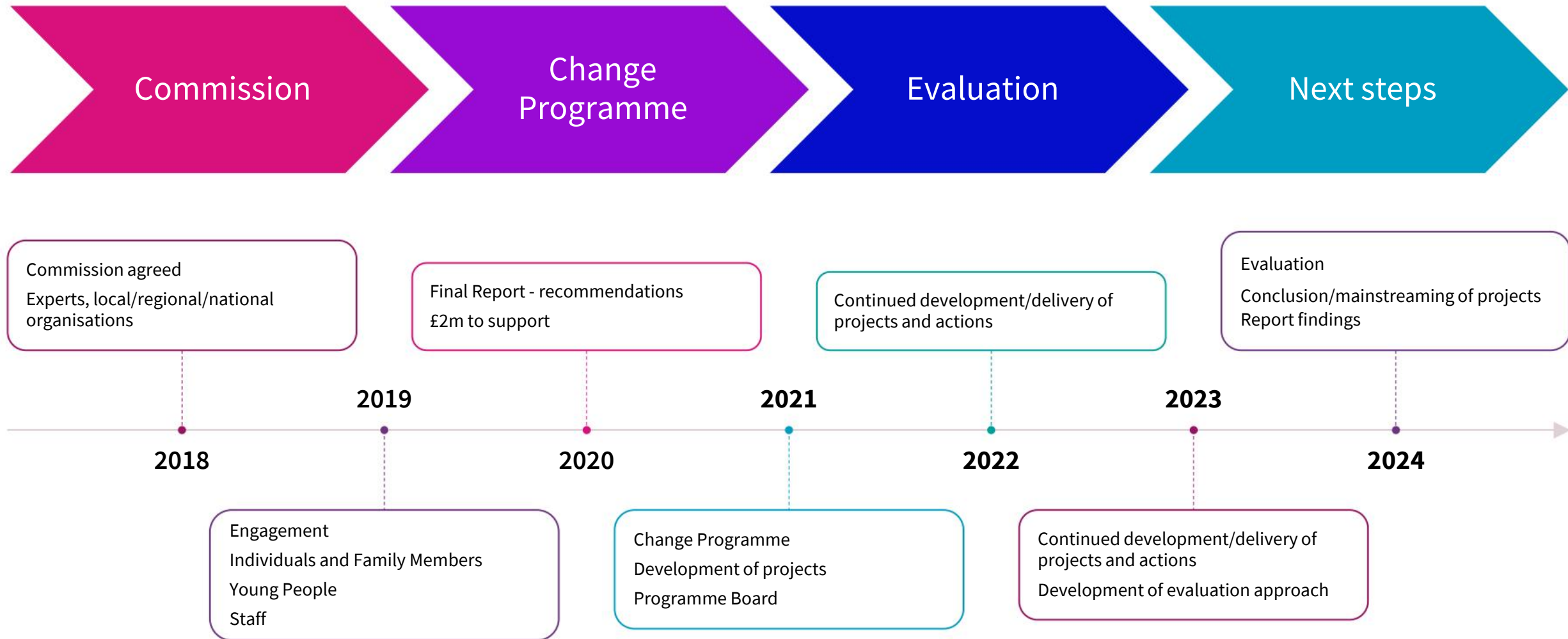


Alcohol and Drugs Change Programme

Update

Fairer Renfrewshire Sub-Committee, March 2024

Timeline





Service Developments

- HaRRT
- CIRCLE
- MyLA
- Alcohol and Substance Awareness Resources
- First Crisis – Alcohol and Drugs
- Youth Health and Wellbeing Service



Partnership initiatives/Support

- Trauma informed and Responsive Renfrewshire
- Stigma – Language Matters
- Connected and Caring Renfrewshire
- Recovery Change Fund
- Alcohol Policy



Research & Reviews

- Family Support Review
- Hidden Harm
- Building Based Services

I love that it is someone my age that is delivering the lesson. This makes it sound like advice, rather than being told by an adult!

(Young person from St Andrew's Academy)

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(Young person from St Andrew's Academy)



Narrated by...

us



BECAUSE PEOPLE MATTER

MYLA My Life Ahead

Delivered by Turning Point Scotland in partnership with Renfrewshire Council.

Is your alcohol and/or other drugs dependency putting you or your housing situation at risk? MYLA can support you with:

- Tenancy sustainment
- Budgeting and benefit advice
- Harm reduction and relapse prevention
- Links to mental health, addiction and community services



I know within myself if it wasn't for the MyLA service I wouldn't be where I am, my house would still be a riot, and I could literally be on the streets.

The reason I've came off the drink and stayed off and got my flat sorted is due to the support from the guys at MyLA.

