
To: Renfrewshire Integration Joint Board

On: 29 January 2021

Report by: Interim Chief Officer

Subject: Renfrewshire Alcohol and Drug Commission

1. Summary

1.1 The HSCP welcomes the final report from the Alcohol and Drug Commission outlining their intentions to improve the life chances of individuals impacted by alcohol and drugs. The actions that are planned build on the extensive work currently being undertaken as part of the implementation phase of the Whole Systems Review of Alcohol and Drug Services in Renfrewshire and the wider key priority areas of the Alcohol and Drug Partnership's (ADP) strategic framework.

1.2 The Alcohol and Drug Commission remit was to establish a true picture of drug and alcohol use in Renfrewshire and to make recommendations on what partners can do together to support local people and communities adversely affected by drug and alcohol use to improve life outcomes.

1.3 The HSCP and Alcohol and Drug Partnership (ADP) have undertaken a self assessment against the recommendations of the Alcohol and Drug Commission Final Report (Appendix 1). As a result of the challenges caused by COVID-19, some of the actions identified as part of the implementation phase of the Whole System Review have been paused. However, most actions are now moving forward at pace and includes the following priority areas:

- Development of the Recovery Hub has progressed and is expected to be completed in early 2021. The Recovery Taskforce is currently developing a programme of recovery activity within Renfrewshire in collaboration with partners and individuals with lived experience; Strengthening the governance arrangements and support to GPs through enhancing shared care;
- Currently increasing Peer Support Worker capacity across Renfrewshire Alcohol & Drug Recovery Service (ADRS) and developing a peer support development pathway;
- A more robust management structure is now in place following recruitment of senior members of staff – Mental Health/Addiction Operations Manager, ADRS Operations Manager & Team Leads;
- A single point of referral and assertive outreach approach has been developed and adopted;
- Minor improvements have been made to the building within Back Sneddon Street to improve the experience of the building for both individuals who use the service and staff. A scoping exercise for more extensive refurbishment works is currently underway. ADRS

is currently reviewing its accommodation portfolio in line with the recommendations of the Whole Systems Review and Alcohol and Drug Commission;

- Due to COVID-19, a move to a more flexible, agile way of working was accelerated with staff now able to work remotely and provide service users and patients with varied methods of care including telephone triage, video calling and essential face to face for those who need it most; and
- The service re-design and move to a truly integrated service with access, core and shared care teams will re-commence in January 2021. This will include staff selecting their preferences in which area of the service they would like to work in.

1.4 To support the implementation of the Commission's recommendations £2 million has been allocated which was approved by Renfrewshire Council on 9th March 2020 with £1.34 million already agreed to support an number of actions detailed in Appendix 2. It is anticipated that the majority of these initiatives will be supported over an 18-24-month programme.

2. Recommendations

It is recommended that the IJB:

- Note the HSCP's actions to support the implementation of the Alcohol and Drug Commission's recommendations;
- Note the contents of the ADP Self-Assessment (Appendix 1) and funding allocation (Appendix 2); and
- Note that following the Council's Leadership Board in February, a further update will be provided to the IJB if any implications for the HSCP are identified.

3. Background

3.1 In 2018, Renfrewshire Community Planning Partnership Executive Group agreed to establish an independent Commission to consider the true impact of alcohol and drugs across Renfrewshire's communities. This was the first Commission of its kind, in that community planning partners wanted the focus to be on **both** alcohol and drugs. The Commission remit was to establish a true picture of drug and alcohol use in Renfrewshire and to make recommendations on what partners can do together to support local people and communities adversely affected by drug and alcohol use to improve life outcomes.

3.2 The Commission acknowledged in the Report that a review of alcohol and drug services in Renfrewshire had recently been completed as part of an independent review. This process resulted in a clear direction of travel moving to a new service model which enhanced recovery. This meant that the Commission could focus on gathering evidence to ensure that the impact of alcohol and drug use was considered as broadly as possible, rather

than focusing solely on services which support treatment. Over 330 people were involved in the engagement programme to inform the recommendations. This included visits to organisations and services by small groups of Commission members as well as a large-scale event in partnership with the Sunshine Recovery Café and the Scottish Recovery Consortium.

