

## Notice of Meeting and Agenda

### Joint Renfrewshire Licensing Forum and Licensing Board.

Date	Time	Venue
Wednesday, 18 November 2020	14:00	Remotely by MS Teams,

KENNETH GRAHAM  
Head of Corporate Governance

### Membership

Representing Renfrewshire Licensing Forum

Colette Cardosi; Colin Dickson; Margaret Dymond; Shirley McLean; Piero Pieraccini; Donna Reid; Ian Robertson.

Representing Renfrewshire Licensing Board

Councillor Jennifer Adam-McGregor; Councillor Bill Brown; Councillor Michelle Campbell; Councillor John Hood; Councillor Scott Kerr; Councillor Marie McGurk; Councillor Kevin Montgomery; Councillor Andy Steel; Councillor Jane Strang.

### Chair

M Dymond, Convener.

## **Recording of Meeting**

This meeting will be recorded for subsequent broadcast via the Council's internet site. If you have any queries regarding this please contact Committee Services on 0141 618 7103. To find the recording please follow the link which will be attached to this agenda once the meeting has concluded. Please note that only meetings of the Licensing Forum from 9 September 2020 onward have been recorded for broadcast.

## **Apologies**

Apologies from members.

## **Declarations of Interest**

Members are asked to declare an interest in any item(s) on the agenda and to provide a brief explanation of the nature of the interest.

## **Items of business**

- |           |   |                |
|-----------|---|----------------|
| <b>1</b>  | <b>Minute of previous meeting</b>   | <b>1 - 6</b>   |
|           | Minute of previous meeting held on 9 September 2020.  |                |
| <b>2</b>  | <b>Matters Arising</b>  |                |
| <b>3</b>  | <b>Police Scotland Update</b>   |                |
|           | Verbal report by Police Scotland representative on local licensing issues.  |                |
| <b>4</b>  | <b>Licensing Standards Officer - Update</b>   |                |
|           | Verbal report by the Licensing Standards Officer on local licensing issues.   |                |
| <b>5</b>  | <b>Alcohol Focus Scotland</b>   |                |
| <b>5a</b> | <b>Newsletter - July 2020</b>   | <b>7 - 12</b>  |
|           | E Newsletter - July 2020  |                |
| <b>5b</b> | <b>Newsletter - September 2020</b>  | <b>13 - 22</b> |
|           | E-newsletter - Srptember 2020.  |                |
| <b>5c</b> | <b>Newsletter - October 2020</b>  | <b>23 - 30</b> |
|           | E-newsletter - October 2020.  |                |
| <b>6</b>  | <b>Licensing Issues</b>   |                |
|           | General discussion between the Licensing Board and the Licensing Forum on licensing issues                                    |                |
| <b>7</b>  | <b>Date of Next Meeting</b>   |                |
|           | Members are asked to note that the next meeting of the Licensing Forum is scheduled for Wednesday 3 February 2021 at 2.00 pm. |                |



## Minute of Meeting Renfrewshire Licensing Forum.

Date	Time	Venue
Wednesday, 09 September 2020	14:00	Remotely via MS Teams,

### Present

C Cardosi, C Dickson, M Dymond, S McLean, D Reid, I Robertson and E Smith.

### Chair

M Dymond, Convener, presided.

### In Attendance

D Campbell, Assistant Managing Solicitor (Licensing) and P Shiach, Committee Services Officer Renfrewshire Council (both Renfrewshire Council).

### Apology

P Pieraccini.

### Declarations of Interest

There were no declarations of interest intimated prior to the commencement of the meeting.

## **1 Minute of Previous Meeting**

There was submitted the Minute of the previous meeting of the Renfrewshire Licensing Forum held on 5 February 2020.

**DECIDED:** That the Minute be approved.

## **2 Matters Arising**

It was noted that there were no matters arising from the previous Minute.

## **3 Licensing Standards Officer - Update**

C Dickson, Licensing Standards Officer (LSO), provided an update in relation to licensing activity undertaken since February 2020.

