

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Target deprived areas with behavioural and lifestyle change programmes	- Community Health and Wellbeing Network - Renfrewshire Leisure	Ongoing	- Contract for Community Led Health concluded in December. - Activities in Linwood and Johnstone are continuing. supported by our new Community Health Champions. 20 volunteers currently undergoing training in Community Food Toolkit, Eat Better Feel Better (EBFB) , Mental Health Awareness and Physical Activity. 2 Feel good about you courses delivered in Johnstone – 20 participants. 6 people completed EBFB in Jonstone Castle. - New Walking group and Clubbercise Class started in Johnstone Castle. - Community ACES programme being delivered in Johnstone Castle – 10 families. - Research commissioned Jan 2016 within SIMD 1 & 2 residents in Linwood. Research aimed to provide evidence on attitudes to breastfeeding within deprived areas and ask whether social media can be used as a tool to influence attitudes to breastfeeding. - Learning seminar has been planned for 21 June 2016 to disseminate the findings. - Relevant colleagues provided with the Renfrewshire Active Families (formerly ACES) booking form via email. - Section of Renfrewshire Leisure website dedicated to Renfrewshire Active Families. Online enquiries sent to HI Team. - New programme (running for 8 weeks) started on 17/05/2016 in Lagoon. RL to update HI team with regards to numbers. - Community Smokefree services have helped 426 people quit for 4 weeks or more from SIMD 1&2 areas and 170 people from SIMD 1 and 2 quit smoking for 12 weeks or more. - Health Improvement: co-ordinate delivery of 12 Eat Better Feel Better Cookery course within local communities and groups. Including: 2 x Foxbar Community Centre (May and August 2016) 1 x in partnership with Shelter Scotland (May 2016) 2 x in partnership with STAR Project (August 2016) 1 x Women & Children First (August 2016) 1 x Family Nurse Partnership (August 2016)

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
			2 x Paisley Pre-5 Centre (June 2016) • The community smoking cessation services have teamed up with Ferguslie Pharmacy service to provide specialist intensive smoking cessation support within the Ferguslie area to increase quitters within this area of deprivation. This shared-care work has led to 77 clients living within the Ferguslie area quitting for 4 weeks or more and 55 clients living within the Ferguslie area have been supported to quit for 12weeks or more in Q1-Q4 2015	
Reduce inequalities in 'do not attends' for health treatments, focussing on age, gender and deprivation	Renfrewshire Health and Social Care Partnership	Ongoing	GP DNA audit did not take place due to long term sickness absence.	
Promote intergenerational activity	Intergenerational Network • Intergenerational Network	Ongoing	New Sing Leaders course being developed as part of the Community Health Champion programme to further develop the Singing through the Ages programme. Health Improvement: One 6 week Eat Better Feel Better intergenerational cookery course planned before end December 2016.	
Expand suicide prevention and self-harm reduction initiatives to schools, colleges and universities	Choose Life		• 25 young people trained in Scotland Mental Health First Aid from Jan 2016- May 2016. • Two ASIST courses between Jan 2015- Jan 2016. • The 'Responding to Distress in Young People: Self-harm and Suicide Guidelines' are in the final stages of development and an implementation plan will be discussed at a Steering Group in June, • In partnership with West College Scotland, Faculty of Creative Industries and Essential Skills. a suicide awareness drama workshop is being produced and delivered to NC and HNC students in the Faculty of Business and Technology e.g construction students.	

