

Notice of Meeting and Agenda Community Care, Health & Wellbeing Thematic Board

Date	Time	Venue
Thursday, 02 June 2016	14:00	CMR 1, Council Headquarters, Renfrewshire House, Cotton Street, Paisley, PA1 1AN

KENNETH GRAHAM
Head of Corporate Governance

Membership

Councillors I McMillan and M Brown (Renfrewshire Council); D Leese, Lead Officer and Chief Officer, F MacKay I Beattie, r Robertson, C Walker and H Cunningham, Health & Social Care Partnership; J Ferrie, Engage Renfrewshire; S McLellan, Forum for Empowering Our Communities; J Divers, Scottish Fire and Rescue Service; A Kennedy, Police Scotland; A Cumberland, West College Scotland; A Bonar, University of the West of Scotland (UWS); D Goodman, Renfrewshire Carers; J McKellar, Renfrew Leisure Limited; Dr A Van der Lee, GP Representative; D Reid, Renfrewshire ADP; R Telfer, Scottish Care; S McDonald, Active Communities; G Fitzpatrick and L Muirhead (both Renfrewshire Council).

Chair

Councillor I McMillan.

Members of the Press and Public

Members of the press and public wishing to attend the meeting should report to the customer service centre where they will be met and directed to the meeting.

Further Information

This is a meeting which is open to members of the public.

A copy of the agenda and reports for this meeting will be available for inspection prior to the meeting at the Customer Service Centre, Renfrewshire House, Cotton Street, Paisley and online at www.renfrewshire.cmis.uk.com/renfrewshire/CouncilandBoards.aspx

For further information, please either email democratic-services@renfrewshire.gov.uk or telephone 0141 618 7112.

Items of business

Apologies

Apologies from members.

Declarations of Interest

Members are asked to declare an interest in any item(s) on the agenda and to provide a brief explanation of the nature of the interest.

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|----------|---|----------------|
| 1 | Minute of Previous Meeting | 5 - 8 |
| | Minute of the meeting of the Community Care, Health & Wellbeing Thematic Board held on 21 January 2016. | |
| 2 | Rolling Action Log | 9 - 10 |
| | Report by the Director of Finance & Resources, Renfrewshire Council. | |
| 3 | Back to Basics: Population Health in NHS Greater Glasgow & Clyde 2015/17 | |
| | Presentation by Director of Public Health, NHS Greater Glasgow & Clyde. | |
| 4 | Student Cannabis Awareness Campaign | 11 - 12 |
| | Report and presentation by HI Senior, Renfrewshire Health & Social Care Partnership. | |
| 5 | Clinical Services Review | |
| | Verbal update by D Leese, Chief Officer, Renfrewshire Health & Social Care Partnership. | |
| 6 | ADP Update | 13 - 20 |
| | Donna Reid, Renfrewshire Alcohol & Drug Partnership. | |
| 7 | Progress Report on Action Plan | 21 - 40 |
| | Report by D Leese, Chief Officer, Renfrewshire Health & Social Care Partnership. | |



Minute of Meeting Community Care, Health & Wellbeing Thematic Board

Date	Time	Venue
Thursday, 21 January 2016	15:15	CMR 1, Council Headquarters, Renfrewshire House, Cotton Street, Paisley, PA1 1AN

PRESENT

Councillors I McMillan and M Brown (both Renfrewshire Council); F MacKay, I Beattie and R Robertson (all Health & Social Care Partnership); D Goodman, Renfrewshire Carers; J McKellar, Renfrewshire Leisure Limited; and S McDonald, Active Communities.

CHAIR

Councillor I McMillan presided.

IN ATTENDANCE

J McGhie, Scottish Fire and Rescue Service; Inspector S Thomson, Police Scotland and C MacDonald, Renfrewshire Council.

APOLOGIES

D Leese, Lead Officer and Chief Officer, Health & Social Care Partnership; J Ferrie, Engage Renfrewshire; S McLellan, Forum for Empowering Our Communities; P Nelis, Scottish Fire and Rescue Service; A Kennedy, Police Scotland; A Cumberland, West College Scotland; Dr A Van der Lee, GP Representative; D Reid, Renfrewshire ADP; R Telfer, Scottish Care; and L McIntyre, Renfrewshire Council.

DECLARATIONS OF INTEREST

There were no declarations of interest intimated prior to commencement of the meeting.

1 **MINUTE OF PREVIOUS MEETING**

There was submitted the Minute of the meeting of the Community Care, Health & Wellbeing Thematic Board held on 19 November, 2015.

DECIDED: That the Minute be approved.

2 **ROLLING ACTION LOG**

The Rolling Action Log was submitted for approval.

DECIDED:

(a) That actions CCH&WB.15.05.14(7) and CCH&WB.08.09.15(7) be removed from the action log as these actions were now complete: and

(b) That the updated Rolling Action Log be approved.

3 **RENFREWSHIRE HEALTH & SOCIAL CARE PARTNERSHIP: STRATEGIC PLAN CONSULTATION DRAFT**

There was submitted a report relative to the consultation draft of Renfrewshire Integration Joint Board's Strategic Plan. Members were invited to comment on the Plan during the formal consultation period which was to end on 3 February 2016.

F MacKay gave a presentation which set the context for the Plan; highlighted the steps to be taken; outlined the timescales; and summarised the key points.

DECIDED:-

(a) That the the consultation draft of the Strategic Plan be noted; and

(b) That it be noted that Members of the Board were invited to comment on the plan independently or on behalf of their stakeholder organisation.

4 **COMMUNITY-LED HEALTH**

A report was submitted which provided an update on the delivery of the Community-Led Health contract since 2013. The report outlined what had been delivered in each of the three agreed key areas and the legacy that was being developed as a result of the work.

S McDonald gave a presentation which outlined the vision for the organisation; the building capacity and training opportunities. It highlighted the partnership working and the successes and achievements of the organisation and took a look at how the organisation was funded.


It was noted that they were holding a celebration event which would take place on Monday 8 February, 2016 at Linwood Parish Church at 6pm and all Members were invited to attend.


DECIDED:-


- (a) That it be agreed that the report be noted; and
- (b) That the important contribution that community-led activities made to health and wellbeing be noted.


**RENFREWSHIRE COUNCIL
COMMUNITY CARE, HEALTH & WELLBEING ROLLING ACTION LOG**


KEY

Action is on track 

Areas for concern that will impact on completion date if not fixed. 

Action required to bring up to satisfactory level 

Past deadline date and action required. 