- 3.3 In addition to the information gathered through the engagement programme, Commission members were also provided with a range of opportunities to hear presentations and to receive briefings from local partner organisations, service providers and innovative projects that have been delivered elsewhere in Scotland and more widely. The Commission also considered the emerging findings of the National Drug Deaths Taskforce and the Dundee Drug Death Commission to explore learning for Renfrewshire.

4. Priority Actions

- 4.1 The Commission makes 27 recommendations (Appendix 1) which provides clear direction to community planning partners on the action that must be taken to fundamentally address the impact of alcohol and drug use in Renfrewshire. The recommendations are bold and ambitious and focus on what needs to change to support:

- People who use alcohol and drugs;
- Families impacted by alcohol and drug use;
- Young people experiencing issues in relation to alcohol & drug use and mental health issues and;
- Communities that are impacted by alcohol and drug use within their local areas

- 4.2 Priority actions are identified in relation to:

- Urgently addressing issues in relation to mental health service provision, including provision for young people.
- Considering trauma as part of everything that partners do in Renfrewshire – this is fundamental to reducing or preventing problems with alcohol and drug use and supporting recovery.
- Introducing a whole system approach to supporting people with their alcohol and drug use.
- Increasing the reach and capacity across the whole system of support for people using alcohol and drugs.
- Making urgent changes to the buildings from which services are provided.
- Reviewing the support that is available to families impacted by drug and alcohol use – at all stages of life.
- Partners providing leadership around alcohol supply, promotion and availability.
- Valuing lived experience as part of the approach to recover in Renfrewshire: - developing meaningful relationships with recovery organisations and building strong partnership peer support models.
- Tackling stigma around alcohol and drug use and supporting opportunities for social connection across Renfrewshire to support recovery.

5. Funding

- 5.1 The Council proposes that £1.34 million is allocated initially to support the developments (Appendix 2). It is anticipated that the majority of these initiatives will be supported over an 18-24-month programme, and work will be undertaken to lever external funding to support the implementation of the Commission's recommendations wherever possible. A key focus of these initiatives will be to ensure that any resulting changes to services are financially sustainable for the Council and partners, and there will be a clear link between the implementation and ongoing evaluation of these initiatives and the Right for Renfrewshire programme.

6. Next Steps

- 6.1 A detailed action plan will be developed which will set out the Council and its' partners response to the Commission's report and recommendations will be prepared and submitted for consideration by elected members at the next meeting of the Leadership Board in February 2021. It is unclear at this stage whether there will be any implications for the HSCP. If there are, a further update will be provided to the IJB.
- 6.2 Proposals in relation to the remaining £0.66m of Alcohol and Drug Commission funding set aside by Renfrewshire Council in March 2020 will also be brought forward for consideration and approval in February 2021.
- 6.3 The delivery of the action plan and the resulting programme of work will be driven by a Programme Board chaired by the Renfrewshire Council's Chief Executive. Operational delivery of the Alcohol and Drug Commission programme will be led by the Head of Policy and Commissioning, with a co-ordinator post put into place to support the implementation, delivery and evaluation of all new initiatives.