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Ensure that people affected by long term conditions and/or disabilities have access to behavioural and lifestyle change programmes. Link to recommendations in the Keys to Life for people with LD	Renfrewshire Health and Social Care Partnership	Ongoing	• Eat Better Feel Better cookery course for Type 2 Diabetics Planned for December 2016. • Eat Better Feel Better running a course for LD clients attending Capability Scotland. • Waist Winners Too weight management pilot in partnership with Dietetics, Health Improvement and Capability Scotland to commence August. • Stroke Association Scotland pilot My Stroke interactive web based support programme in 2015 for those diagnosed with a stroke, approx 50 people in Renfrewshire participated in the programme • The cessation support offered every week across Renfrewshire has led to 1,168 clients from Renfrewshire making a quit attempt in 2015-2016.	
Explore the development of an integrated impact assessment that can be used and shared by all community planning partners	Renfrewshire Health and Social Care Partnership	Mar-15	Equality Outcomes for the HSCP developed and ratified by IJB. Action plan well underway	
Roll out the Breastfeeding Welcome Award to all relevant Community Planning partners	Infant Nutrition group		• Breastfeeding Friendly Nursery has now been delivered to 65 Renfrewshire Nurseries. • 3 local cafes have received the Breastfeeding Welcome Award in addition to Third sector organisations; Homestart, Active Communities Klas Care • Intu Braehead also agreed to training and 60 staff attended a session on Breastfeeding Welcome. • Renfrewshire Town Halls received the award along with the SKOOB Mobile	
Provide information on what activities are available in communities	• Community Health and Wellbeing Network • Engage Renfrewshire	Ongoing	• Series of roadshows organised in Linwood and Johnstone by Active Communities promoting opportunities. • Developing Health Improvement Social Media pages to inform partners and local communities of training, events, funding opportunities and information • Food matters event held in June 2015. Report from the event fed back to Renfrewshire Council as lead agency.	

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			- Localised community planning conferences held in the Disability Resource centre (December 2015), Elderslie (January 2016) and Foxbar and Brediland (February 2016). - Community planning conferences on the Paisley 2021 bid held in March and May 2016 (90+ attendees at each event), Community Empowerment conference held in May 2016 (70 attendees). Community Learning and Development engagement event also supported in January 2016. - Development of an online community portal to be called Well in Renfrewshire (WiRe) in development by Community Link team in partnership with Active Communities and Engage. - Community Connectors project being delivered by RAMH, Linstone Housing and Active Communities. - Keep Well and other practices were offered webinar interactive session in 2015, no practice uptake. Health Improvement Directory, Renfrewshire data updated bi-annually via Change Control Process.
Enable health professionals to prescribe or signpost to complementary therapies, exercise and community activities	- Renfrewshire Health and Social Care Partnership - Community Health and Wellbeing Network - Renfrewshire Leisure	Ongoing	- Triple P Seminar Programme is promoted via Engage and various social media channels including Twitter and Facebook via What's on Renfrewshire. - A number of health and wellbeing sessions delivered to young carers including nutrition, sexual health and alcohol/drugs awareness. - Supported Children's Champions group work and residential trip in 2015.
Provide signposting link between positive parenting programmes and opportunities for healthy activities within communities	- Renfrewshire Health and Social Care Partnership (Triple P Network) - CHP	Ongoing	- Provided cancer awareness raising session to Renfrewshire Carer's Centre. - Built capacity of Carer's Centre Staff around the Positive Steps Training. - Delivered 3 workshops to Young Carers groups on Drugs & Alcohol and Healthy Relationships. 16 young people attended. Supported member of staff to deliver Sexual Health Workshop. Positive links with Y-Sort It group in West Dunbartonshire. - Training project in 2015/16 provided 55 courses to 270 carers of which 30 were YC/YAC. 142 carers were new to the training project. Courses ranged from condition specific courses on autism, dementia to stress management
Ensure that carers have access to behavioural and lifestyle change programmes	Carers JPPIG	Ongoing	

Outcome 1: By 2023 our residents will have an increasing life expectancy regardless of the community they live in				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
			courses for carers, POA etc • Young carers can attend one of the 6 age appropriate support groups and individual support	

