



To: Community Care Health and Wellbeing Thematic Board

On: 20th May 2015

Report by:

Fiona MacKay, Community Planning Lead Officer

INTERIM PROGRESS REPORT ON YEAR 1 TARGETS

1. Summary

- 1.1 The Renfrewshire Community Plan 2013 - 2023 clearly sets out 7 outcomes for the Community Care Health and Wellbeing theme together with one, three and ten year targets for each impact measure.
- 1.1 A Year 1 progress report on the Single Outcome Agreement was submitted to the Community Planning Partnership Board on 4 February 2015. At this meeting, the Board agreed that each thematic Board provide an interim progress report on those impact measures which were identified as being 10% or more out with target (red alert) to the meeting on 25 June 2015.
- 1.2 This report provides the Community Care, Health and Wellbeing Board with an update on remedial actions including any progress achieved and details of the work which is ongoing to improve the impact measures that were 10% or more out with target (red alert).

2 Recommendations

It is recommended that the Board:

- a. Notes the update provided on the indicators as detailed in Appendix 1
- b. Agrees that these updates will be reported to the Community Planning Partnership Board at its meeting on 25 June 2015.





3 Background

- 3.1 The Community Care, Health and Wellbeing Thematic Board sets targets for the Community Care, Health and Wellbeing Theme of the Renfrewshire Community Plan/ Single Outcome Agreement. The Board ensures that all partners work together to deliver agreed targets/outcomes to achieve the Community Care, Health and Wellbeing theme's long term vision: 'People have an increasing, healthy life expectancy and the quality of wellbeing and health inequalities between different communities are narrowed significantly'.

3.2 Community Care Health and Wellbeing is one of the key themes within Renfrewshire Community Plan, which was approved at the Scottish Government in August 2013. In order to achieve the Community Care Health and Wellbeing vision, the community planning partners have identified seven key outcomes which they aim to achieve by 2023:

- **Outcome 1:** Our residents will have an increasing life expectancy regardless of the community they live in.
- **Outcome 2:** Our residents will be valued and respected irrespective of age, physical disability or other needs.
- **Outcome 3:** Our residents will only use alcohol safely and appropriately.
- **Outcome 4:** Our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking.
- **Outcome 5:** Our residents will enjoy good mental health.
- **Outcome 6:** Our residents will get involved in activities and improve the health and wellbeing of their community.
- **Outcome 7:** Our residents will be supported to live independently as long as possible in their own homes and communities.

3.3 The impact measures that were 10% or more out with target red alert status from the Community Care Health and Wellbeing theme are outlined below:

Community Care Health and Wellbeing Indicators	Current Status	Year 1 Target	Year 1 Actual
Outcome 3. By 2023 our residents will only use alcohol safely and appropriately			
Reduction in the rate of alcohol related hospital admissions per 1000 population		8.9	10.5
Outcome 4. By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Reduction in the estimated prevalence of problem drug use amongst 15-64 year olds		1.86%	2.41%
Reduction in general, acute, inpatient & day case discharges with a diagnosis of drug misuse in any position 3 year rolling average rates per 100,000.		127	137
Outcome 7. By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Increase the percentage of local carers who feel supported to continue their caring role		86%	82%

3.4 Appendix 1 of the report provides an update on remedial actions; outlining progress achieved and provides details of the work which is ongoing to improve the performance of red alert indicators.

4 Resources

The Community Care Health and Wellbeing Action Plan identifies the resources requirements for each individual action.

5 Prevention

The work undertaken through the Community Care Health and Wellbeing Thematic Board helps to plan resources and direct investment towards prevention and early intervention.

6 Community Involvement/Engagement

The Action Plan has been developed through the Community Care Health and Wellbeing Thematic Board and sub groups whereby the third sector is widely represented.

For more information regarding this report, please contact Fiona MacKay, Community Planning Lead Officer on 0141 618 7656 or Sofija Tkacenko, Community Planning Intern on 0141 618 4168.

Appendix 1

Community Care, Health and Wellbeing

Impact Measure	Year 1 Target	Year 1 Actual	Remedial Action		
Outcome 3. By 2023 our residents will only use alcohol safely and appropriately					
Reduction in the rate of alcohol related emergency admissions aged 16 and over. Rolling year – crude rate per 1,000. The rate of 10.5 for 2013/14 equates to approx. 1,500 alcohol related emergency admissions per annum. This rate is for all Renfrewshire residents not just admissions to the RAH.	8.9	10.5 (2013/14)	The Community Care, Health and Wellbeing Board have agreed to make a response to the Licensing Board's consultation on overprovision in Renfrewshire. This will focus on the availability of alcohol from off sales premises in some of the areas of Renfrewshire where alcohol related health outcomes are particularly poor. The Board have also agreed to work towards a series of events in early June to raise awareness in communities of the impact of alcohol abuse. The aim is to encourage a healthier relationship in Renfrewshire with alcohol.		
Progress including action to date and milestones					
1. <u>Additional Data</u>					
	Dec 2012	Jun 2013	Dec 2013	Jun 2014	Dec 2014
Renfrewshire	10.4	9.7	10.0	10.9	10.7
Greater Glasgow and Clyde	10.6	10.0	10.1	10.4	10.1
The Young People’s Heath and Wellbeing Survey carried out in 2013 (5,500 S1-S6 pupils) showed that 51% never drink alcohol, increased from 40% in 2008.					
2. <u>Overprovision</u>					
A response was made in January 2015 to the Licensing Board’s consultation on overprovision in Renfrewshire. The response sought the expansion of the current on sales overprovision area in Paisley town centre, and this was supported by the Police. We also asked for an overprovision area on off sales to be designated in a number of areas in Renfrewshire where alcohol related health is poor and provision of outlets is high. The Board have yet to come to a conclusion on this consultation.					
3. <u>Alcohol Awareness Raising</u>					
The planning for the alcohol awareness week in Renfrewshire (15-19 th June) is progressing. There are three elements to BRAW (Brighter Renfrewshire Alcohol					