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Renfrewshire Alcohol and Drug Partnership		
Self-Assessment – Renfrewshire Alcohol & Drug Commission – Final Report		
Risk of Harm		
Recommendation 1:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>The Commission acknowledges the current work being undertaken to improve drug and alcohol services; however, changes must be made at greater pace and involve local service users and family members to a greater extent. The opportunity to take the review further and implement recommendations from both this Commission and the National Drugs Death Taskforce must not be missed.</p> <p>Renfrewshire Health & Social Care Partnership</p>	<ul style="list-style-type: none"> Renfrewshire Alcohol and Drug Recovery Service (ADRS) has continued to progress with implementing changes based on the recommendations from the Whole-Systems Review, despite the COVID-19 pandemic. People with lived and living experience, including current service users have been included in various aspects of the implementation phase of the review including recruitment, re-design of services and the development of Renfrewshire Recovery Hub. After a successful recruitment drive there will be a network of peer support workers, who have lived experience, in place by early next year to support the work of the Recovery Hub. This builds on the existing peer support workers in ADRS. A successful funding application was made to the Drug Deaths Task Force which means there will be dedicated staff in place working to prevent the number of drug related deaths in Renfrewshire. This also includes a Test of Change focusing 	<ul style="list-style-type: none"> A key priority of ADRS and the ADP is to continue to progress with the identified improvements to service provision and delivery as timely and efficiently as possible. This will take into account all findings from the Whole-Systems Review, the Alcohol & Drug Commission and the National Drug Deaths Taskforce. Communication channels will be enhanced with individuals with lived and living experience and their families with the production of a Communications Strategy. Lessons learned from COVID-19 will provide opportunities to do things differently, specifically around communications.

	on the Navigator Model within the Royal Alexandra Hospital.	
Recommendation 2:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Humans are complex and the issues they face are not in isolation. Partners in Renfrewshire must respond to the views of local services users and their families and frontline staff, and adopt a whole system approach whereby support is wrapped around those that need it. This includes mental health, housing, employability, and criminal justice services.</p> <p>Renfrewshire Health and Social Care Partnership</p>	<ul style="list-style-type: none"> • The Recovery Hub, which is due to open in early 2021, will be key in providing a support model for individuals affected by both mental health and alcohol and/or drugs. Access to the Hub will provide a programme of activities involving a number of key stakeholders including colleagues from housing support, criminal justice, Department of Work and Pensions and third sector partners to support individuals to sustain their recovery. • A successful funding application was made to the Corra Foundation which means there will be a (fixed term) dedicated post to enhance pathways between drug and alcohol services and criminal justice colleagues. 	<ul style="list-style-type: none"> • Continuation of working with key partners and services.
Recommendation 3:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Support should move away from a focus on a buildings-based model to one that is rooted within communities. Where services and support are accessed within a building – these must be provided in modern, safe, accessible and trauma informed facilities which support front line staff and service users to work together in the most person-centred way. Existing buildings such as those at Back Sneddon Street are not fit for purpose and must be improved urgently.</p>	<ul style="list-style-type: none"> • A part of the Recovery Hub structure a hub and spoke model will be introduced that will create visible recovery while actively engaging with and supporting recovery communities. This will be a key feature within the remit of the Peer Support Workers. • ADRS is currently reviewing its accommodation portfolio in order to identify the best way forward for delivering its services. 	<ul style="list-style-type: none"> • A meeting is scheduled for early January 2021 to discuss alternative accommodation options.

<p>Renfrewshire Health and Social Care Partnership</p>	<ul style="list-style-type: none"> • A community-based model is being looked at, alongside potential improvements to existing buildings, including Back Sneddon St, and any potential alternative locations that may be more conducive to the level of service required. • During COVID-19, alternative methods of engagement with service users and patients have been introduced including an emergency triage system and video calling using Near Me. • A key recommendation of the Whole Systems Review (WSR), was to implement an assertive outreach approach and has been progressed as a result of the recruitment of two specialist outreach nurse posts for two years. Both nurses took up post Jan 2021. 	
<p>Recommendation 4:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>
<p>The reach of local alcohol and drugs services needs to significantly increase, and partners must ensure that there is capacity across the whole system to support people experiencing all different levels of harm from their use of alcohol and drugs. Assertive outreach to those experiencing the highest level of harm should be a high priority for services.</p> <p>Renfrewshire Alcohol and Drug Partnership</p>	<ul style="list-style-type: none"> • In addition to having a number of peer support workers the ADP has provided funding to recruit two specialist outreach nurse posts who will be based at the RAH. These posts will connect with individuals within their own homes and communities to provide relevant treatment and support. These posts will also be complemented by the recruitment of two Navigator posts which will also be funded by the Drug Deaths Task Force. These posts will also aim to connect with individuals affected by alcohol/drugs and engage them with treatment and support services. 	