Outcome 2: By 2023 our residents will be valued and respected irrespective of age, physical disability or other needs				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Tackle disability discrimination and hate crime	- Renfrewshire Health and Social Care Partnership - All partners	Ongoing	A number of establishments have now become Keep Safe premises and staff have been given training in how to deal with any requests for help.	
Ensure that empty spaces within communities are used to maximum benefit for local communities	Engage Renfrewshire	Ongoing	- GIS asset map of well used assets/underused assets/areas identified by local people as potentially suitable for growing grounds was created following community events held in 2013 and 2014. - COSS delivering Asset Transfer workshop 7th June at Engage 6 training courses been scheduled for this year and all being delivered at the DRC - A conference on the Community Empowerment Act was held in May 2016, attended by 70 people. - Stalled spaces fun completed. 9 projects funded (20k) - Localised community conference led by Foxbar and Brediland Community Council took place in February 2016. - Consultations have taken place with Community Council, during a CPP event in Foxbar and with a number of local groups. Final community event is being arranged for week commencing 4th July. - Engage currently supporting and working with Friends of Shanks Park on an asset transfer-lease agreement with the local authority to acquire land and buildings for growing grounds and community space	
Ensure input into local housing strategies to ensure that they take account of and meet the needs of people with disabilities and/or long term conditions, and older people	Development and Housing Services	Ongoing	Health Improvement Supported Linstone Housing at consultation event to establish resident need in new housing proposal at Belmar Court.	

Outcome 3: By 2023 our residents will only use alcohol safely and appropriately				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Influence Licensing Board to extend overprovision area by providing robust evidence	ADP	Ongoing	A Graduate Intern has been recruited to enhance community engagement with alcohol licensing processes. This will involve working with volunteers to conduct research into how local people feel about alcohol in their neighbourhoods.	
Enhance recovery services for those affected by alcohol and/or drugs	ADP	Ongoing	The recent appointment of a Recovery Development Worker will work to champion and support recovery in drug and alcohol services. The post holder will also work with community recovery groups to enhance and extend recovery focused work and support the implementation of a Peer Support Project which seeks to support those in recovery to gain employability skills. •A comprehensive review of the cafe has been completed and a sustainability action plan is being produced. •Findings from the review showed that it has had a positive impact on people who attend. The findings also highlighted areas for further improvement which will be taken forward as part of an action plan in partnership with all key stakeholders. •2 volunteers trained to deliver Eat Better Feel Better Cookery Programme. HI provided link to NW Glasgow Recovery Network to enable volunteers to arrange site visit to Recovery Cafe in another area.	
Develop recovery cafes staffed by volunteers	ADP		•The primary school substance misuse online toolkit was launched in Feb 2015 with representation from most Renfrewshire primary schools at the event. •Oh Lila has been delivered to 39 staff from 19 nurseries and the Families First Hubs and evaluation has been completed. •A funding application to ADP was success and initial discussions have taken place with Early Tears partners have taken place to roll out 'Oh Lila' training to remaining Renfrewshire Council early years establishments.	
Roll out alcohol educational lessons/ initiatives to primary schools	ADP SPEAR group		•Alcohol awareness raising sessions delivered to young people in Renfrewshire schools and community groups. •Alcohol Awareness Workshop delivered to Women's Group. Five people attended •As part of the BRAW alcohol awareness campaign, a number of groups submitted successful funding bids to run community based family alcohol awareness events. These included Our Place our Families; Youth	
Promote community work between parents and young people to help change the culture of alcohol	ADP SPEAR group			

Outcome 3: By 2023 our residents will only use alcohol safely and appropriately			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Promote community alcohol campaigns, including those targeted at older people	ADP SPEAR group		Services/Home link and Barsail parent council, Paisley Grammar School and Linwood High School. The events are due to take place in June 2016. •A total of 2500 Older People alcohol information magazines were distributed across Renfrewshire to older adults groups including •A Cannabis campaign was launched in Feb 2015 with resources being distributed to WCS and UWS. The campaign has been further developed via partnership working with West College Scotland. This resulted in a drama production by students. Work around NPS will be explored in 2016/17. •BRAW campaign was delivered in June 2015 and will be repeated in June 2016. The 2015 event saw high levels of engagement with the public (upwards of 2500 people).
Carry out an audit of alcohol related deaths	ADP		Data upload has been completed for all alcohol related deaths which occurred in 2012. Discussions are now underway to agree process for data analysis
ADP and APC to work together to reduce the harm caused by alcohol for those involved in adult protection processes	ADP & APC		Training has been completed and was well attended by multi-agency staff. As a result of the recent independent review of public protection the ADP will be directly accountable to the Integration Joint Board for the Health and Social Care Partnership with direct links to the Chief Officers' Group.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Provide routine information on weight and exercise to all hospital in-patients	Renfrewshire Health and Social Care Partnership	Ongoing	