Action No.	Action	Action Owner	Status	Expected Date of Completion	Actual Date of Closure	Update & Comments
<u>CCH&WB.04.09.14 (6)</u>	<u>Integrated Care Fund 2015/16</u> Integrated Care Fund Plan to be submitted to a future meeting.	Lead Officer		Future Meeting		<u>CCH&WB.20.05.15(4)</u> Update provided at meeting <u>CCH&WB.08.09.15(9)</u> Presentation and update provided at meeting <u>CCH&WB.19.11.15(6)</u> Verbal update given by R Robertson and noted. <u>CCH&WB.20.05.15(6)</u> Update provided at meeting. <u>CCH&WB.19.11.15(2)</u> Update to be given at meeting on 11 Feb.
<u>CCH&WB.04.09.14 (9)</u>	<u>Renfrewshire Development Programme/Clinical Services Review</u> Update to be submitted to a future meeting.	CHP		Future Meeting		D Leese and P MacLeod will attend a meeting of the ADP in November to discuss key priorities and ideas for programme 2015/16 and report back to the next meeting of the Board.
<u>CCH&WB.04.09.14 (10)</u>	<u>Community Planning Update</u> Annual review report be prepared to note progress against the impact measures in the Community Plan	ADP		Future Meeting		



To: Community Care, Health & Wellbeing Thematic Board

On: 2 June 2016

Report by:

Alan Curley HI Senior Renfrewshire HSCP, NHSGGC

Student Cannabis Awareness Campaign

1. Summary

- 1.1 This report is to inform the Renfrewshire Community Care, Health & Wellbeing Thematic Board about a multi-agency project, which was targeted at students in Renfrewshire and aimed to challenge the 'normalisation' of cannabis use and address the apathy or lack of information, which young people often feel towards the health and social issues surrounding cannabis use.

2. Recommendations

- 2.1 It is recommended that the board:
- (a) Notes that the Multi-Agency Project plans to increase its range of resources and ways of engaging with the student population;
 - (b) Notes that the Project aims to produce a short film in collaboration with West College Scotland's drama students to be used as a central part of a Cannabis Awareness Training workshop;
 - (c) Notes that the workshop would be offered to both staff and students with the possibility of the workshop being adapted for future use in schools and youth organisations; and
 - (d) Agrees that a progress report will be submitted to a future Board.

3. Background

- 3.1 Initially, a scoping exercise was conducted by Barnardos' and the Renfrewshire Alcohol and Drug Partnership (ADP) to identify the prevalence of cannabis use within young people. A graduate intern was then employed for 6 months, to carry out additional research with students, in order to identify what were the key issues that they would like to know more about in relation to cannabis. The graduate intern then utilised the key messages to help design cannabis awareness resources for this student population.

- 3.2 The research highlighted that 90% of those young people who took part had friends or family members who have used cannabis, 70% had used cannabis themselves at some point and 80% were aware that cannabis is illegal. The scoping exercise also identified that whilst the majority believed that cannabis is addictive, many believed that it is no more dangerous than alcohol or tobacco. This data was used by the graduate intern to generate a variety of resources including USB, pens, bookmarks and posters aimed at the Renfrewshire student population.

The resources were popular with the West college Scotland students and thus the staff had enquired whether we could provide further training or awareness sessions to the staff and the students about cannabis and the local resources and support available to anyone wishing to change their cannabis use in Renfrewshire.

We worked with the Drama department at West College Scotland to devise a short play written by students for students), which would enhance the key messages obtained within the cannabis awareness resources already produced. The play highlighted highlight some the dangers of cannabis, with the aspiration that this may help challenge the 'normalisation of cannabis-use ' within the student population and inform the students of the local support services available to them. The play was a success with 81 students from West College Scotland attending and providing positive feedback around 'a change in their thinking and knowledge of cannabis issues'. Now we wish to film the play and use it as a central part of a training workshop which would be delivered to both staff and students working within schools, youth organisations and further education establishments.

4. Resources

- 4.1 No additional resources are requested at this time until future work agreed and costings identified as appropriate.

5. Prevention

- 5.1 A conclusion from the research carried out with young people and cannabis use, distinctly showed how widespread its use is within this population. It also highlighted the lack of knowledge amongst the students to the potential dangers of cannabis-use. Therefore this project is very important for the information it provides to students around the triggers, dangers and side-effects of cannabis use, as well as providing important information on local resources and support services available in Renfrewshire, if students wish to seek help for their cannabis use. The resources have been designed by students for students and so they are very engaging and relevant for this population and we believe that using the resources within a training workshop, will help the students of Renfrewshire to reduce or prevent future harm from cannabis-use.

6. Community Involvement/Engagement

- 6.1 This cannabis awareness project has been multi-agency piece of work. The partners involved include Renfrewshire Council who recruited the Graduate Intern who was funded partly by the employer incentive and by Renfrewshire CHP. Other partners include the ADP, Renfrewshire HSCP, Barnardo's, West College Scotland and the University of West of Scotland.

These resources, designed and produced in Renfrewshire, have been so popular that other health boards and localities have enquired about using them. Thus, we are requesting that the partners on this Thematic Board can use their influence to ensure these cannabis resources developed in Renfrewshire are adopted nationally, as we have been informed by other Health Boards, that they are of a very high quality and not available elsewhere in Scotland.



To: **COMMUNITY CARE, HEALTH & WELLBEING THEMATIC BOARD**

On: **2nd June 2016**

Report by:

Donna Reid, Renfrewshire Alcohol & Drug Partnership

ADP UPDATE

1. Purpose of report

1.1. To update members on the work of Renfrewshire Alcohol and Drug Partnership.

2. Summary

2.1 Governance and Accountability Arrangements – Renfrewshire ADP

New governance and accountability arrangements have been agreed following the independent review commissioned by the Chief Officers' Group. From 1st April 2016 the ADP will report directly to the Integration Joint Board (IJB) and agreed that the Chair be the Renfrewshire Health and Social Care Partnership Chief Officer. These arrangements will be ratified at the next of the ADP scheduled for 20th June 2016. In addition to this a paper outlining the planning architecture to support the IJB is currently being developed. This will include arrangements for the ADP and will be reported to the IJB scheduled to take place on 15th September 2016. Links will also remain with Renfrewshire Community Planning Partnership structures.

As a result of the review structural changes to support the ADP have also been implemented. The newly established ADP Delivery Group will have key responsibility for planning, performance, implementation of national policy frameworks and the joint financial framework. The Drug Deaths Action Group will continue to review all drug related deaths - discussions are underway to consider Alcohol Related Deaths within the Group's remit, the Recovery Co-ordination Group will drive forward the recovery agenda and the SPEAR Group will lead in prevention and education initiatives.

2.2 The Quality Principles - Standard Expectations of Care and Support in Drug and Alcohol Services

Background

The Scottish Government has recently developed an alcohol and drugs quality improvement framework. The key purpose of the framework is to ensure quality in the provision of care, treatment and recovery services as well as quality in data to evidence outcomes individuals are achieving.

Access to drug and alcohol services has improved significantly over the last few years and it is recognised that this should be built upon by ensuring that individuals who access services are of high quality.

Self Evaluation

To support this, at the request of the Scottish Government, the Care Inspectorate will be leading a validated self-evaluation involving all Alcohol and Drug Partnerships across Scotland. The aim is to help ADPs determine the extent to which the Quality Principles have been embedded in practice in their areas to support better experiences and outcomes for people affected by alcohol and drugs.

During 2016, a small team of strategic inspectors and other staff from the Care Inspectorate will work alongside staff from ADPs themselves to guide, support and oversee a series of self-evaluation activities and draw the information together to produce a national report informing future action to support ongoing improvement. The Care Inspectorate will aim to help ADPs build capacity for self-evaluation as a route to continuous improvement. The Care Inspectorate is not conducting an inspection of ADPs or any particular services and will not be evaluating the practice of individual ADPs. However, they will be able to provide feedback to ADPs to help identify good practice and any areas for development.

To support this process ADPs were asked to submit a Position Statement (copy available on request). The purpose of this was to assist ADPs in evidencing the implementation of the Quality Principles whilst providing a framework of quality indicators to support self-evaluation.