Recommendation 5:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Specific gaps in provision identified by service users, family members and frontline staff need to be addressed locally. Access to residential rehabilitation services and the availability of 24/7 crisis services were viewed as significant gaps in Renfrewshire, and with enhanced community provision, will ensure a continuum of support is available in Renfrewshire.</p> <p>Renfrewshire Alcohol and Drugs Partnership</p>	<ul style="list-style-type: none"> • There is a limited budget in place for residential rehab and no access to 24/7 crisis in Renfrewshire. 	<ul style="list-style-type: none"> • This gap was highlighted within the Whole Systems Review. Various methods of care are currently being explored and progressed within Renfrewshire including residential rehab and alcohol home detox. This will require additional funding. • Mental health crisis support (out of hours) is available in Renfrewshire and we will look at expanding this to support individuals affected by alcohol and/or drugs.
Recommendation 6:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Local service providers must involve people with lived experience in the ongoing development of alcohol and drug and mental health services locally and listen to their views. There was a clear disconnect between what supports service users and families thought were available in Renfrewshire, and the views of services themselves. It was clear services do exist but that communication and signposting to these is not working.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • The ADP and HSCP have always been committed to involving people with lived experience in the planning and delivery of services and there are individuals already embedded within services. • There are already existing Peer Support Workers in ADRS with lived experience. These posts have been in place for several years. All additional peer support workers who were successful in the recent recruitment process have lived experience of drugs/alcohol and or mental health and will enhance the process of connecting and providing assertive links with the wider community. • The views of individuals with lived experience were captured as part of the Whole Systems Review to inform the recommendations. 	<ul style="list-style-type: none"> • Moving forward, a Communications Strategy will be developed to ensure key messaging continues to be communicated to all individuals who use our services, partners and other stakeholders. • The ADP will explore the possibility of recruiting a Communications Officer to enhance the current process.

	<ul style="list-style-type: none"> Individuals with lived experience have and will continue to be significantly involved in shaping changes to services. In recent months including recruitment of staff at various levels within ADRS, and throughout the development of Renfrewshire Recovery Hub. 	
Recommendation 7:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>There are potentially high numbers of people experiencing hidden harm from alcohol and drug use in Renfrewshire. Partners should undertake a robust joint assessment of the level and nature of harm and how this is changing over time. This should be undertaken on an annual basis in order to inform the development of services at a local level.</p> <p>Renfrewshire Community Planning Partnership (led by Renfrewshire Alcohol and Drugs Partnership)</p>		<ul style="list-style-type: none"> The ADP commits to ensure that this action will be carried out on an annual basis. The ADP will consider the need for a dedicated Research/Information Post to take this forward.
Recommendation 8:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Partners need to address gaps in the local data available on alcohol related harm. This should be prioritised, and it is recommended that partners introduce an annual review of alcohol related deaths now, rather than waiting for this to become a national reporting requirement in the future.</p> <p>Renfrewshire Alcohol and Drugs Partnership</p>	<ul style="list-style-type: none"> The ADP currently provides part funding for the Greater Glasgow and Clyde Drug Deaths Research Associate to assist in reviewing and monitoring drug related deaths in Renfrewshire. There are discussions underway to replicate this process for alcohol related deaths subject to accessing funding. 	<ul style="list-style-type: none"> The ADP will identify potential sources of funding to progress this recommendation. Refer to recommendation 7.