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Develop walking projects in the workplace	- Corporate Health Improvement Group - All partners		Advice and information has been given to a number of individuals who want to start walking groups in Council HQ.	
Support activities in communities and green gym initiatives	Community Health and Wellbeing Network	Ongoing	Community Health Champions supporting activities in Linwood and Johnstone	
Promote opportunities for young people to participate in sport and physical activity by providing financial discounts that will increase participation rates	- Renfrewshire Leisure - Community Health and Wellbeing Network - Children's Services		Linwood Parkour – 30 participants Linwood Girls on the Run- 25 participants Ferguslie Feelgood about Youth project – 20 participants	
Create more opportunities for people with disabilities, sensory impairments and long term conditions and their carers to participate in physical activity	Renfrewshire Health and Social Care Partnership	Ongoing	Supported the Ballroom Fitness Initiative in Renfrewshire.	

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Extend Active Ageing initiative to provide more sustainable opportunities for older people to be active in their communities	Physical Activity and Nutrition Steering Group		•Cumulative project totals: 585 sessions delivered to 65 venues with between 516 – 702 participants over the 8 blocks of the 10 week programme. •A DVD of the exercise content delivered within this programme is in development and will be launched Summer 2016 and will be made available to all establishments who participated in the programme. Content will be delivered both seated and standing. •Evaluation has been developed and reported an increase in 3 functional fitness tests further to participation in the project. •Health Improvement: Provided extensive support to ROAR. Supplied articles for ROAR newsletter on falls prevention, Vitamin D, and breast awareness. Supported one legged wobble challenge and provided information and expertise at Positive Steps Event.	
Evaluate the pilot cookery programme for young people living in Throughcare accommodation and implement more widely if successful	Physical Activity and Nutrition Steering Group		•Additional 8 courses being delivered from May – December to Looked After and Accommodate Young People/or those in Alternative Provisions. •2 x 6 week Eat Better Feel Better Cookery programmes being run in Charlestone Square. •1 x EBFB being delivered to Moving On Project •2 x EBFB organised for Good Shepherd •1 x EBFB offered to Street League. •2 x EBFB delivery still TBC.	
Prohibit smoking outside Renfrewshire House	CCH&WB Thematic Board			
Deliver smoking cessation support in the following settings: community addiction service, areas of deprivation (SIMD 1 & 2) and mental health service	CHP	ongoing	The cessation support offered every week across Renfrewshire has led to 1,168 clients from Renfrewshire making a quit attempt in 2015-2016. From these quit attempts, 426 people have quit for 4 weeks or more from SIMD 1&2 areas and 170 people from SIMD 1 and 2 areas have quit smoking for 12 weeks or more.	

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Target activities to reduce exposure to second hand smoke	Renfrewshire Tobacco Alliance	ongoing	• Provided support to Kibble staff to attend the Maudsley Smoking Cessation Training. • Provided smoking cessation to young people at the Kibble when required. • Providing a health link to colleagues at the Kibble to link in with HI for a number of health topics. • Provided training to PS schools on the Tradewinds (tobacco education) resource pack. Five teachers attended in November 2015. • Provided applications to PS contacts for the SHS initiative. • Delivered smoking cessation support to pupils in Park Mains and Gleniffer High School. • Provided the Family Nurse partnership (FNP) with 7 Dyllos machines (measure second hand smoke) and trained 7 staff from Family Nurse Partnership to provide support to young mothers/mothers to be regarding secondhand smoke issues and tobacco behaviour change. This has led to 5 mothers being supported to reduce SHS in their homes.
Increase the healthier food options available in the Atrium Café and vending machines in Renfrewshire House and in all community planning partner premises	Physical Activity & Nutrition group		
Target food nutrition and cookery classes at schools and vulnerable groups	Physical Activity & Nutrition group		• 1 X Eat Better Feel Better programme organised in partnership with FAST (Save the Children) within a Johnstone Primary School beginning September. • Facilitating healthy eating/physical activity sessions in Mary Russell School and St Andrews Academy in conjunction with Homelink. • Delivered healthy eating workshop to Street League employability programme.