Without support I would have done nothing and went back to the drink. I'm not killing myself anymore and I'm positive about my future for once

My worker has been amazing; really easy to speak to, non-judgmental – she keeps me on point. I have new skills, a sense of being part of a community and pride in seeing how I have been part of seeing something like this grow

Coming to CIRCLE has helped me identify the positive in life and deal with the negatives; I have learned how to cope on my own and I talk to people and seek help when I need it... I feel as if I have started liking myself again – I have started to believe in myself again

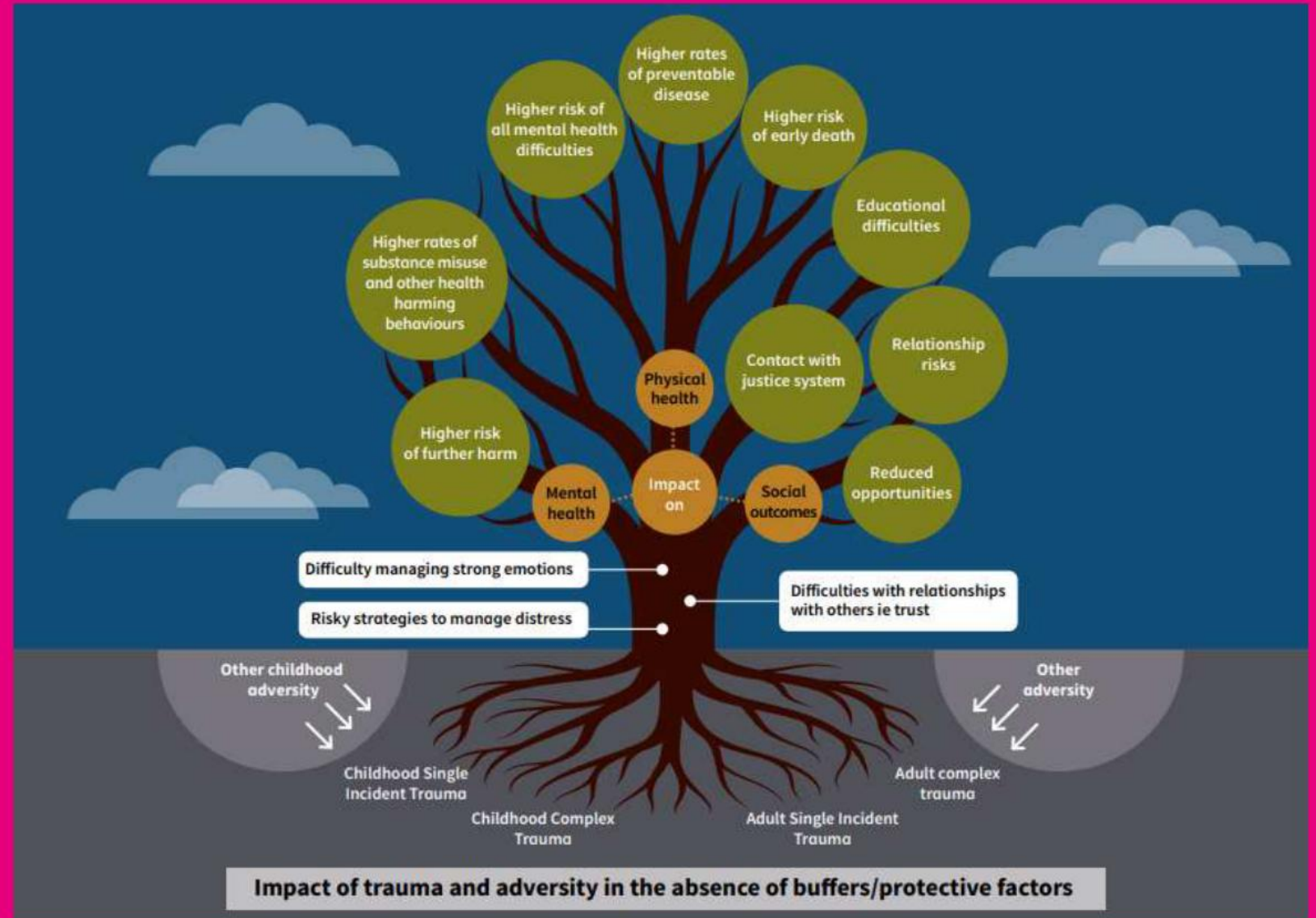
Without the support of CIRCLE, I would be locked in my bedroom, facing the wall, in my own head in the pits of darkness. There are so many facets to CIRCLE; when the loneliness is overwhelming, there is the Drop-in where there is always someone you know and that is much bigger than you realise



Trauma Informed and Responsive Renfrewshire

Road map developed and approved by Leadership Board – priority actions around leadership, training and development

Great examples of practice emerging across Renfrewshire – need to grow and build on this initial success



Evaluation



Next steps



Continue evaluation – external support to carry out focus groups/1-1 interviews with service users, staff, wider partners – priority projects. Projects continue to gather data, information, and feedback



Report findings and overview of the Change Programme - including next steps and transition of governance arrangements/mainstreaming of identified projects

Thanks for listening

Laura McIntyre
Head of Policy and Partnerships

We are **fair**, We are **helpful**, We are great **collaborators**, We value **learning**