Recommendation 9:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Partners must provide leadership and introduce a programme of naloxone training across partners agencies, to ensure that local responders, service providers and communities are able to deliver life-saving interventions within local communities.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • ADRS is currently working to expand the methods of treatment available in Renfrewshire including the expansion of the Naloxone programme • A Naloxone November campaign was launched last year to increase awareness and use of Naloxone in Renfrewshire. • A key aspect of the new Criminal Justice post funded by Corra will be training and distribution of Naloxone. • Building on the current actions already underway and as part of the successful funding application to the national Drug Deaths Task Force a specific peer support worker will be recruited to increase the distribution of Naloxone across relevant partner organisations. Anyone who is likely to witness an opioid overdose in their community can access brief overdose awareness training and a supply of naloxone to hold for use in an emergency. The training aims to build confidence, knowledge and skills around overdose prevention and response. Once training is complete individuals are issued with a Naloxone kit. 	<ul style="list-style-type: none"> • This is already underway in Renfrewshire.
Recommendation 10:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Services must strengthen work being done to protect those at highest risk of</p>	<ul style="list-style-type: none"> • The HSCP continues to have a real focus on BBV testing, aiming to ensure that all 	<ul style="list-style-type: none"> • Services will continue to build on progress already made.

<p>harm from blood borne viruses through drug use. This includes offering rapid testing for HIV and Hepatitis C and supporting those who receive a positive diagnosis to attend appointments and to sustain and follow medical guidance.</p> <p>NHS Greater Glasgow and Clyde / Renfrewshire HSCP</p>	<p>individuals are tested at the point of accessing services.</p> <ul style="list-style-type: none"> • ADRS has been selected to participate in a dry blood spot self-testing pilot, aiming to educate and normalise frequent testing across Renfrewshire. • Testing has continued despite COVID restrictions and this proactive approach was commended by Public Health Scotland. 	
<p>Recommendation 11:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>
<p>Partners should support the work of the National Drug Deaths Taskforce and maximise all opportunities to pilot or implement new and innovative approaches recommended by the Taskforce in Renfrewshire to reduce drug related harm.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • The ADP already supports the work of the National Drug Deaths Taskforce and was successful in applying for funding to implement a suite of actions to reduce and prevent the number of drug related deaths in Renfrewshire. This includes the recruitment of a dedicated Drug Deaths Prevention Co-ordinator, a Peer Support Worker and enhanced treatment options. In addition to this, the ADP was also successful in receiving funding to implement a Test of Change. This will involve recruiting two Navigator posts who will be based at the RAH to connect and provide assertive outreach with individuals who are not in contact with treatment and care services. 	
<p>Mental Health</p>		
<p>Recommendation 12:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>

<p>Partners should go further and be more ambitious in terms of establishing the local approach to trauma informed practice. Leaders must champion greater understanding on the impact of trauma and ensure that this is reflected in the way that staff work across all frontline services.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • The ADRS Clinical Psychologist is supporting services to ensure practices are trauma informed and that any future changes to services are also underpinned by this philosophy. Training within this discipline is available and this will enable a member of staff to become a qualified CBT therapist. 	<ul style="list-style-type: none"> • We will commit to delivering training to the wider partnership on trauma informed practice.
<p>Recommendation 13:</p>	<p>Renfrewshire HSCP Response:</p>	<p>Renfrewshire HSCP Actions Required:</p>
<p>Services must take action to improve access to and information about the services and supports which are available to people experiencing mental health issues in Renfrewshire. This must extend beyond formal health care services, with investment made in lower level support services that people can access informally at a community level when they need them.</p> <p>Renfrewshire Health and Social Care Partnership</p>	<ul style="list-style-type: none"> • A key priority of the HSCP is mental health and wellbeing, and specifically early prevention and intervention. Sub-groups of the Strategic Planning Group have been formed to focus on low-level community driven support across Renfrewshire. • A wide-range of these support services are already in place, but the focus is to understand how awareness can be improved and how individuals can access relevant services. • Currently scoping delivery of various levels of mental health training to be available to lower level services across Renfrewshire which will help to provide informal support at a point which best suits those who need it. • As part of the work of the Recovery Task Force a directory is in production to raise awareness of current treatment options and availability of services. 	<ul style="list-style-type: none"> • The interface between mental health and addictions has been strengthened with the appointment of the new Operations Manager for Mental Health and Recovery in November 2020.