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Implement relevant recommendations of Sustainable Food Policy when finalised	Physical Activity & Nutrition group		The Food Policy has not been progressed as yet.	
Develop locally based social enterprises around healthy food provision e.g. Fork to Fork	Renfrewshire Health and Social Care Partnership		An independent feasibility study carried out during 2015/16 concluded that there is not sufficient land to support a social enterprise around food growing, however Capability Scotland is committed to promoting growing in their day services and the Growing Grounds Forum supports a number of community organisations with growing activotois with a focus very much on health and wellbeing. •32 Mums have completed NMNY with a further 17 registered for this block •Active Communities have now delivered 3 cycles and are now delivering block number 4 of the New Mum New You programme. In total there have been 32 participants. •University of West Of Scotland have been commissioned by Healthy Powerful Communities to undertake evaluation which is in progress. •A graduation programme, Active Mums, has been established involving a weekly exercise class post natal mums can attend with their baby. Currently 6 mums attend. •In addition Active Communities have delivered 2 blocks of MEND 2-4, a programme to tackle childhood obesity in children aged between 2 and 4 years old. A third block is underway and 15 families have participated so far.	
Implement the New Mum New You programme for post-natal women with BMI>35 and ensure its sustainability after initial 8 weeks	Infant Nutrition group		Recommended minimum coverage has been increased to 30% for 2015/16 (previously 25% which was exceeded in Renfrewshire – achieved 26%). Current performance shows that 27% of naloxone kits have been distributed as at 31st March 2016 and the recent changes in legislation will allow wider access to families and hostel staff. Targeted overdose awareness events will continue throughout the year to raise awareness and reduce drug related deaths.	
Continue to provide Naloxone	ADP	Ongoing		

Outcome 4: By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Continue to implement targeted overdose awareness campaign	ADP	Ongoing	Campaigns will continue to be provided which will include the provision of the Safebus as well as targeted interventions around overdose awareness during the festive season.	
Support individuals in recovery from addictions to access training and employment opportunities	ADP	Ongoing	Renfrewshire ADP has provided funding to the NetWork and RAMH to develop a peer support project. The project will offer people in recovery from addictions a training and/or a paid work placement to train to be peer supporters. These peer supporters will work with the recovery community to enhance engagement with meaningful day and recovery activities.	

Outcome 5: by 2023 our residents will enjoy good mental health			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Develop partner-based employment initiatives for adults who have poor mental health	Renfrewshire Health and Social Care Partnership	Ongoing	
Investigate measures to mitigate the effects of welfare reform	Renfrewshire Health and Social Care Partnership	Ongoing	- An event was Held in partnership with Engage and the DWP to increase awareness of DWP 20 :20 vision and changes to welfare reform. 50 people attended and opportunities for future work identified. - The NHS Staff attitude to financial inclusion and employability survey will be repeated and is in the final draft. - We are developing ways of working with the new GP clusters and a proposal for additional resource in primary care has been submitted to the SMT
Support people to access services at the right time for them by reducing barriers and raising awareness of resources available	Renfrewshire Health and Social Care Partnership	Ongoing	- Mental Health Directory has been published and circulated to premises across Renfrewshire - Relevant resources are distributed to delegates after all Understanding Mental Health training and shorter sessions mental health awareness sessions - in 2015/16 this included a total of 179 delegates from various services
Target educational mental health programmes to local school, colleges, university and major employers in Renfrewshire	Choose Life		- Education colleagues invited to attend SMHFA training via the CPD training calendar when training offered. - Supporting mental health awareness raising in schools through events and group work. - HI Practitioner facilitates ASIST training course and support delivery of safeTALK. - Mental Health Policy in Final Draft and has been circulated to all stakeholders for comment. - Health improvement resource is targeted to those schools that are identified with the greatest need from the Young People's Health and Wellbeing Survey results. - Information, training and support have been provided on identified priority areas. The team has implemented a community development approach to building relationships with staff, pupils and partners. All schools have produced