To enhance this process a case file audit was carried out. This involved reviewing ten files from a combination of health, social work and the voluntary sector. A site visit will also be carried out and will involve discussions with the ADP Chair and Lead Officer as well as the wider partnership. Focus groups with staff and service users will also be carried out.

It is envisaged that the Care Inspectorate will provide anonymous feedback to Scottish Government as well as local reports for ADPs which will inform the development of future service improvement plans.

Timescales

Summary briefings will be provided to ADPs by the end of August 2016 and the national report will be published by December 2016.

2.3 ADP Licensing Intern

The World Health Organisation (WHO) states that one of the most effective methods of addressing poor alcohol health is by minimising the availability of alcohol in local communities.

In Renfrewshire, the Licensing Board will hear applications for new or revised alcohol licenses. Representatives from Renfrewshire Health and Social Care Partnership (HSCP) are included in the process. This means that the HSCP can submit letters of representation or object to licensing applications if the application is inconsistent with one or more of the licensing objectives.

Community members are also able to object to licenses. However, this very rarely happens as the process for objecting may be difficult to navigate and involves appearing in person in front of the Licensing Board, which can be an intimidating experience.

To strengthen this process the HSCP has developed the post of a Licensing Intern, fixed term for 11 months. The post has been developed to support local communities when considering licensing applications. This will be achieved in two ways:-

1. The Licensing Intern will work with community members to support them to participate more fully in the licensing process. This will involve the intern highlighting applications for licenses to relevant community groups and giving advice and support within the licensing arena. This will hopefully stimulate local debate and action that will lead to greater community input into local decisions.
2. The post holder will work with communities to conduct local consultations relating to the availability of alcohol. This will involve working with a group of volunteers who will conduct surveys with local people to garner information on how alcohol impacts on their neighbourhood. This local knowledge will provide the HSCP with valuable evidence when considering licensing applications.

2.4 **Monitoring and Evaluating Scotland's Alcohol Strategy Final Annual Report – March 2016**

The alcohol framework implemented in 2009 by the Scottish Government aimed to reduce alcohol consumption and related harm through a wide range of interventions implemented through policy and legislation. To assess whether the framework has had any success or impact NHS Health Scotland has produced an evaluation report.

The alcohol strategy recognised that excessive alcohol consumption causes harm across Scottish society impacting on communities, families, public services, the economy and individual health. In order to address these harms the Strategy included four key components. These included:-

- The reform of the licensing process and restrictions on licence-holders as part of the Licensing (Scotland) Act (2005). For example restrictions on displays in the off-trade; reducing underage selling and restrictions on happy hour in the on-trade.
- The implementation of 'Changing Scotland's Relationship with Alcohol: The Framework for Action (2009) which included actions around reducing consumption, supporting families and communities, promoting positive attitudes and positive choices and improved treatment and support services.
- The Alcohol etc (Scotland) Act (2010) which contained measures to reduce consumption, including challenge 25 age verification and the ban of multi-buy discount in the off trade.
- The Alcohol (Minimum Pricing) (Scotland) Act (2012) which aims to establish a price per unit of alcohol below which alcohol cannot be sold – currently set at 50p per unit. Minimum Unit Pricing is particularly effective at reducing the amount of alcohol drunk by harmful drinkers as they tend to buy most of the cheap alcohol. Harmful drinkers on low incomes will benefit most in terms of improved health and wellbeing. **NB: This Act has not yet been implemented.**

Impact of Scotland's Alcohol Strategy

The evaluation found that some elements of the Strategy have been successfully implemented and are likely to have had a positive impact. In particular the national programme for alcohol brief interventions (ABIs) has contributed to improved alcohol support for those in need; waiting times for alcohol treatment has reduced and

accessibility has improved with 1 in 4 dependent drinkers accessing specialist treatment. The implementation of the Alcohol Act has resulted in 4.5 million fewer bottles of wine being sold with a 2.6% reduction in off-trade alcohol sales.

Recommendations of the National Review

1. Review and refresh of the alcohol strategy;
2. Improve implementation - minimum unit pricing has not yet been implemented, constraining the impact of the Strategy;
3. Future monitoring and evaluation specifically around alcohol price, affordability, consumption, alcohol related deaths and hospital admissions;
4. Research – for example – understanding the mechanisms underpinning a ‘vulnerable generation’ and why their risk of alcohol related harm appears elevated.

2.5 Summary of ADP Performance

Appendix one provides a snapshot into the current position around ADP Performance and highlights the following:-

- Renfrewshire ADP is currently exceeding waiting times targets for access to drug and alcohol services.
- As at December 2015, 652 Alcohol Brief Interventions (ABIs) have been carried out in Renfrewshire, 16.7% lower than the target of 783. This is a further deterioration in performance and therefore our current status remains red. Information in relation to what actions will be taken forward to improve performance in this area has also been included.
- Outcome data relating to 644 individuals shows an overall improvement within each recovery element. The biggest improvements can be seen within alcohol and emotional health.
- Number of referrals made to drug and alcohol services (according to the Waiting Times Framework) has seen a slight decrease in the last financial year.

3. Recommendations

Members are asked to note:

- (a) the new governance and accountability arrangements for the ADP;
- (b) a series of focus groups and site visits currently being undertaken by the Care Inspectorate as part of the implementation phase of the Scottish Government’s Quality Framework;
- (c) the ADP Performance Framework detailed in Appendix One

4. Background

Alcohol and Drug Partnerships have been set up across Scotland to implement national strategic frameworks to reduce the impact of alcohol and drug misuse on individuals, families and the wider community. Renfrewshire Alcohol and Drug Partnership is a multi-agency group accountable to the Integration Joint Board.

Report Author: Donna Reid Telephone: 0141 618 4856 Donna.reid@ggc.scot.nhs.uk

HEAT Target: Access to Drug and Alcohol Treatment Services

The national HEAT (Health Improvement, Efficiency, Access, Treatment) target (A11) expects that 90% (national target) of people who need help with their drug/alcohol problem will wait no longer than three weeks for treatment.