	<ul style="list-style-type: none"> • In terms of recovery Renfrewshire is the first local authority in Scotland to bring together mental health and alcohol/drugs as a result of the development of the Recovery Hub. • The HSCP has recruited an Operations Manager for Mental Health, Addiction and Recovery. • The HSCP is aware of the national shortage of psychologists. 	
Prevention & Early Intervention		
Recommendation 14:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Community Planning Partners must demonstrate leadership in terms of alcohol provision and availability. This should include but is not limited to:</p> <ol style="list-style-type: none"> A. Creating safe spaces within buildings by removing the sale or provision of alcohol B. Promoting alcohol free policies and culture within the workplace, including in school and leisure facilities. C. Supporting staff impacted by the use of alcohol D. Promoting awareness of alcohol harm across the workforce E. Committing to end alcohol related advertising on or within partner buildings or sites <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • Workplace alcohol and drugs policy in place within HSCP and Renfrewshire Council. • ADRS and third sector partners can provide rapid access to treatment referred via Occupational Health. 	

Recommendation 15:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Renfrewshire Licensing Board should continue to use all of its available powers to limit alcohol related harm in Renfrewshire, and Renfrewshire Council should lobby Scottish Government to ensure that the licensing board can further strengthen its role in terms of improving health and wellbeing.</p> <p>Renfrewshire Licensing Board</p>	<ul style="list-style-type: none"> To assist the Licensing Board and Forum the ADP provided funding to recruit a post in partnership with Glasgow City HSCP. However, this post has moved to Glasgow City on a full time basis. 	<ul style="list-style-type: none"> Discussions are underway within the ADP to identify potential funding sources to recruit a full time post specifically for Renfrewshire to provide capacity to respond to applications made to the Licensing Board and to support the work of the Licensing Forum.
Recommendation 16:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Statutory services must continue to ensure that Sheriffs are aware of the range of drug, alcohol and mental health services available in Renfrewshire, eligibility for these and how these can be best utilised to provide support and interventions within sentencing.</p> <p>Renfrewshire Council</p>	<ul style="list-style-type: none"> A robust interface already exists with Criminal Justice. Interface will be strengthened by the new Criminal Justice post funded by Corra. 	<ul style="list-style-type: none"> ADRS staff and peer recovery workers will meet with local sheriffs to keep them informed of services available and provide relevant input.
Recommendation 17:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Review local level data on, and approaches to, addressing Foetal Alcohol Spectrum Disorder (FASD) in Renfrewshire to consider how best to reduce the number of children impacted by alcohol prior to birth.</p> <p>Renfrewshire Health and Social Care Partnership/Renfrewshire Council</p>	<ul style="list-style-type: none"> The ADP will support the HSCP and Renfrewshire Council Children's Services to review current support provided to families. 	
<p>Young People & Families</p>		

Recommendation 18:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>The work that young people in Renfrewshire are leading to improve personal social education in schools on issues such as drugs and alcohol and mental health, needs to be implemented as a priority by Renfrewshire Council.</p> <p>Renfrewshire Council</p>		<ul style="list-style-type: none"> ADP partners would welcome this development and an update on the progression of this recommendation.
Recommendation 19:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Young people should not be anxious about transferring from their existing service into an adult focused alcohol and drug service. Targeted consultation should be undertaken on this issue and should focus on the beneficial relationships that young people need to address their needs, rather than what age they are.</p> <p>Renfrewshire Council / Renfrewshire Health and Social Care Partnership</p>		<ul style="list-style-type: none"> ADP welcomes this recommendation. A better understanding is required from RADAR (Children's Services) in relation to the transition from young person services to adult services. A retrospective audit to track RADAR caseload would aid this process to find out how many individuals are in recovery or are using drugs/problematic alcohol use. The HSCP will take this forward with colleagues in Children's Services.
Recommendation 20:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Recognising the at times distressing evidence that the Commission heard on the impact of alcohol and drug use for families, partners should undertake a review of existing family support provision. Particular focus must be on the support that is available to children and young people who are impacted by parental drug or alcohol use. In addition, as Renfrewshire considers its response to the Independent Care Review it should explore how the family support model</p>	<ul style="list-style-type: none"> It has already been agreed with Children's Services to carry out a joint, objective review of support available for children and young people and their families. The review would aim to look at the current model and its strengths and areas for improvement, ensuring appropriate governance arrangements are in place. The aim would be to ensure a robust interface between ADRS and partner agencies within Renfrewshire 	<ul style="list-style-type: none"> Benchmarking will be completed, to learn from established Parent & Children Team models in place in neighbouring HSCPs.

