



## Minute of Meeting Community Care, Health & Wellbeing Thematic Board

Date	Time	Venue
Tuesday, 08 September 2015	14:00	CMR 1, Council Headquarters, Renfrewshire House, Cotton Street, Paisley, PA1 1AN

### PRESENT

Councillor I McMillan, I Beattie and R Robertson (all Renfrewshire Council); S McDonald, Active Communities; S Nelson, Police Scotland; D Reid, Renfrewshire Alcohol and Drug Partnership; D Goodman, Renfrewshire Carers; F MacKay, C Walker, C Burling and H Cunningham (all Renfrewshire Health & Social Care Partnership); J McKellar, Renfrewshire Leisure Limited; and R Telfer, Scottish Care.

### CHAIR

Councillor I McMillan, Chair, presided.

### IN ATTENDANCE

J Davis, D Richmond and C MacDonald (all Renfrewshire Council); J McGhie, Scottish Fire and Rescue Service; and A Gatopoulou, M Hunter and C Oliver (all Stroke Association).

### APOLOGIES

Councillor M Brown and L Muirhead (both Renfrewshire Council); J Ferrie, Engage Renfrewshire; S McLellan, Forum for Empowering Communities; Dr A Van der Lee, GP representative; P Nelis, Scottish Fire and Rescue Service; D Leese, Renfrewshire Health and Social Care Partnership; and A Cumberland, West College Scotland.

## **DECLARATIONS OF INTEREST**

There were no declarations of interest intimated prior to commencement of the meeting.

### **1 MINUTE OF PREVIOUS MEETING**

There was submitted the Minute of the Community Care, Health & Wellbeing Thematic Board held on 20 May, 2015.

**DECIDED:** That the minute be approved.

### **2 ROLLING ACTION LOG**

#### **CCH&W.04.09.14(10) – COMMUNITY PLANNING UPDATE**

**CARERS FORUM** – It was agreed that Councillor McMillan and a small group of Members would attend the next meeting of the Carers Forum in October to discuss increased carer engagement across Renfrewshire and would report back to the next meeting of the Board.

**ADP** – It was noted that D Leese and P MacLeod would attend a meeting of the ADP to be held on 23 November; would discuss key priorities and ideas for programme 2015/16; and would report back to the next meeting of the Board.

**DECIDED:**

(a) That it be agreed that Councillor McMillan and a small group of Members attend the next meeting of the Carers Forum in October to discuss increased carer engagement across Renfrewshire and report back to the next meeting of the Board;

(b) That it be noted that D Leese and P MacLeod would attend a meeting of the ADP in November; would discuss key priorities and ideas for programme 2015/16; and report back to the next meeting of the Board; and

(c) That the Rolling Action Log be noted.

### **3 UPDATE ON TACKLING POVERTY STRATEGY AND ACTION PLAN**

D Amos delivered a presentation setting out proposals to deliver the recommendations made by the Tackling Poverty Commission as set out in the Council's Action Plan. Renfrewshire Council had committed £6M towards the delivery of the Action Plan. Both the Scottish Government and national media were taking a keen interest in progress to deliver positive outcomes.

The presentation gave the background to the development of the strategy and the launch of the report; outlined the timeline that was being followed; highlighted the key messages of the strategy and the priorities; summarised the key principles; and drew special attention to the key actions relating to the Community Care, Health & Wellbeing theme.

**DECIDED:**

- (a) To thank David for his presentation; and
- (b) To note the presentation.

**4 MY STROKE GUIDE**

A Gatopoulou, M Hunter and C Oliver delivered a presentation on the work of the Stroke Association.

A Gatopoulou gave some background information and advised that the stroke association worked with people affected by stroke by supporting them, raising funds and developing strategies to prevent strokes from happening. The presentation outlined the impact of a stroke and the management of recovery.

M Hunter highlighted the “My Stroke Guide Project” within Inverclyde and Renfrewshire. The Guide was a unique online platform to support stroke survivors to make the best possible recovery and it was an interactive application which could be accessed through computers, tablets and smartphones. It was highly accessible, and offered goal-setting tools and peer to peer support as well as information through text and videos.

C Orr spoke to the Board about the “Know Your Blood Pressure” project. He highlighted the importance of the project and why it was important to develop the project.