Table One

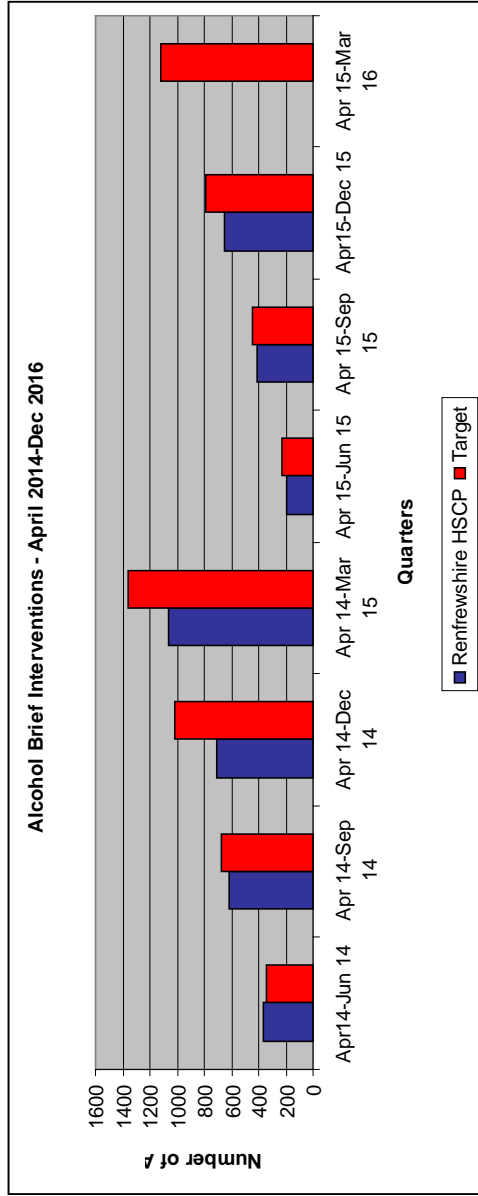
	% seen within 3 weeks														
	Apr 12 - Jun 12	Jul 12 - Sep 12	Oct 12 - Dec 12	Jan 13 - Mar 13	Apr 13 - Jun 13	Jul 13 - Sep 13	Oct 13 - Dec 13	Jan 14 - Mar 14	Apr 14 - Jun 14	Jul 14 - Sep 14	Oct 14 - Dec 14	Jan 15 - Mar 15	Apr 15 - Jun 15	Jul 15 - Sep 15	Oct 15 - Dec 15
Greater Glasgow & Clyde NHS	94.3	95.4	93.1	92.1	94.5	96.9	96.7	96.5	97.1	97.3	95.8	95.2	96.0	96.7	97.9
East Dunbartonshire ADP	95.9	99.0	97.9	95.0	95.2	95.1	93.1	94.1	97.1	94.2	93.3	80.6	88.4	91.6	100.0
East Renfrewshire ADP	98.3	98.3	96.3	98.4	100.0	100.0	100.0	100.0	100.0	100.0	100.0	97.3	100.0	100.0	100.0
Glasgow City ADP	94.4	95.3	92.1	91.5	94.3	97.3	97.7	97.1	97.1	97.7	95.6	95.8	96.8	97.6	98.9
Inverclyde ADP	95.3	98.9	97.9	97.8	93.7	94.3	81.3	89.6	97.0	94.6	95.8	94.0	88.4	88.8	85.8
Renfrewshire ADP	91.2	92.0	93.2	89.3	97.3	97.6	98.8	97.7	98.5	98.0	98.3	96.8	98.8	99.0	99.6
West Dunbartonshire ADP	95.0	95.5	95.6	92.3	92.5	93.5	95.5	95.0	92.1	93.8	93.7	92.1	90.4	91.7	94.7

Target for NHSGGC 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5 91.5

- Table one shows that drug and alcohol services in Renfrewshire have continued to exceed the waiting times target over the last three years.
- Performance in Renfrewshire has been continually higher than the Greater Glasgow and Clyde average since April 2013.

Alcohol Brief Interventions

Alcohol Brief Interventions (ABIs) is an evidence based tool for those who are identified as drinking at hazardous and harmful levels (as identified through screening). The standard states that NHS Boards and Alcohol and Drug Partnerships (ADP) should carry out 80% of ABIs in three priority settings - Primary Care, A&E and Antenatal with the remaining 20% in wider settings i.e. mental health. The purpose of an ABI is an evidenced based tool used to moderate drinking and thereby reducing risk of developing more serious alcohol-related problems. ABIs contribute to the Scottish Government's overall objective of reducing alcohol-related harm by helping individuals to cut down their drinking to within sensible guidelines i.e. no more than 14 units per week for both men and women.



ABI Commentary

- As at December 2015, 652 ABIs have been carried out in Renfrewshire, 16.7% lower than the target of 783. This is a further deterioration in performance and therefore our current status remains red.
- The annual target for 2015/2016 is 1,116, therefore a further 464 ABIs would require to be undertaken between January-March 2016 in order to achieve the year end target.
- The 2015/16 target was reduced from 2014/15, when 1,067 ABIs were carried out between April 2014 and March 2015, 21.5% lower than the target of 1,359.
- Renfrewshire's status has consistently shown red since July 2014.

Actions to Address ABI Performance

- Ongoing visits to all GP Practice Managers to develop professional relationships. Currently invited to host Alcohol Awareness Health Points in both King Street and Tannahill Practices, two of the GP practices identified as requiring additional support.
- GP News Bulletin completed and posted to all LES GPs introducing ABI worker and highlighting ABI HEAT standard
- GP ABI Survey/Questionnaire posted to all LES GPs (investigation of issues around low recording of FAST and ABI within the practices)
- Ongoing investigation into 17C contracted practice data. It has been confirmed by colleagues at the board team that our 17c practice no longer needs to record the data . In the previous year this equated to 173 ABIs.
- Embedded FAST & ABI into Smoking Cessation Service Groups and Drop ins - including capture on service paperwork
- Continued work with Mental Health services for routine collection of data from Clozapine & Depot clinics (wider settings)
- Continued training opportunities offered and delivered to identify wider settings staff to increase delivery in NHS and non NHS venues (Our Place Our Families, Active Communities, Social Prescribing Team, RAMH Staff etc.)
- Continued work with Social Prescribers based within GP Practices to develop systems of recording FAST and ABI and also encourage referrals to Smokefree Services
- Development of a pilot in the older adult mental health service to deliver FAST screening and brief interventions within a joint community team.

STAR Outcome Tool

This report gives outcomes for services using the Drug and Alcohol Star. The tool shows outcomes for all current service users, including those clients who have left within the last six months. The Star Charts included are the first and most recent for each service user.

The table one shows the average first and last scores based on **644 clients as at April 2016** which are included in this summary. The difference between the initial and final is the 'change', or outcome, shown in the column on the right. All scores have improved with the biggest improvements in alcohol, use of time, social networks and emotional health.

Table one

Scale	Initial	Final	Change
Alcohol	7.5	8.1	0.6
Physical health	6.4	6.7	0.2
Use of time	5.7	6.3	0.5
Social networks	5.7	6.2	0.5
Drug use	7.2	7.6	0.4
Emotional health	5.7	6.3	0.6
Offending	8.6	8.7	0.1
Accommodation	7.8	8	0.3
Money	7.0	7.5	0.5
Family and relationships	6.9	7.4	0.5
Average	6.9	7.3	0.4

Table Two: Number of Referrals to Drug and Alcohol Services (source: Waiting Times Framework)

Date	Number of Referrals ^{1,2}
1 st April 2013 – 31 st March 2014	1995
1 st April 2014 – 31 st March 2015	2460
1 st April 2015 – 31 st March 2016	2431

¹Data relates to all referrals received within the period. It should be noted that one individual can be referred to a service more than once within a particular time period.

²A review of performance data has shown that one service has not discharged any clients which will affect the number of active clients. This service has been asked to review data and update.

The following points can be noted from table two:-

- There has been a reported 20% increase in the number of referrals to drug and alcohol services between 2013/14 and 2014/15. However, it should be noted that the Addiction Liaison Service started reporting to the Waiting Times Framework for part of the year in 2013 and the full year in 2014 which has resulted in an increase in the number of recorded referrals although the number for actual referrals is comparable to previous years. This means that there is no real increase in referrals at that time.
- The last financial year shows a very slight decrease in the number of referrals received.

