖ 70 were for non opiate drugs and alcohol (15%)



# Alcohol

In response to the escalation in alcohol related harm

- ❖ Alcohol Recovery Pathway is in place in Renfrewshire and across Greater Glasgow and Clyde
- ❖ ensure the safe, effective delivery of practice
- ❖ person centred, low threshold access to Renfrewshire ADRS alcohol assessment and support
- ❖ reducing barriers to accessing care and treatment
- ❖ ensure a consistent least restrictive approach To assertively outreach all high risk service users
- ❖ offer range of detoxification options such a Home Detoxification, In Patient Detoxification or Residential Rehab
- ❖ protective medications for Service Users with additional complexities
- ❖ Recovery Opportunities via RCA, CIRCLE, Mutual Aid
- ❖ Learn from the Audit of Alcohol Specific Deaths that Karen is undertaking within Renfrewshire

# CIRCLE

CIRCLE Recovery Hub formally opened in October 2022 and is unique as supports people in their recovery from both Alcohol and Drugs and Mental Health and has strongly developed links and pathways with HSCP core CMHTs and ADRS

CIRCLE provides

- ❖ enhanced support to local people in recovery
- ❖ improved links with related partner services
- ❖ contributing to a Renfrewshire wide Recovery Orientated System of Care
- ❖ currently 230 PWLE actively engaged in Recovery focused work with CIRCLE
- ❖ average between 5-9 new referrals per week
- ❖ existing group work sessions are well attended and full in some instances
- ❖ recruiting volunteers to facilitate a Recovery Café
- ❖ continues to grow
- ❖ open the first community café in January/ February 2025 at Station 7, Johnstone



# Events

## **Overdose Awareness Day - 31st August 2024**

- ❖ Continuing the development of the Connected and Caring Renfrewshire legacy
- ❖ provides an opportunity to reflect on those affected by drug use
- ❖ Creates better understanding of overdose
- ❖ reduce the stigma of drug-related deaths
- ❖ create change that reduces the harms associated with drug use

## **Harm Reduction Campaign - 10 October 2024**

- ❖ first Harm Reduction Open Day at Back Sneddon Street
- ❖ aim was to ensure the people of Renfrewshire are fully aware of the services available to them, or to their friends or families who might need them

## **Recovery Walk – 12 Oct 2024**

- ❖ Renfrewshire hosted the national event in 2022
- ❖ this year it was held in Glasgow aim to make recovery visible, accessible and reduce stigma





# Next Steps

- ❖ still much work to be done against a complex backdrop
- ❖ changing drug use within Scotland and the emergence of new substances
- ❖ Scotland's complex relationship with alcohol
- ❖ financial climate - but we need to build on the extensive work already underway
- ❖ develop and embed these and additional preventative measures
- ❖ ADP Needs Assessment
- ❖ evaluate these findings and include required developments and actions within the Preventing Drug Deaths Action Plan