He advised that visits had stopped on 16 March as a result of the COVID-19 pandemic, and that 34 compliance visits had been undertaken. There had been no revisits or enquiries.

The Forum was advised that an additional visit had been undertaken on 27 May 2020 following the issue of a Section 14 Failure to Comply notice in terms of a partial premises licence fee.

The LSO provided figures in terms of the number of premises currently licenced as under: -

On sales 101  
On/off sales 196  
Off sales 144  
Total 441

The Licensing Standards Officer indicated that COVID-19 had been the biggest issue being dealt with prior to Phase 2 of the lockdown. Premises managers and agents had submitted requests to undertake deliveries, however these could only be undertaken if deliveries had been included previously in their operational (business) plans. Some premises managers were now considering including these in their operational plans however this would involve their having to submit major variation applications. He indicated that phase 2 of lockdown had also led to a significant rise in applications for occasional licences for external drinking areas at licensed premise, with car parks being converted into beer gardens.

The Licensing Standards Officer was then heard in answer to questions from Forum members on the content of the report.

**DECIDED:** That the update be noted.

## **4 Police Scotland Update**

I Robertson, Police Scotland, provided a verbal update on local licensing issues which had arisen since the last meeting of the Forum on 5 February 2020.

He indicated that during lockdown officers from K-Division had worked closely with officers from the Council's Trading Standards services. He advised that following the Scottish Government decision to allow licensed premises to facilitate external drinking area at licensed premises, Police Scotland had been inundated with the relevant applications.

Sergeant Robertson advised that 331 inspections had been undertaken with 54 incidents relating to social distancing or anti-social behaviour. He indicated that the policy of Police Scotland at this time was to encourage compliance rather than enforcement.

Sergeant Robertson was then heard in answer to questions from Forum members on the content of the report.

**DECIDED:** That the report be noted.

## **5 Alcohol Focus Scotland**

(a) E Focus Newsletter – February 2020

There was submitted the Alcohol Focus Scotland newsletter for February 2020.

The newsletter provided information on evidence which demonstrated that alcohol advertisements led to youth drinking; the effect of alcohol duty on the poor; the global alcohol Policy Conference 2020; the cross-party group #scothealth2021; research; training; and events.

**DECIDED:** That the newsletter be noted.

(b) E Focus Newsletter – April 2020

The Clerk advised that the April 2020 would be circulated to members for information.

**DECIDED:** That the information be noted.

(c) E Focus Newsletter – August 2020

The Clerk advised that the April 2020 would be circulated to members for information.

**DECIDED:** That the information be noted.

## **6 Licensing of Additional Outdoor Drinking Area**

There was submitted a report by the Clerk to the Licensing Board providing information in relation to licensing applications for new external drinking areas at licensed premises.

The report indicated that in the months leading up to 6th July 2020, licensed premises were unable to operate as a result of restrictions set out in the Health Protection (Coronavirus) (Restrictions) (Scotland) Regulations 2020. These restrictions were eased to allow outdoor drinking areas to operate with effect from that date, with the

rules being further eased to allow the operation of indoor areas from 15th July 2020. Both outdoor and indoor areas continue to be subject to strict social distancing and other health protection requirements. These restrictions are enforced by the Council's Environmental Health and Trading Standards teams, working with officers in Licensing and Police Scotland as required.

The report advised that in anticipation of the above relaxations to the rules, the Council's licensing officers engaged extensively with licence holders enquiring about obtaining occasional licences for external drinking areas (or additional areas). A standard response was developed advising of the regulatory processes licence holders were required to follow and a procedure was agreed with officers in the Roads team to simplify the process for applicants and avoid them having to submit separate applications for licences and road occupation permits. The Council's licensing team also widened the consultation on these applications and arrangements were made to refer contentious licence applications to Members of the Licensing Board. These arrangements were made to ensure a balance between the interests of the licensed trade and the interests of the local community, particularly neighbouring residents.