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Target deprived areas with behavioural and lifestyle change programmes	<ul style="list-style-type: none"> Community Health and Wellbeing Network Renfrewshire Leisure 	Ongoing	<ul style="list-style-type: none"> Contract for Community Led Health concluded in December. Activities in Linwood and Johnstone are continuing. supported by our new Community Health Champions. 20 volunteers currently undergoing training in Community Food Toolkit, Eat Better Feel Better (EBFB) , Mental Health Awareness and Physical Activity. 2 Feel good about you courses delivered in Johnstone – 20 participants. 6 people completed EBFB in Jonstone Castle. New Walking group and Clubbercise Class started in Johnstone Castle. Community ACES programme being delivered in Johnstone Castle – 10 families. Research commissioned Jan 2016 within SIMD 1 & 2 residents in Linwood. Research aimed to provide evidence on attitudes to breastfeeding within deprived areas and ask whether social media can be used as a tool to influence attitudes to breastfeeding. Learning seminar has been planned for 21 June 2016 to disseminate the findings. Relevant colleagues provided with the Renfrewshire Active Families (formerly ACES) booking form via email. Section of Renfrewshire Leisure website dedicated to Renfrewshire Active Families. Online enquiries sent to HI Team. New programme (running for 8 weeks) started on 17/05/2016 in Lagoon. RL to update HI team with regards to numbers. Community Smokefree services have helped 426 people quit for 4 weeks or more from SIMD 1&2 areas and 170 people from SIMD 1 and 2 quit smoking for 12 weeks or more. Health Improvement: co-ordinate delivery of 12 Eat Better Feel Better Cookery course within local communities and groups. Including: <ul style="list-style-type: none"> 2 x Foxbar Community Centre (May and August 2016) 1 x in partnership with Shelter Scotland (May 2016) 2 x in partnership with STAR Project (August 2016) 1 x Women & Children First (August 2016) 1 x Family Nurse Partnership (August 2016)

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			<p>2 x Paisley Pre-5 Centre (June 2016)</p> <ul style="list-style-type: none"> The community smoking cessation services have teamed up with Ferguslie Pharmacy service to provide specialist intensive smoking cessation support within the Ferguslie area to increase quitters within this area of deprivation. This shared-care work has led to 77 clients living within the Ferguslie area quitting for 4 weeks or more and 55 clients living within the Ferguslie area have been supported to quit for 12weeks or more in Q1-Q4 2015
Reduce inequalities in 'do not attends' for health treatments, focussing on age, gender and deprivation	Renfrewshire Health and Social Care Partnership	Ongoing	GP DNA audit did not take place due to long term sickness absence.
Promote intergenerational activity	<ul style="list-style-type: none"> Intergenerational Network 	Ongoing	<p>New Sing Leaders course being developed as part of the Community Health Champion programme to further develop the Singing through the Ages programme.</p> <p>Health Improvement: One 6 week Eat Better Feel Better intergenerational cookery course planned before end December 2016.</p>
Expand suicide prevention and self-harm reduction initiatives to schools, colleges and universities	Choose Life		<ul style="list-style-type: none"> 25 young people trained in Scotland Mental Health First Aid from Jan 2016- May 2016. Two ASIST courses between Jan 2015- Jan 2016. The 'Responding to Distress in Young People: Self-harm and Suicide Guidelines' are in the final stages of development and an implementation plan will be discussed at a Steering Group in June, In partnership with West College Scotland, Faculty of Creative Industries and Essential Skills. a suicide awareness drama workshop is being produced and delivered to NC and HNC students in the Faculty of Business and Technology e.g construction students.

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Ensure that people affected by long term conditions and/or disabilities have access to behavioural and lifestyle change programmes. Link to recommendations in the Keys to Life for people with LD	Renfrewshire Health and Social Care Partnership	Ongoing	<ul style="list-style-type: none"> • Eat Better Feel Better cookery course for Type 2 Diabetics Planned for December 2016. • Eat Better Feel Better running a course for LD clients attending Capability Scotland. • Waist Winners Too weight management pilot in partnership with Dietetics, Health Improvement and Capability Scotland to commence August. • Stroke Association Scotland pilot My Stroke interactive web based support programme in 2015 for those diagnosed with a stroke, approx 50 people in Renfrewshire participated in the programme • The cessation support offered every week across Renfrewshire has led to 1,168 clients from Renfrewshire making a quit attempt in 2015-2016.
Explore the development of an integrated impact assessment that can be used and shared by all community planning partners	Renfrewshire Health and Social Care Partnership	Mar-15	Equality Outcomes for the HSCP developed and ratified by IJB. Action plan well underway
Roll out the Breastfeeding Welcome Award to all relevant Community Planning partners	Infant Nutrition group		<ul style="list-style-type: none"> • Breastfeeding Friendly Nursery has now been delivered to 65 Renfrewshire Nurseries. • 3 local cafes have received the Breastfeeding Welcome Award in addition to Third sector organisations; Homestart, Active Communities Kias Care • Intu Braehead also agreed to training and 60 staff attended a session on Breastfeeding Welcome. • Renfrewshire Town Halls received the award along with the SKOOB Mobile
Provide information on what activities are available in communities	<ul style="list-style-type: none"> • Community Health and Wellbeing Network • Engage Renfrewshire 	Ongoing	<ul style="list-style-type: none"> • Series of roadshows organised in Linwood and Johnstone by Active Communities promoting opportunities. • Developing Health Improvement Social Media pages to inform partners and local communities of training, events, funding opportunities and information • Food matters event held in June 2015. Report from the event fed back to Renfrewshire Council as lead agency.

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			<ul style="list-style-type: none"> Localised community planning conferences held in the Disability Resource centre (December 2015), Elderslie (January 2016) and Foxbar and Brediland (February 2016). Community planning conferences on the Paisley 2021 bid held in March and May 2016 (90+ attendees at each event), Community Empowerment conference held in May 2016 (70 attendees). Community Learning and Development engagement event also supported in January 2016. Development of an online community portal to be called Well in Renfrewshire (WiRe) in development by Community Link team in partnership with Active Communities and Engage. Community Connectors project being delivered by RAMH, Linstone Housing and Active Communities. Keep Well and other practices were offered webinar interactive session in 2015, no practice uptake. Health Improvement Directory, Renfrewshire data updated bi-annually via Change Control Process.
Enable health professionals to prescribe or signpost to complementary therapies, exercise and community activities	<ul style="list-style-type: none"> Renfrewshire Health and Social Care Partnership Community Health and Wellbeing Network Renfrewshire Leisure 	Ongoing	<ul style="list-style-type: none"> Triple P Seminar Programme is promoted via Engage and various social media channels including Twitter and Facebook via What's on Renfrewshire. A number of health and wellbeing sessions delivered to young carers including nutrition, sexual health and alcohol/drugs awareness. Supported Children's Champions group work and residential trip in 2015.
Provide signposting link between positive parenting programmes and opportunities for healthy activities within communities	<ul style="list-style-type: none"> Renfrewshire Health and Social Care Partnership (Triple P Network) CHP 	Ongoing	<ul style="list-style-type: none"> Provided cancer awareness raising session to Renfrewshire Carer's Centre. Built capacity of Carer's Centre Staff around the Positive Steps Training. Delivered 3 workshops to Young Carers groups on Drugs & Alcohol and Healthy Relationships. 16 young people attended. Supported member of staff to deliver Sexual Health Workshop. Positive links with Y-Sort It group in West Dunbartonshire. Training project in 2015/16 provided 55 courses to 270 carers of which 30 were YC/YAC. 142 carers were new to the training project. Courses ranged from condition specific courses on autism, dementia to stress management
Ensure that carers have access to behavioural and lifestyle change programmes	Carers JPPIG	Ongoing	