Outcome 5: by 2023 our residents will enjoy good mental health			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			action plans to address their specific survey results.
Improve support to staff returning from sick leave	All partners	Ongoing	
Target MH awareness info to people with long term conditions and disabilities	Renfrewshire Health and Social Care Partnership	Ongoing	- Understanding Mental Health training was delivered to 98 people in 2015/16. In addition, shorter MH awareness sessions were delivered to a total of 81 people - The HSCP smoking cessation services have initiated a pilot project in conjunction with Prof. Chris Williams and living life to the full materials. This project aims to deliver improved links to MH awareness in clients who smoke and experience LTC. Project will be evaluated on May 2017

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
Improve transport and access to leisure facilities	Renfrewshire Leisure		
Promote and support community led health initiatives and build local community capacity	- Community Health and Wellbeing Network - Engage Renfrewshire	Ongoing	20 volunteers recruited as part of Community Health Champions programme 15 3rd sector partners attended SCDC action research training to enable them to undertake local research - Provision of Eat Better Feel Better training offered to local community groups (staff and volunteers). - Invitation to EBFB Trainers Network to all those who have completed the EBFB training. Including access to additional training via Dietetics Department, funding and resources.

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			•Introduction of local partners to members of EBBF Trainers Network to encourage uptake of additional services including Cook Safe (Fire Service), Zero Waste, and Hand washing training (Environmental Health) •Development of Health Improvement Team Social Media pages to promote events, training opportunities, funding availability and encourage partnership awareness and working. •306 allied health professionals trained on tobacco alliance in 2015-2016. •Engaged with 350 clients across Renfrewshire using a tobacco quiz. •Food Train achieved Volunteer Friendly accreditation. •Meal Makers are considering VF (they are linked to Food Train) •A new intern in Community Link team is engaging with community groups to support them to become more digitally aware and to make their services more findable. •The Community Link team provides ongoing support to a number of community groups and third sector organisations to help them build capacity and develop links with community planning partners and other community groups.
Increase volunteering opportunities for all age groups	• Engage Renfrewshire • Community Health and Wellbeing Network	Ongoing	•Community Health Champions – 20 new volunteers •Hearty Lives Peer Education programme to be extended to all High Schools •Health Improvement: Provision of Eat Better Feel Better training offered to local community groups (staff and volunteers). •Invitation to EBBF Trainers Network to all those who have completed the EBBF training. Including access to additional training via Dietetics Department, funding and resources. •Provided letters to go out to those in Renfrewshire at pre-retirement age for opportunities for volunteering. •Connections made with key staff other HSCP areas to identify how volunteers contribute to Health Improvement Teams. Information to be submitted to Senior Management for consideration. •Recruiting volunteer handbook is completed. •New volunteer recruitment process well established •Renfrewshire's Volunteer Manager is also well established. The Forum

Outcome 6: By 2023 our residents will get involved in activities and improve the health and wellbeing of their community				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
			consists of over 40 organisations and partners, all of whom are involved with volunteers •Helping to recruit volunteers and attending meetings to assist with both delivery of health & wellbeing activities plus the roll out of WIRE. Note : this is both Linwood, and, Johnstone, •Renfrewshire's Volunteer Manager Forum is chaired by Engage Renfrewshire and has close links with Health & Wellbeing Network – in fact a joint meeting was held in December 2015 •Both forums are considering future joint events •Renfrewshire's Volunteer Manager Forum has organised an event on 2 June to celebrate volunteers and HSCP are members of this forum and are involved in the delivery of this event as well as participating at their bi-monthly meetings •27 volunteers are undergoing training with Barnardo's to support the Syrian refugee families recently resettled in Renfrewshire.	
Increase the number of leisure/physical activity classes suitable for people with physical and learning disabilities	Renfrewshire Leisure	Ongoing		
Increase the number of local community health champions promoting & delivering activities in their community	Active Communities		•20 volunteers currently involved in training, promoting opportunities and supporting groups/classes. •Training opportunities via Health Improvement circulated to Active Communities to support Health Champions on an ongoing basis	
Develop and promote the Feel Good Renfrewshire campaign	Community Health and Wellbeing Network	Ongoing	•Active Communities now have a weekly column in the Paisley Express promoting Feelgood Renfrewshire activities. •A list of activities is available on the Active Communities website	