The report indicated that to date, a total of 24 licensed premises have obtained occasional licences for outdoor drinking areas, or additional such areas. These premises were located throughout Renfrewshire as follows:

- Paisley 11
- Johnstone 1
- Bishopton 3
- Erskine 3
- Houston 3
- Linwood 0
- Inchinnan 1
- Bridge of Weir 1
- Renfrew 1
- Total 24

The report advised that a further three premises had applications for occasional licences for new outdoor areas pending. These premises were in Paisley, Renfrew and Bishopton. A further 13 premises had made enquiries with the Licensing team in the period from July to date, but these enquiries had not yet resulted in a licence application. Recent trends, as monitored by teams across the Council, were that levels of interest and activity in establishing outdoor trading arrangements had now peaked.

The Assistant Managing Solicitor (Licensing) was then heard I answer to questions from the Forum on the content of the report.

**DECIDED:** That the report be noted.

## **7 Proposed Future Meetings of the Forum**

There was submitted a report by the Clerk relative to proposed arrangements for meetings of the Forum until May 2021.



The report advised that in terms of the Constitution approved at the meeting of the Forum held on 2 October 2007, there was a requirement for the Forum to meet no less than four times per year and for one of these meetings to be a joint meeting with Renfrewshire Licensing Board.

It has been the custom and practice that the Forum meet on a quarterly basis, with meetings being held during February or March, April or May, August or September and October or November.

The report proposed that meetings of the Forum be held on:-

Wednesday 18 November 2020  
Wednesday 3 February 2021, and  
Wednesday 26 May 2021.

**DECIDED:** That the proposed dates for future meetings until May 2021, as detailed in the report, be approved.



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reducing harm caused by alcohol



**eFocus July 2020**

## news

### Survey shows Scots lockdown drinking rise caused by stress

A new survey from Alcohol Focus Scotland and Alcohol Change UK found that over a quarter (27%) of people in Scotland were drinking more than usual during lockdown.



Worryingly this figure increases to a third for those drinking at higher levels before lockdown (33% of those drinking seven or more units on a single occasion).

For those drinking more than usual, more than half (51%) said this has been a way to handle stress or anxiety, while around one fifth of all respondents cited dealing with stress as a reason for drinking. [Read more.](#)

## Victory for public health as Australian ministers agree to visible pregnancy warning

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Earlier this month, Australian food ministers prioritised people's safety and health by agreeing to a visible pregnancy health warning on alcohol products.

Ministers agreed to the recommendation of Food Standards Australia New Zealand (FSANZ) of a red, black and white warning, with the wording 'pregnancy warning'.

Almost four thousand community leaders and advocates as well as more than 180 community, health, medical and research organisations joined the successful campaign to persuade ministers to put health before the industry's profit. [Read more.](#)

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## Alcohol and public health in the time of a pandemic – new report from the Institute of Alcohol Studies

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Over the past few months there have been reports of increased supermarket spending on alcohol, but it is not yet known how overall alcohol sales have changed throughout this period.

In addition to ongoing research and data collection, a number of surveys have been carried out specifically on the issue of drinking during the pandemic.

[This briefing](#) from the Institute of Alcohol Studies summarises the emerging evidence base on changes in UK alcohol consumption during the lockdown, by bringing together findings from different sources.

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## Working Together FASD service mapping

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In recent years, Scotland has begun to recognise, diagnose and support those living with or affected by Fetal Alcohol Spectrum Disorders (FASD) and the landscape of FASD specific services is changing as a result.

Adoption UK and the FASD hub are looking to gather information about services offering support or care to people with FASD. They are keen to identify new ways in which they can assist to drive the national roll out of services in a way that ensures everyone has access to the advice and information they require. You can [add your service details](#) to the FASD Hub online directory before Friday 31st July 2020.