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			courses for carers, POA etc • Young carers can attend one of the 6 age appropriate support groups and individual support

Outcome 2: By 2023 our residents will be valued and respected irrespective of age, physical disability or other needs			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Tackle disability discrimination and hate crime	<ul style="list-style-type: none"> Renfrewshire Health and Social Care Partnership All partners 	Ongoing	A number of establishments have now become Keep Safe premises and staff have been given training in how to deal with any requests for help.
Ensure that empty spaces within communities are used to maximum benefit for local communities	Engage Renfrewshire	Ongoing	<ul style="list-style-type: none"> GIS asset map of well used assets/unused assets/areas identified by local people as potentially suitable for growing grounds was created following community events held in 2013 and 2014. COSS delivering Asset Transfer workshop 7th June at Engage 6 training courses been scheduled for this year and all being delivered at the DRC A conference on the Community Empowerment Act was held in May 2016, attended by 70 people. Stalled spaces fun completed. 9 projects funded (20k) Localised community conference led by Foxbar and Brediland Community Council took place in February 2016. Consultations have taken place with Community Council, during a CPP event in Foxbar and with a number of local groups. Final community event is being arranged for week commencing 4th July. Engage currently supporting and working with Friends of Shanks Park on an asset transfer-lease agreement with the local authority to acquire land and buildings for growing grounds and community space
Ensure input into local housing strategies to ensure that they take account of and meet the needs of people with disabilities and/or long term conditions, and older people	Development and Housing Services	Ongoing	<ul style="list-style-type: none"> Health Improvement Supported Linstone Housing at consultation event to establish resident need in new housing proposal at Belmar Court.

Outcome 3: By 2023 our residents will only use alcohol safely and appropriately			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Influence Licensing Board to extend overprovision area by providing robust evidence	ADP	Ongoing	A Graduate Intern has been recruited to enhance community engagement with alcohol licensing processes. This will involve working with volunteers to conduct research into how local people feel about alcohol in their neighbourhoods.
Enhance recovery services for those affected by alcohol and/or drugs	ADP	Ongoing	The recent appointment of a Recovery Development Worker will work to champion and support recovery in drug and alcohol services. The post holder will also work with community recovery groups to enhance and extend recovery focused work and support the implementation of a Peer Support Project which seeks to support those in recovery to gain employability skills.
Develop recovery cafes staffed by volunteers	ADP		<ul style="list-style-type: none"> •A comprehensive review of the cafe has been completed and a sustainability action plan is being produced. •Findings from the review showed that it has had a positive impact on people who attend. The findings also highlighted areas for further improvement which will be taken forward as part of an action plan in partnership with all key stakeholders. •2 volunteers trained to deliver Eat Better Feel Better Cookery Programme. HI provided link to NW Glasgow Recovery Network to enable volunteers to arrange site visit to Recovery Cafe in another area.
Roll out alcohol educational lessons/initiatives to primary schools	ADP SPEAR group		<ul style="list-style-type: none"> •The primary school substance misuse online toolkit was launched in Feb 2015 with representation from most Renfrewshire primary schools at the event. •Oh Lila has been delivered to 39 staff from 19 nurseries and the Families First Hubs and evaluation has been completed. •A funding application to ADP was success and initial discussions have taken place with Early Tears partners have taken place to roll out 'Oh Lila' training to remaining Renfrewshire Council early years establishments.
Promote community work between parents and young people to help change the culture of alcohol	ADP SPEAR group		<ul style="list-style-type: none"> •Alcohol awareness raising sessions delivered to young people in Renfrewshire schools and community groups. •Alcohol Awareness Workshop delivered to Women's Group. Five people attended •As part of the BRAW alcohol awareness campaign, a number of groups submitted successful funding bids to run community based family alcohol awareness events. These included Our Place our Families; Youth

Outcome 3: By 2023 our residents will only use alcohol safely and appropriately			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Promote community alcohol campaigns, including those targeted at older people	ADP SPEAR group		<p>Services/Home link and Barsail parent council, Paisley Grammar School and Linwood High School. The events are due to take place in June 2016.</p> <ul style="list-style-type: none"> •A total of 2500 Older People alcohol information magazines were distributed across Renfrewshire to older adults groups including •A Cannabis campaign was launched in Feb 2015 with resources being distributed to WCS and UWS. The campaign has been further developed via partnership working with West College Scotland. This resulted in a drama production by students. Work around NPS will be explored in 2016/17. •BRAW campaign was delivered in June 2015 and will be repeated in June 2016. The 2015 event saw high levels of engagement with the public (upwards of 2500 people).
Carry out an audit of alcohol related deaths	ADP		Data upload has been completed for all alcohol related deaths which occurred in 2012. Discussions are now underway to agree process for data analysis
ADP and APC to work together to reduce the harm caused by alcohol for those involved in adult protection processes	ADP & APC		Training has been completed and was well attended by multi-agency staff. As a result of the recent independent review of public protection the ADP will be directly accountable to the Integration Joint Board for the Health and Social Care Partnership with direct links to the Chief Officers' Group.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Provide routine information on weight and exercise to all hospital in-patients	Renfrewshire Health and Social Care Partnership	Ongoing	

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking

Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Develop walking projects in the workplace	<ul style="list-style-type: none"> Corporate Health Improvement Group All partners 		Advice and information has been given to a number of individuals who want to start walking groups in Council HQ.
Support activities in communities and green gym initiatives	Community Health and Wellbeing Network	Ongoing	Community Health Champions supporting activities in Linwood and Johnstone
Promote opportunities for young people to participate in sport and physical activity by providing financial discounts that will increase participation rates	<ul style="list-style-type: none"> Renfrewshire Leisure Community Health and Wellbeing Network Children's Services 		Linwood Parkour – 30 participants Linwood Girls on the Run- 25 participants Ferguslie Feelgood about Youth project – 20 participants
Create more opportunities for people with disabilities, sensory impairments and long term conditions and their carers to participate in physical activity	Renfrewshire Health and Social Care Partnership	Ongoing	Supported the Ballroom Fitness Initiative in Renfrewshire.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Extend Active Ageing initiative to provide more sustainable opportunities for older people to be active in their communities	Physical Activity and Nutrition Steering Group		<ul style="list-style-type: none"> ●Cumulative project totals: 585 sessions delivered to 65 venues with between 516 – 702 participants over the 8 blocks of the 10 week programme. ●A DVD of the exercise content delivered within this programme is in development and will be launched Summer 2016 and will be made available to all establishments who participated in the programme. Content will be delivered both seated and standing. ●Evaluation has been developed and reported an increase in 3 functional fitness tests further to participation in the project. ●Health Improvement: Provided extensive support to ROAR. Supplied articles for ROAR newsletter on falls prevention, Vitamin D, and breast awareness. Supported one legged wobble challenge and provided information and expertise at Positive Steps Event.
Evaluate the pilot cookery programme for young people living in Throughcare accommodation and implement more widely if successful	Physical Activity and Nutrition Steering Group		<ul style="list-style-type: none"> ●Additional 8 courses being delivered from May – December to Looked After and Accommodate Young People/or those in Alternative Provisions. ●2 x 6 week Eat Better Feel Better Cookery programmes being run in Charlestone Square. ●1 x EBFB being delivered to Moving On Project ●2 x EBFB organised for Good Shepherd ●1 x EBFB offered to Street League. ●2 x EBFB delivery still TBC.
Prohibit smoking outside Renfrewshire House	CCH&WB Thematic Board		
Deliver smoking cessation support in the following settings: community addiction service, areas of deprivation (SIMD 1 & 2) and mental health service	CHP	ongoing	The cessation support offered every week across Renfrewshire has led to 1,168 clients from Renfrewshire making a quit attempt in 2015-2016. From these quit attempts, 426 people have quit for 4 weeks or more from SIMD 1&2 areas and 170 people from SIMD 1 and 2 areas have quit smoking for 12 weeks or more.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking

Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Target activities to reduce exposure to second hand smoke	Renfrewshire Tobacco Alliance	ongoing	<ul style="list-style-type: none"> • Provided support to Kibble staff to attend the Maudsley Smoking Cessation Training. • Provided smoking cessation to young people at the Kibble when required. • Providing a health link to colleagues at the Kibble to link in with HI for a number of health topics. • Provided training to PS schools on the Tradewinds (tobacco education) resource pack. Five teachers attended in November 2015. • Provided applications to PS contacts for the SHS initiative. • Delivered smoking cessation support to pupils in Park Mains and Gleniffer High School. • Provided the Family Nurse partnership (FNP) with 7 Dyllos machines (measure second hand smoke) and trained 7 staff from Family Nurse Partnership to provide support to young mothers/mothers to be regarding secondhand smoke issues and tobacco behaviour change. This has led to 5 mothers being supported to reduce SHS in their homes.
Increase the healthier food options available in the Atrium Café and vending machines in Renfrewshire House and in all community planning partner premises	Physical Activity & Nutrition group		
Target food nutrition and cookery classes at schools and vulnerable groups	Physical Activity & Nutrition group		<ul style="list-style-type: none"> • 1 X Eat Better Feel Better programme organised in partnership with FAST (Save the Children) within a Johnstone Primary School beginning September. • Facilitating healthy eating/physical activity sessions in Mary Russell School and St Andrews Academy in conjunction with Homelink. • Delivered healthy eating workshop to Street League employability programme.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking

Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Implement relevant recommendations of Sustainable Food Policy when finalised	Physical Activity & Nutrition group		The Food Policy has not been progressed as yet.
Develop locally based social enterprises around healthy food provision e.g. Fork to Fork	Renfrewshire Health and Social Care Partnership		An independent feasibility study carried out during 2015/16 concluded that there is not sufficient land to support a social enterprise around food growing, however Capability Scotland is committed to promoting growing in their day services and the Growing Grounds Forum supports a number of community organisations with growing activities with a focus very much on health and wellbeing.
Implement the New Mum New You programme for post-natal women with BMI > 35 and ensure its sustainability after initial 8 weeks	Infant Nutrition group		<ul style="list-style-type: none"> • 32 Mums have completed NMNY with a further 17 registered for this block • Active Communities have now delivered 3 cycles and are now delivering block number 4 of the New Mum New You programme. In total there have been 32 participants. • University of West Of Scotland have been commissioned by Healthy Powerful Communities to undertake evaluation which is in progress. • A graduation programme, Active Mums, has been established involving a weekly exercise class post natal mums can attend with their baby. Currently 6 mums attend. • In addition Active Communities have delivered 2 blocks of MEND 2-4, a programme to tackle childhood obesity in children aged between 2 and 4 years old. A third block is underway and 15 families have participated so far.
Continue to provide Naloxone	ADP	Ongoing	Recommended minimum coverage has been increased to 30% for 2015/16 (previously 25% which was exceeded in Renfrewshire – achieved 26%). Current performance shows that 27% of naloxone kits have been distributed as at 31 st March 2016 and the recent changes in legislation will allow wider access to families and hostel staff. Targeted overdose awareness events will continue throughout the year to raise awareness and reduce drug related deaths.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking

Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Continue to implement targeted overdose awareness campaign	ADP	Ongoing	Campaigns will continue to be provided which will include the provision of the Safebus as well as targeted interventions around overdose awareness during the festive season.
Support individuals in recovery from addictions to access training and employment opportunities	ADP	Ongoing	Renfrewshire ADP has provided funding to the NetWork and RAMH to develop a peer support project. The project will offer people in recovery from addictions a training and/or a paid work placement to train to be peer supporters. These peer supporters will work with the recovery community to enhance engagement with meaningful day and recovery activities.

Outcome 5: by 2023 our residents will enjoy good mental health			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Develop partner-based employment initiatives for adults who have poor mental health	<ul style="list-style-type: none"> Renfrewshire Health and Social Care Partnership 	Ongoing	
Investigate measures to mitigate the effects of welfare reform	Renfrewshire Health and Social Care Partnership	Ongoing	<ul style="list-style-type: none"> An event was Held in partnership with Engage and the DWP to increase awareness of DWP 20 :20 vision and changes to welfare reform. 50 people attended and opportunities for future work identified. The NHS Staff attitude to financial inclusion and employability survey will be repeated and is in the final draft. We are developing ways of working with the new GP clusters and a proposal for additional resource in primary care has been submitted to the SMT
Support people to access services at the right time for them by reducing barriers and raising awareness of resources available	Renfrewshire Health and Social Care Partnership	Ongoing	<ul style="list-style-type: none"> Mental Health Directory has been published and circulated to premises across Renfrewshire Relevant resources are distributed to delegates after all Understanding Mental Health training and shorter sessions mental health awareness sessions - in 2015/16 this included a total of 179 delegates from various services
Target educational mental health programmes to local school, colleges, university and major employers in Renfrewshire	Choose Life		<ul style="list-style-type: none"> Education colleagues invited to attend SMHFA training via the CPD training calendar when training offered. Supporting mental health awareness raising in schools through events and group work. HI Practitioner facilitates ASIST training course and support delivery of safeTALK. Mental Health Policy in Final Draft and has been circulated to all stakeholders for comment. Health improvement resource is targeted to those schools that are identified with the greatest need from the Young People's Health and Wellbeing Survey results. Information, training and support have been provided on identified priority areas. The team has implemented a community development approach to building relationships with staff, pupils and partners. All schools have produced

Outcome 5: by 2023 our residents will enjoy good mental health			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Improve support to staff returning from sick leave	All partners	Ongoing	action plans to address their specific survey results.
Target MH awareness info to people with long term conditions and disabilities	<ul style="list-style-type: none"> Renfrewshire Health and Social Care Partnership 	Ongoing	<ul style="list-style-type: none"> Understanding Mental Health training was delivered to 98 people in 2015/16. In addition, shorter MH awareness sessions were delivered to a total of 81 people The HSCP smoking cessation services have initiated a pilot project in conjunction with Prof. Chris Williams and living life to the full materials. This project aims to deliver improved links to MH awareness in clients who smoke and experience LTC. Project will be evaluated on May 2017

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Improve transport and access to leisure facilities	Renfrewshire Leisure		
Promote and support community led health initiatives and build local community capacity	<ul style="list-style-type: none"> Community Health and Wellbeing Network Engage Renfrewshire 	Ongoing	<ul style="list-style-type: none"> 20 volunteers recruited as part of Community Health Champions programme 15 3rd sector partners attended SCDC action research training to enable them to undertake local research Provision of Eat Better Feel Better training offered to local community groups (staff and volunteers). Invitation to EBFB Trainers Network to all those who have completed the EBFB training. Including access to additional training via Dietetics Department, funding and resources.