<p>developed reflects fully the principles of The Promise.</p> <p>Renfrewshire Health and Social Care Partnership/Renfrewshire Council</p>	<p>Council's Children's Services, with a timeous approach to treatment and care.</p> <ul style="list-style-type: none"> • An established Children and Families team is in place along with a pre and post birth team who have dedicated drug and alcohol workers to support new parents and families. • ADRS has a dedicated family support worker who offers support to parents who may have a family member who is affected by drugs/alcohol. 	
<p>Recommendation 21:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>
<p>Children and young people need to be able to access the right type of support for any mental health issues including lower levels anxiety and stress. Partners should review current mental health provision for young people and ensure that this meets all levels of need.</p> <p>Renfrewshire Council / Renfrewshire Health and Social Care Partnership.</p>		<ul style="list-style-type: none"> • ADP welcomes this recommendation and will provide any support required.
<p>Recommendation 22:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>
<p>Partners should work with local retailers and communities to effectively target proxy purchase of alcohol in communities.</p> <p>Renfrewshire Council / Police Scotland</p>		<ul style="list-style-type: none"> • The HSCP has a dedicated Health Improvement Post who will be remitted to re-establish the Prevention and Education Sub Group and this recommendation will be a key feature within the Group's work-plan.

Recovery		
Recommendation 23:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Lived experience needs to be the beating heart of the approach to recovery in Renfrewshire. This needs to be a strong and meaningful partnership for all, with lived experience being fully embedded into everything that happens – from employment to training to service development and design.</p> <p>Renfrewshire Health and Social Care Partnership</p>	<ul style="list-style-type: none"> • HSCP continues to be fully committed to involving individuals with lived experience and this is already embedded within services. • Individuals with lived experience have and will continue to play a major part in expanding and embedding a recovery culture in Renfrewshire. • Lived experience is represented within the Recovery Task Force, which is currently developing a programme of recovery activity within Renfrewshire, in collaboration with partner support providers • All key decisions in the development of the Recovery Hub have involved individuals with lived experience which included the theme, design, layout and activity. 	
Recommendation 24:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Alcohol and Drug Services should pilot Recovery Advocacy / Rights in Recovery in partnership with the Scottish Recovery Consortium and Reach Advocacy to</p>	<ul style="list-style-type: none"> • A representative from the local Advocacy Service is an active member of the Recovery Task Force in Renfrewshire. Discussions have been held with our local representative and the Scottish Recovery Consortium to discuss the 	<ul style="list-style-type: none"> • The ADP is keen to develop this approach and will become central to the work of the Recovery Hub. • This has been under consideration but was postponed due to COVID-19. The

<p>strengthen Renfrewshire’s rights-based approach to recovery.</p> <p>Renfrewshire Health and Social Care Partnership</p>	<p>possibility of developing a pilot in Renfrewshire.</p>	<p>ADP will move this forward at pace in 2021.</p>
<p>Relationships & Connections</p>		
<p>Recommendation 25:</p>	<p>Renfrewshire ADP Response:</p>	<p>Renfrewshire ADP Actions Required:</p>
<p>Recognising the value of lived experience and social connections, local alcohol and drug services should employ link workers and develop a peer support network to assist individuals and families to navigate services, support and activities. Investment must also be made to support the development of local groups and organisations which provide social connection and support recovery</p> <p>Renfrewshire Health and Social Care Partnership</p>	<ul style="list-style-type: none"> • We will continue to build on what is already in place. In addition to having a number of peer support workers the ADP and HSCP have provided funding to recruit two specialist outreach nurse posts who will be based at the RAH. These posts will connect with individuals within their own homes and communities to provide relevant treatment and support. These posts will also be complemented by the recruitment of two Navigator posts which will also be funded by the Drug Deaths Task Force. These posts will also aim to connect with individuals affected by alcohol/drugs and engage them with treatment and support services. • The ADP provides funding to the long established and successful Sunshine Recovery Café that is a valuable resource in Renfrewshire to connect with individuals affected by alcohol/drugs and or mental health 	