A blue banner for a survey. On the left, the text reads: 'help us to help others' in small white font, followed by 'Survey to map services' in large white font. Below this, it says 'To enable your service details to be included in an online directory please complete our online survey by Friday 31 July 2020' in white font. At the bottom left, the URL 'https://www.surveymonkey.com/r/FASDmapping' and hashtags '#FASD #prenatalalcohol exposure #FASDworkingTogether' are listed in white. On the right, there is a yellow megaphone icon and a logo for 'FASD hub Scotland' which includes three interlocking gears in blue, green, and orange.

help us to help others

open now - closes on 31 July

# Survey to map services

To enable your service details to be included in an online directory please complete our online survey by Friday 31 July 2020

<https://www.surveymonkey.com/r/FASDmapping>  
#FASD #prenatalalcohol exposure #FASDworkingTogether

FASD hub Scotland

## New WHO report on alcohol pricing

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According to a new WHO Europe report, "Alcohol pricing in the WHO European Region", increasing the prices that consumers pay for alcohol is one of the most cost-effective tools available for policy-makers looking to reduce alcohol consumption and associated harm.

The report highlights minimum unit pricing (MUP) as an approach that can reduce both alcohol consumption and health inequalities. It describes initial evidence from Scotland as "promising" in terms of cutting alcohol consumption, but stresses that over time "inflation may erode the effective level at which the MUP is set". [Read more](#)

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## training

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**Alcohol Focus Scotland has temporarily suspended all of our training courses. If you had training booked with us, we will be pleased to offer you a place on a future course once government advice permits. If you have any queries please [get in touch with our training team](#).**

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### Alcohol Focus Scotland learning opportunities

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Learning and development is an integral part of our work at Alcohol Focus Scotland. Our wide range of evaluated training courses can help people understand, manage and prevent the harm caused by alcohol. We can provide training for

- People working in the licensed trade and in the regulation of licensing
- Early years workers, teachers and others working with children and young people affected by a family member's drinking
- Employers who want to raise awareness of and manage alcohol/drug issues in the workplace
- People in a professional or personal role caring for someone affected by alcohol

To find out more about our diverse learning opportunities visit our [website](#), and read our [Learning Brochure](#).

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## events

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### Alcohol workshops, seminars and conferences

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Are you organising an alcohol-related workshop, seminar or conference? Please let us know and we can help you promote it here in eFocus and on the AFS website.



Alcohol Focus Scotland, 166 Buchanan St, Glasgow G1 2LW  
tel. 0141 572 6700 email. [enquiries@alcohol-focus-scotland.org.uk](mailto:enquiries@alcohol-focus-scotland.org.uk)  
[www.alcohol-focus-scotland.org.uk](http://www.alcohol-focus-scotland.org.uk)



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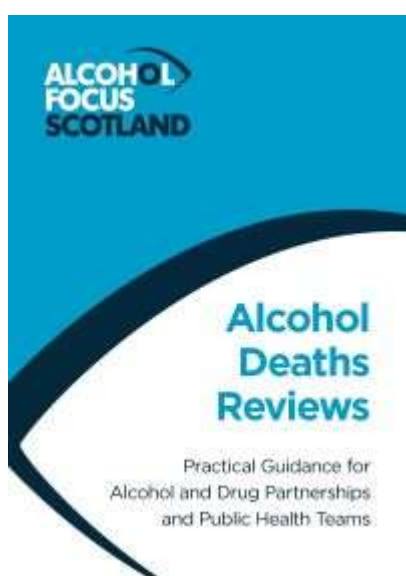
reducing harm caused by alcohol



## eFocus September 2020

### news

#### Alcohol Focus Scotland publishes deaths review guidance



The launch of our Alcohol Deaths Review Guidance for ADPs and Public Health teams took place on September 24th, with an excellent turnout from around the country. We were pleased to welcome Joe FitzPatrick, Minister for Public Health, Sport and Wellbeing to speak at the event where he encouraged local teams to make use of the guidance and AFS's project support.