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community

Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Increase volunteering opportunities for all age groups	<ul style="list-style-type: none"> Engage Renfrewshire Community Health and Wellbeing Network 	Ongoing	<ul style="list-style-type: none"> Introduction of local partners to members of EFBF Trainers Network to encourage uptake of additional services including Cook Safe (Fire Service), Zero Waste, and Hand washing training (Environmental Health) Development of Health Improvement Team Social Media pages to promote events, training opportunities, funding availability and encourage partnership awareness and working. 306 allied health professionals trained on tobacco alliance in 2015-2016. Engaged with 350 clients across Renfrewshire using a tobacco quiz. Food Train achieved Volunteer Friendly accreditation. Meal Makers are considering VF (they are linked to Food Train) A new intern in Community Link team is engaging with community groups to support them to become more digitally aware and to make their services more findable. The Community Link team provides ongoing support to a number of community groups and third sector organisations to help them build capacity and develop links with community planning partners and other community groups. Community Health Champions – 20 new volunteers Hearty Lives Peer Education programme to be extended to all High Schools Health Improvement: Provision of Eat Better Feel Better training offered to local community groups (staff and volunteers). Invitation to EFBF Trainers Network to all those who have completed the EFBF training. Including access to additional training via Dietetics Department, funding and resources. Provided letters to go out to those in Renfrewshire at pre-retirement age for opportunities for volunteering. Connections made with key staff other HSCP areas to identify how volunteers contribute to Health Improvement Teams. Information to be submitted to Senior Management for consideration. Recruiting volunteer handbook is completed. New volunteer recruitment process well established Renfrewshire's Volunteer Manager is also well established. The Forum

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			<p>consists of over 40 organisations and partners, all of whom are involved with volunteers</p> <ul style="list-style-type: none"> •Helping to recruit volunteers and attending meetings to assist with both delivery of health & wellbeing activities plus the roll out of WIRE. Note : this is both Linwood, and, Johnstone, •Renfrewshire's Volunteer Manager Forum is chaired by Engage Renfrewshire and has close links with Health & Wellbeing Network – in fact a joint meeting was held in December 2015 •Both forums are considering future joint events •Renfrewshire's Volunteer Manager Forum has organised an event on 2 June to celebrate volunteers and HSCP are members of this forum and are involved in the delivery of this event as well as participating at their bi-monthly meetings •27 volunteers are undergoing training with Barnardo's to support the Syrian refugee families recently resettled in Renfrewshire.
Increase the number of leisure/physical activity classes suitable for people with physical and learning disabilities	Renfrewshire Leisure	Ongoing	
Increase the number of local community health champions promoting & delivering activities in their community	Active Communities		<ul style="list-style-type: none"> •20 volunteers currently involved in training, promoting opportunities and supporting groups/classes. •Training opportunities via Health Improvement circulated to Active Communities to support Health Champions on an ongoing basis
Develop and promote the Feel Good Renfrewshire campaign	Community Health and Wellbeing Network	Ongoing	<ul style="list-style-type: none"> •Active Communities now have a weekly column in the Paisley Express promoting Feelgood Renfrewshire activities. •A list of activities is available on the Active Communities website

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Update/progress at May 2016			
Proposed actions	Lead group(s), agency or service	Timescales	
Increase awareness of alcohol carers group and family support group	<ul style="list-style-type: none"> ADP Carer's JPPIG 	Ongoing	<ul style="list-style-type: none"> HIT distributed the Alcohol Carers Group Flier to people attending Alcohol Awareness and ABI training as well as any Alcohol Awareness short sessions, in 2015/16 these were distributed to a total of 184 people The Alcohol Carers Group provided by Integrated Alcohol Team continues to be available for any family member. The service is promoted throughout Renfrewshire with information leaflets detailing what is available such as one to one support with twice monthly group meetings. Family Support Group continues to support families affected by drug use. Groups proactively promote the support available and actively contribute to wider Recovery agenda. Group recently published a book of stories which aimed to offer inspiration and insight into the lives of families affected by drugs Carers Centre make carers aware of relevant supports available
Expand person-centred respite services and support available to carers, tailored to their specific needs and those of the cared-for person	Carer's JPPIG		Carers centre provided 6,122 hrs of respite of which 4,552 was provided to older people. Covers all conditions, ages and areas of Renfrewshire. Respite provided in mornings, afternoons, evenings and weekends
Raise the profile of the Carers Centre and support identification of carers, particularly family members	Carer's JPPIG		<ul style="list-style-type: none"> Marketing sub group within centre has workplan for year to publicise the centre and carers issues. Included developing new website Centre worked with 14 GP surgeries with a presence in surgeries identifying 176 hidden carers 13 awareness raising sessions delivered to RAH staff with 88 carers identified and supported. Referral systems established in wards. Discharge protocol to involve carers needs to be developed. Information events in Carers Centre, carers week, carers rights day and holiday information day
Implement self directed support	Social Work		Self directed support is now embedded in practice and is the main route for accessing services and support. Pathways and process have been refined and paperwork is being trialled in localities. Updated communication materials are now available including audio information. Work around the online resource directory of local community assets,

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Ensure that policies and practice are in place for staff of community planning partners to identify and support carers appropriately	All partners		supports and services (WiRe) is ongoing and a launch is expected in late summer. The staff training programme continues to develop understanding and practice around self directed support. Carers JPPIG encouraging staff to complete carer awareness training through epic- will be developed in new Renfrewshire Carers Strategy
Implement the See Hear strategy for people with sensory impairments in Renfrewshire	Renfrewshire Health and Social Care Partnership		
Explore the commissioning of ARBD support services	Renfrewshire Health and Social Care Partnership		
Continue to develop re-ablement/care at home via Community Rehabilitation Service	Renfrewshire Health and Social Care Partnership	Ongoing	
Support new models of care through clinical services review and the Paisley demonstration project	Renfrewshire Health and Social Care Partnership	Ongoing	

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Develop prevention of admission services – Geriatrician Assessment and Intensive Home Treatment Teams – via Reshaping Care for Older People	Renfrewshire Health and Social Care Partnership	Ongoing	
Explore new housing and adapted housing options that meet the needs of the existing and projected older people's population	Development and Housing Services	Ongoing	
Encourage the development of Power of Attorney among appropriate older people's population	Renfrewshire Health and Social Care Partnership	Ongoing	
Promote the need for anticipatory care planning	Renfrewshire Health and Social Care Partnership	Ongoing	
Increase the availability and use of tele healthcare technology to support self-management of long-term conditions as well as to support older people's independence	Renfrewshire Health and Social Care Partnership	Ongoing	Health Improvement. Supported Stroke Association to increase referral to My Stroke Guide Pilot Programme in Renfrewshire. The pilot supported approx 50 people in Renfrewshire post diagnosis of stroke to participate in an interactive web based programme.