**DECIDED:**

- (a) To thank Anastasia, Maureen and Colin for their presentation; and
- (b) To note the presentation.

**5 UPDATE ON PROGRESS REPORT AGAINST YEAR 1 TARGETS**

There was submitted a report by the Head of Planning and Health Improvement relative to an update on Year 1 Performance Indicators for reporting to the Community Planning Partnership Board.

The report advised that on 20 May 2015, an update on progress against year 1 targets for the Community Care, Health & Wellbeing indicators was presented to the Community Care, Health and Wellbeing Board. At that point the Health & Social Care Partnership did not have the results of the Adult Health and Wellbeing Survey 2014 and the Community Profile 2014 and could not therefore provide data against some of the indicators. The report intimated that the Survey results and Community Profile data were now available and a summary of progress was provided in the report.

**DECIDED:** That the update on progress against the indicators as detailed within the report be noted.

## 6 HOUSING STRATEGY

A presentation was delivered by J Davis relative to the draft Local Housing Strategy 2016-2021.

The presentation outlined the purpose of the Local Housing Strategy; highlighted the key issues for consideration; summarised the draft outcomes; drew special attention to Outcome 5 – Homelessness and Outcome 6 – Supported Living; and detailed timescales for the Strategy.

### **DECIDED:**

(a) To thank Jane for her presentation; and

(b) To note the presentation.

## 7 ADULT HEALTH & WELLBEING SURVEY

C Walker delivered a presentation relative to the 2014 Adult Health & Wellbeing survey for the Renfrewshire area. The survey provided an update from which progress towards performance assessment targets and national health behavior targets could be measured against the 1999 baseline data.

The presentation advised that 1,203 face-to-face interviews were carried out with adults in the Renfrewshire area. The survey findings related to: health behaviours such as smoking, alcohol, diet and physical activity; body mass index; access to health services; people's perceptions of their health and well-being; social health; and social capital.

After further discussion it was agreed that there should be formal launch of the survey information similar to the previous launch three years ago in the marriage suite.

### **DECIDED:**

(a) To thank Clare for her presentation;

(b) That it be agreed that a formal launch of the survey be organised; and

(c) That the presentation be noted.

## **SEDERUNT**

Prior to consideration of the following item of business J McKellar left the meeting.

## 8 BRAW UPDATE

There was submitted a report by R Anderson, Renfrewshire Alcohol & Drug Partnership relative to an update on progress in relation to the project event Brighter Renfrewshire Alcohol Awareness Week (BRAW).

The report advised that the event took place between 15 and 19 June 2015 with the message focused on getting the most out of summer by being safe and having fun

without excessive use of alcohol.

BRAW and the associated funding allowed a large scale campaign which highlighted sensible drinking messages to the community. Information was directly disseminated to around 2000 individuals via the road shows, community events and a street party. The BRAW branded posters were distributed throughout the locality which meant that the message reached an even wider audience and advertising in the Paisley Daily Express further promoted BRAW activity.

The funding also allowed engagement with the wider community, local groups and partner organisations, including licensed premises. This allowed networks to be established which would be useful in future partnership projects.

D Reid advised that evaluation of the impact funding had on those in receipt of BRAW awards was positive, with participants reporting positive outcomes and as a result of their BRAW activity this had allowed a distinct branding for alcohol awareness campaigns in Renfrewshire.

**DECIDED:** That the report be noted.

## 9 **INTEGRATION FUND UPDATE - INFRASTRUCTURE PROPOSALS**

R Robertson and S McDonald delivered a short presentation relative to four projects which were being funded by the Integrated Care Fund. The four projects were being led by local third sector organisations RAMH; Active Communities; Linstone Housing Association; and the Thistle Foundation, and relate to a Social Prescribing Pilot; the development of Community Health Champions; the development of Health and Housing Hubs; and a Lifestyle Management Project respectively. The first three projects were linked and would be piloted in Johnstone and Linwood and the fourth would be piloted in another area to be decided.

**DECIDED:**

(a) To thank Roisin and Susan for their presentation; and

(b) To note the presentation.

## **VALEDICTION**

On behalf of the Board, Councillor McMillan extended his thanks to Chief Inspector Sandy Nelson, Police Scotland for the significant contribution he had made to the Community Care, Health & Wellbeing Thematic Board and for the advice and assistance he had provided and wished him well for the future. These sentiments were echoed by all members present.