The guidance is the result of 12 months of research with previous review teams, and for the first time establishes a method for reviewing which can be implemented around the country, cutting the time for reviews from 3 years to 12-18 months.

Ongoing project support is available from Simon Jones, at introductory meetings and through the Alcohol Deaths Researchers' Network, please contact [Simon](#) for more information. [Read the guidance.](#)

## Leading health charities call for action in Scotland

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Working with other charities in Scotland, we're calling for all political parties to commit to take actions that could save thousands of lives from preventable diseases.

During September's Global Week for Action on NCDs (non-communicable diseases), a joint letter from ten of Scotland's leading health charities called for all political parties to commit to the measures necessary to tackle these conditions – including heart disease, cancer, stroke and chronic lung conditions – that cause around two thirds of all deaths in Scotland.



We believe many of these deaths and lost healthy years of life are preventable through addressing modifiable and societal risk factors. Official statistics estimate that each year around 14,000 deaths in Scotland could be prevented through public health interventions.

As a collective, we have set out a series of priorities to tackle three of the biggest risk factors that affect people today – tobacco use, alcohol consumption and unhealthy diets – to improve the health of everyone in Scotland. [Read more.](#)

## Commission on Alcohol Harm: MPs and peers call on Government to urgently address Britain's alcohol harm crisis

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The independent Commission on Alcohol Harm was set up by alcohol health experts and UK Parliamentarians to examine the full extent of alcohol harm across the UK. In its [final report](#), the Commission outlines recommendations for reducing harm and calls for a new comprehensive alcohol strategy for England.

The report was launched at an online event hosted by the Alcohol Health Alliance UK. Speakers included SFAD volunteer Beverly who said, "After reading the report, I see that there are thousands of families like mine out there."

Help support the recommendations of the Commission by sharing the report with your MP [now](#).

## NICE Guidelines: Surveillance or Support?

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NICE's consultation on new guidance on preventing Fetal Alcohol Spectrum Disorders (FASD) has made headlines, with disagreement on whether health data can and should be shared. How can we ensure people with FASD get support while

supporting women's health? [Read more in this blog post.](#)

## Fetal Alcohol Spectrum Disorder (FASD) Awareness Day

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Ahead of Fetal Alcohol Spectrum Disorders (FASD) Awareness Day AFS created resources to raise awareness of FASD and signpost families and professionals to sources of support. The resources were widely shared by ADPs, Public Health teams and other professionals.



The same week the Scottish Parliament held a debate on recognising FASD proposed by Kenneth Gibson MSP following a meeting of the Cross Party Group on Improving Scotland's Health in February where FASD was discussed. AFS contributed a briefing to MSPs in advance of the debate, highlighting the work of the NHS Ayrshire and Arran FFAST team and the FASD Hub Scotland which supports families. Many members participated in the debate and helped raise the profile of the condition, and we are now examining how we can lend support to people working in this area in the coming months. [Watch the debate.](#)



*Kenneth Gibson MSP opened the debate in the Scottish Parliament on recognising FASD.*

## SHAAP launches new 'Rural Matters' report

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SHAAP's new *Rural Matters* report presents findings on the cultural and social context of drinking in rural areas and barriers to accessing services in rural Scotland, from a qualitative research study undertaken from 2019-2020. It draws on evidence from a literature review, as well as five community consultations and 25 semi-structured interviews conducted with healthcare and service providers, individuals with lived experience of alcohol harm, young people and family members of people with alcohol problems, living and working in remote and rural Scotland. Based on this evidence the report makes clear recommendations for research, policy and practice. [Read the report.](#)

## United Nations Convention on the Rights of the Child (Incorporation) (Scotland) Bill

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AFS warmly welcomes the introduction of a Bill to incorporate the UN Convention on the Rights of the Child (UNCRC) into Scots law. We believe this is a significant moment in realising our vision of ensuring all children and young people growing up in Scotland have their human rights respected, protected and fulfilled.