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Increase awareness of alcohol carers group and family support group	- ADP - Carer's JPPIG	Ongoing	- HIT distributed the Alcohol Carers Group Flier to people attending Alcohol Awareness and ABI training as well as any Alcohol Awareness short sessions, in 2015/16 these were distributed to a total of 184 people - The Alcohol Carers Group provided by Integrated Alcohol Team continues to be available for any family member. The service is promoted throughout Renfrewshire with information leaflets detailing what is available such as one to one support with twice monthly group meetings. - Family Support Group continues to support families affected by drug use. Groups proactively promote the support available and actively contribute to wider Recovery agenda. Group recently published a book of stories which aimed to offer inspiration and insight into the lives of families affected by drugs - Carers Centre make carers aware of relevant supports available	
Expand person-centred respite services and support available to carers, tailored to their specific needs and those of the cared-for person	Carer's JPPIG		Carers centre provided 6,122 hrs of respite of which 4,552 was provided to older people. Covers all conditions, ages and areas of Renfrewshire. Respite provided in mornings, afternoons, evenings and weekends	
Raise the profile of the Carers Centre and support identification of carers, particularly family members	Carer's JPPIG		- Marketing sub group within centre has workplan for year to publicise the centre and carers issues. Included developing new website - Centre worked with 14 GP surgeries with a presence in surgeries identifying 176 hidden carers 13 awareness raising sessions delivered to RAH staff with 88 carers identified and supported. Referral systems established in wards. Discharge protocol to involve carers needs to be developed. - Information events in Carers Centre, carers week, carers rights day and holiday information day	
Implement self directed support	Social Work		Self directed support is now embedded in practice and is the main route for accessing services and support. Pathways and process have been refined and paperwork is being trialled in localities. Updated communication materials are now available including audio information. Work around the online resource directory of local community assets,	

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016
			supports and services (WiRe) is ongoing and a launch is expected in late summer. The staff training programme continues to develop understanding and practice around self directed support.
Ensure that policies and practice are in place for staff of community planning partners to identify and support carers appropriately	All partners		Carers JPPIG encouraging staff to complete carer awareness training through epic- will be developed in new Renfrewshire Carers Strategy
Implement the See Hear strategy for people with sensory impairments in Renfrewshire	Renfrewshire Health and Social Care Partnership		
Explore the commissioning of ARBD support services	Renfrewshire Health and Social Care Partnership		
Continue to develop reablement/care at home via Community Rehabilitation Service	Renfrewshire Health and Social Care Partnership	Ongoing	
Support new models of care through clinical services review and the Paisley demonstration project	Renfrewshire Health and Social Care Partnership	Ongoing	

Outcome 7: By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities				
Proposed actions	Lead group(s), agency or service	Timescales	Update/progress at May 2016	
Develop prevention of admission services – Geriatrician Assessment and Intensive Home Treatment Teams – via Reshaping Care for Older People	Renfrewshire Health and Social Care Partnership	Ongoing		
Explore new housing and adapted housing options that meet the needs of the existing and projected older people's population	Development and Housing Services	Ongoing		
Encourage the development of Power of Attorney among appropriate older people's population	Renfrewshire Health and Social Care Partnership	Ongoing		
Promote the need for anticipatory care planning	Renfrewshire Health and Social Care Partnership	Ongoing		
Increase the availability and use of tele healthcare technology to support self-management of long-term conditions as well as to support older people's independence	Renfrewshire Health and Social Care Partnership	Ongoing	Health Improvement. Supported Stroke Association to increase referral to My Stroke Guide Pilot Programme in Renfrewshire. The pilot supported approx 50 people in Renfrewshire post diagnosis of stroke to participate in an interactive web based programme.	