Impact Measure	Year 1 Target	Year 1 Actual	Remedial Action
<p>Awareness Week):</p> <ol style="list-style-type: none"> 1) A fund for local community groups to bid for to receive up to £500 to support BRAW activities. 16 groups have submitted successful bids. 2) Roadshows in each LAC during BRAW. 3) A showcase event on 19th June – street party in Abbey Close. <p>4. <u>Alcohol Brief Interventions</u></p> <p>Alcohol Brief Interventions (ABIs) are an evidence based intervention for moderate/non-problem drinkers. We have previously focused on delivering ABIs in primary care (680 delivered between April and December 2014). We are proposing to deliver ABIs at Clozapine clinics, depot clinics, stop smoking groups and Families First. All pregnant women are now routinely screened for drinking behaviour and given an ABI if appropriate.</p> <p>5. <u>Waiting Times for Services</u></p> <p>Since April 2011, Renfrewshire has shown a steady increase in performance for waiting times for alcohol services. The percentage of people waiting less than three weeks from referral to first treatment has grown from just under 70% in 2011 to around 90% in 2014. The last three quarters record 85.7%, 94.6%, 87.5%.</p> <p>6. <u>Addaction – Intensive Family Support Service</u></p> <p>Renfrewshire ADP, in partnership with Lloyds TSB Partnership Drugs Initiative, has commissioned Addaction (third sector partner) to provide an intensive support service to families (with children under the age of 8) affected by drugs and alcohol in Renfrewshire. The service will be delivered over seven days and will be delivered on an outreach basis offering a range of evidence based interventions such as relapse prevention, impact of parental substance misuse, harm reduction, confidence and self esteem building and anxiety and anger management.</p>			

Impact Measure	Year 1 Target	Year 1 Actual	Remedial Action
Outcome 4. By 2023 our residents will have improved positive healthy behaviours: eat healthier; be physically active; only use drugs as prescribed; and avoid or stop smoking			
Reduction in percentage of the estimated prevalence of problem drug use amongst 15-64 year olds. (As much of the problem drug using population is hidden, prevalence figures can only ever be estimates, combining data about the known population (e.g. those in contact with treatment services) and an estimate of the unknown population using capture/recapture methodology.)	1.86%	2.41%	<p>The reported prevalence rate of problem drug use in Renfrewshire has risen between 2009/10 and 2013/14, whilst the Scottish figure has fallen. There is some doubt about the accuracy of the 2009/10 figure for Renfrewshire, and recording has improved over the three year period, but Renfrewshire remains higher than the Scottish average of 1.68%.</p> <p>There are strong and clear links between poverty, deprivation, mental health and wellbeing, health inequalities, crime and drug and alcohol problems. Evidence shows that individuals are more at risk where there are low employment opportunities, poor personal resources and weak family and social networks. Addressing wider inequalities such as housing, income, education and health can play an important role in reducing drug misuse.</p> <p>Local work has focused on creating a 'system of care', addressing prevention, treatment and recovery:</p> <p>Prevention: Campaigns underway which aim to raise awareness include Cannabis and Overdose Prevention. The provision of a Safe Bus in the centre of Paisley during the run up to Christmas offered support to individuals who were intoxicated.</p> <p>Treatment: Waiting times for drug and alcohol services have reduced significantly. 98.5% of patients wait less than three weeks to be treated in alcohol services (target 91.5%). 98.0% of patients wait less than 3 weeks to be seen in drugs services (target 91.5%).</p> <p>Recovery: Initiatives such as the Sunshine Recovery Café, Network and the Addiction Worker Training Project aim to promote recovery and help individuals to move into training and employment.</p> <p>The Outcomes Star Tool was implemented in all drug and alcohol services to assist the Alcohol and Drug Partnership to evidence change. Most recent findings from the tool show that service users have demonstrated improvement in a number of key dimensions.</p>
Reduction in general, acute, inpatient & day case discharges with a diagnosis of drug misuse in any position 3 year rolling average rates per 100,000.	127	137	
Progress including action to date and milestones			
<p>1. <u>Additional Data</u> The Young People's Health and Wellbeing Survey carried out in 2013 (5,500 S1-S6 pupils) showed that 10% had ever taken illegal drugs, reduced from 17% in 2008.</p> <p>2. <u>Future Action</u> Give the wide range of activity taking place in this area (described above) it is proposed that a stocktake event is planned to review effectiveness and impact of each intervention.</p>			

Impact Measure	Year 1 Target	Year 1 Actual	Remedial Action
Outcome 7. By 2023 our residents will be supported to live independently for as long as possible in their own homes and communities			
Increase the percentage of local carers who feel supported to continue their caring role	86%	82%	This indicator is a self reported measure from a small survey of carers. The Community Care, Health and Wellbeing Board is seeking new ways to engage more effectively with carers to understand how we can better support them in their important role and encourage professionals to identify and direct carers to the services available.
Progress including action to date and milestones			
The partnership is making good progress with implementing the SDS Act. We envisage that access to personal budgets and an outcomes approach to care planning will assist service users and carers to exercise more choice and control over their care arrangements and better tailor them to meet their individual circumstances.			