We know from international experience that incorporation encourages a culture change in which children and young people are better valued and respected. In uncertain times like these, the importance of legal protections for children and young people's human rights is more evident than ever. As a member of Together (Scottish Alliance for Children's Rights), AFS signed a [joint letter to MSPs](#) in support of the Bill and we will continue to monitor developments as the Bill is considered by the Scottish Parliament.

The Bill can be [viewed here](#) alongside its accompanying documents.

### **Scottish Parliament's Finance and Constitution Committee call for for views on the UK Government's Internal Market Bill**

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The Finance and Constitution Committee has called for views to inform its scrutiny of the UK Government's Internal Market Bill, which is currently going through the House of Commons.



The Bill sets out to create an internal market for the UK, following the UK's exit from the EU. AFS responded to the Committee's request for views, on the area of the operation of the internal market. We stressed our concern that the Bill would substantially undermine devolved regulatory autonomy and limit the ability of devolved governments to implement measures to improve public health. We also highlighted the potential for the Bill's market access principles to impact public health policies such as minimum unit pricing and alcohol labelling. [Read our response.](#)

## research

### > **Dark Nudges and Sludge in Big Alcohol: Behavioral Economics, Cognitive Biases, and Alcohol Industry Corporate Social Responsibility**

'Nudges' steer people toward certain options but also allow them to go their own way. "Dark nudges" aim to change consumer behaviour against their best interests. "Sludge" uses cognitive biases to make behaviour change more difficult. Researchers systematically searched websites and materials of alcohol industry (AI)-funded corporate social responsibility (CSR) organisations (e.g., IARD, Drinkaware, Drinkwise, Éduc'alcool). These examples were coded by independent raters and categorized for further analysis. The study identified dark nudges and sludge in alcohol industry CSR materials which undermine the information on alcohol harms that they disseminate, and may normalise or encourage alcohol consumption. Researchers suggested that policymakers and practitioners should be aware of how dark nudges and sludge are used by the alcohol industry to promote misinformation about alcohol harms to the public. [Read the paper.](#)

### > **Signalling Virtue, Promoting Harm: Unhealthy commodity industries and COVID-19**

This report offers a preliminary analysis of results from a crowdsourcing project mapping unhealthy commodity industry actions around the world in response to

COVID-19. Respondents to an online survey contributed 786 submissions describing industry activities in over 90 countries. The report outlines four broad categories of strategic responses evident in multiple countries and across diverse industries: adapting marketing and promotion of product; corporate social responsibility and philanthropy; pursuing partnerships and collaborations; and shaping policy environments. The actions outlined in this report raise concerns about the prospect of a corporate capture of COVID-19 in which the involvement of unhealthy commodity industries in the pandemic response risks directing public policy efforts away from broader health and social goals and towards the entrenchment of industry interests. This highlights the importance of continuing to monitor their corporate political activity around COVID-19 if the potential to build back better is to be realised. [Read the report.](#)

## training

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### Alcohol Focus Scotland learning opportunities

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Learning and development is an integral part of our work at Alcohol Focus Scotland. Our wide range of evaluated training courses can help people understand, manage and prevent the harm caused by alcohol. We can provide training for

- People working in the licensed trade and in the regulation of licensing
- Early years workers, teachers and others working with children and young people affected by a family member's drinking
- Employers who want to raise awareness of and manage alcohol/drug issues in the workplace
- People in a professional or personal role caring for someone affected by alcohol

To find out more about our diverse learning opportunities visit our [website](#), and read our [Learning Brochure](#).



## events

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### Working with the whole person: Alcohol, mental health and complex needs

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#### **Alcohol Change UK's first online interactive conference**

**> Wednesday 2 December and Thursday 3 December 2020**

Alcohol misuse is often just one symptom of the complex challenges someone faces in their life. Drinking may be a means to cope with underlying trauma or ongoing mental distress. It may bring its own problems with it, such as low mood and impaired cognition.