Recommendation 26:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>It is more critical than ever given COVID-19, that barriers to recovery such as loneliness and isolation and stigma are prioritised by partners. Partners should designate 2021 as Renfrewshire's year of connection, and plan a year of action with all partners and communities involved in some way.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • As part of the HSCP's Strategic Planning Group (SPG) loneliness and isolation has been identified as a key priority and their work-plan will inform the ADP's future efforts. • A student from the University of the West of Scotland is a member of the Recovery Task Force and their PHD will focus on arts and cultural activities and how these can contribute to health and wellbeing. The research will contribute to academic and local knowledge including strategy, programme and project development. 	<ul style="list-style-type: none"> • The ADP welcomes this recommendation. Consideration should be given to implementing 'A year of Recovery' in 2021 with a calendar of monthly events specifically focusing on recovery activity. Consideration should also be given to working in partnership with the host organisation's Communications Teams to progress including developing logos/straplines etc. Potential for Renfrewshire to be known as the first local authority of recovery for alcohol/drugs and mental health.
Recommendation 27:	Renfrewshire ADP Response:	Renfrewshire ADP Actions Required:
<p>Partners must act robustly to eradicate stigma and have positive recovery conversations with communities and the workforce, including through engagement with local media. People with lived experience in Renfrewshire must play a leading role in the planning, development and delivery of this work.</p> <p>Renfrewshire Community Planning Partnership</p>	<ul style="list-style-type: none"> • The peer support workers will be key in breaking down barriers and promoting positive language in Renfrewshire. • A Communication Strategy is currently being developed and with the support and assistance of the HSCP Communications Team. Engagement with the local media will also be part of this process. • The ADP will work in partnership with the Scottish Recovery Consortium to implement the Communication Strategy and marketing around recovery. 	

Appendix 2

Funding to support the recommendations from the Alcohol and Drug Commission

Priority Area	Action	Funding Allocated
Risk of Harm	To implement an outreach model to engage with people who are not in contact with local drug and alcohol services	£200,000
	To fund a research study into levels of hidden drug and alcohol use in Renfrewshire	£10,000
Mental Health	To pilot a crisis mental health service to support individuals and families when they need this most	£160,000
	To support the Trauma Informed Renfrewshire programme, ensuring that all partners, services and frontline staff respond effectively to the impact of trauma on local people and communities.	£100,000
Children and Families	To pilot an intensive mental health support programme for children and young people who may be experiencing difficulties in relation to alcohol and drug use and mental health, led by Children's Services.	£250,000
	To provide enhanced education and training in relation to alcohol and drugs issues across Renfrewshire's learning establishments. This will closely align to the work young people have been leading in terms of personal and social education on these issues.	£100,000
	To fund a review of family support services locally in	£20,000

	relation to alcohol and drugs services locally.	
Recovery	To establish a Recovery Change Fund in Renfrewshire, providing an opportunity for community and voluntary sector organisations to access funding to support tests of change in relation to mental health, recovery, stigma and social isolation in particular.	£150,000
	To support the development of a peer support model in Renfrewshire. This will recognise the value of lived experience and the importance of positive relationships to support local people in their recovery journey.	£200,000
Early Intervention and Prevention	To support health improvement activities in relation to alcohol, with a particular focus on working with partners and across communities to drive changes in behaviour and culture in relation to alcohol consumption.	£50,000
Implementation	To support the implementation of the Commission's recommendations and to ensure that all funded projects and initiatives are delivered.	£100,000
Total: £1.34 Million		