To consider complex needs and solutions Alcohol Change UK is gathering together a multidisciplinary group of academics, practitioners, and people with lived experience, to help us all work towards interventions that support the whole person. [Find out more and book your place.](#)

#### **Alcohol workshops, seminars and conferences**

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Are you organising an alcohol-related workshop, seminar or conference? Please let us know and we can help you promote it here in eFocus and on the AFS website.



Alcohol Focus Scotland, 166 Buchanan St, Glasgow G1 2LW  
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reducing harm caused by alcohol



eFocus October 2020

## news

### Working together on alcohol labelling



Public awareness of alcohol harm is limited with over half of people unaware that alcohol causes cancer. Similarly, awareness of the Chief Medical Officers' low-risk drinking guidelines is low with 80% of people unaware that both men and women should consume no more than 14 units per week. Alcohol - like sugary drinks, sweets and crisps - is an entirely discretionary product which cannot be recommended as part of a healthy diet. It provides 'empty' calories that can contribute to obesity.

Earlier this month Alcohol Focus Scotland chief executive Alison Douglas presented to the Food Standards Scotland (FSS) board, highlighting the anomalous way in which alcohol continues to be treated by regulators, despite its status as a discretionary product and high levels of consumption and harm in Scotland. As the body responsible for implementing and monitoring Scottish and

EU food, FSS can play an important role in protecting and promoting the consumer's right to know about the impact of alcohol consumption on health and in supporting people to make healthier choices. AFS's paper suggests specific ways in which FSS might strengthen its contribution to protecting the rights of consumers, such as working with the Scottish Government to ensure effective and well-aligned policies on alcohol and diet/obesity and to develop a comprehensive approach to alcohol labelling. [Read the paper.](#)

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## **Better alcohol labelling – A way to boost awareness of the risk between alcohol and cancer?**

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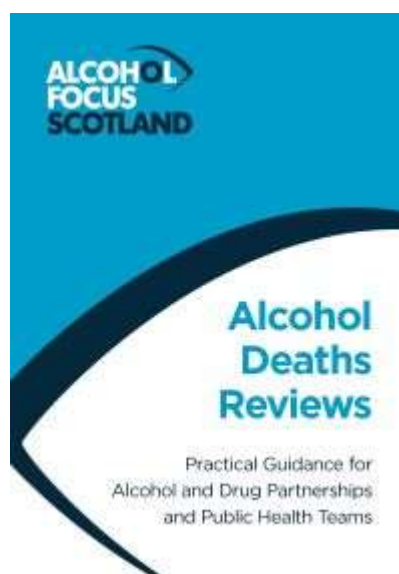
Guest blogger, Ben Chiu, Policy Manager (Prevention & Health Services, Devolved), at Cancer Research UK, highlights the link between alcohol and cancer, and why we need to encourage the UK and devolved governments to consider requiring alcohol products to contain information to help consumers understand what is in their drinks. [Read the blog.](#)

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## **Alcohol Deaths Review support**

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After launching our Alcohol Deaths Review Guidance for ADPs and NHS Public Health teams, we are now offering ongoing project support to teams around the country as they examine how they can take forward alcohol death reviews in their area. Simon Jones is happy to discuss any aspect of the guidance or process around death reviews if you would like, you can contact him at [simon.jones@alcohol-focus-scotland.org.uk](mailto:simon.jones@alcohol-focus-scotland.org.uk) or 0141 572 6593.



You can find out more about the Alcohol Deaths Review Guidance on the [AFS website.](#)

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## Consultation Response: UNCRC (Incorporation) (Scotland) Bill

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In October Alcohol Focus Scotland responded to the Equality and Human Rights Committee consultation on the United Nations Convention on the Rights of the Child (Incorporation) (Scotland) Bill.

AFS believes that the UNCRC (Incorporation) (Scotland) Bill has the potential to help realise the rights of children and young people in Scotland:

- The UNCRC has provisions to protect children and youth from alcohol marketing.
- Including licensing boards within the scope of UNCRC duties could support and encourage good practice within the licensing system.
- Incorporation could help ensure that children's rights and needs are routinely examined in partnership with them in all forms of care, including addictions support.

[Read the response.](#)

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## research

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### > **Global burden of 87 risk factors in 204 countries and territories, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019**

Analysis of levels and trends in exposure to leading risk factors and of their effect on human health are important to identify where public health is making progress, and in which cases current efforts are inadequate. The Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) 2019 provides a comprehensive

assessment of the magnitude of risk factor exposure, relative risk, and attributable burden of disease. In 2019, as in 1990, alcohol use is the leading risk factor for death, disability and ill health globally for people aged 25-49 years old. [Read the paper.](#)

#### > **The Scottish Diet - It needs to change 2020 update, Food Standards Scotland**

This report by Food Standards Scotland shows that there continues to be a lack of progress towards the Scottish Government dietary goals and improving obesity and diet related poor health. We continue to buy a lot of discretionary foods and drinks, such as confectionery, cakes, biscuits, pastries, savoury snacks, sugary drinks and alcohol from shops and supermarkets, and these tend to be heavily promoted. It highlights that for drinkers, alcohol contributes to 9% of calorie intake and notes the UK CMOs' advice that regular drinkers should not exceed 14 units per week to keep their health risks low. [Read the report.](#)

## training

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### **SQA Updated Scottish Certificate for Personal Licence Holder Qualifications – 1 December 2020**

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The updated Scottish Certificate for Personal Licence Holders (SCPLH) and Scottish Certificate for Personal Licence Holders Refresher (SCPLHR) qualifications will be available from accredited Awarding Bodies, including Alcohol Focus Scotland from 1 December 2020.



Alcohol Focus Scotland contributed to the working group which considered the content of the qualifications alongside the licensed trade, awarding bodies, training providers, Police Scotland, local authorities, and other licensing experts.

The revised qualifications covers both the initial course, SCPLH at SCQF Level 6, and the refresher course, SCPLH (Refresher) at SCQF Level 6, will be accredited by SQA Accreditation and replace the current qualifications.

For more information, visit the [Alcohol Focus Scotland website](#) or contact our [training team](#).

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## events

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### Working with the whole person: Alcohol, mental health and complex needs

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**> Wednesday 2 December and Thursday 3 December 2020**

Alcohol misuse is often just one symptom of the complex challenges someone faces in their life. Drinking may be a means to cope with underlying trauma or ongoing mental distress. It may bring its own problems with it, such as low mood and impaired cognition.

To consider complex needs and solutions Alcohol Change UK is gathering together a multidisciplinary group of academics, practitioners, and people with lived experience, to help us all work towards interventions that support the whole person. [Find out more and book your place.](#)

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## Think about Drinking' – with the British Liver Trust

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### > Tuesday 17<sup>th</sup> November at 11am – 12:30pm.

As part of Alcohol Awareness week this November, the British Liver Trust Scotland and Wales teams are hosting a 'Think about Drinking' virtual awareness event.

The event will include:

- An overview of the work of the British Liver Trust
- An explanation of how alcohol affects the liver
- Discussions around stigma and accessing support
- Conversations about the benefits of support groups for people affected by alcohol -related liver disease
- Explore improving our community engagement
- Signposting and contact details

For anyone interested in attending, please

contact [gillian.macleod@britishlivertrust.org.uk](mailto:gillian.macleod@britishlivertrust.org.uk) - a link to register for the event will then be sent out.

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## Alcohol workshops, seminars and conferences

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Are you organising an alcohol-related workshop, seminar or conference? Please let us know and we can help you promote it here in eFocus and on the AFS website.

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Alcohol Focus Scotland, 166 Buchanan St, Glasgow G1 2LW  
tel. 0141 572 6700 email. [enquiries@alcohol-focus-scotland.org.uk](mailto:enquiries@alcohol-focus-scotland.org.uk)

[www.alcohol-focus-scotland.org.uk](http://www.alcohol-focus-scotland.org.uk)

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