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**To: North Strathclyde Community Justice Authority**

**On: 12th June 2015**

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**Report by: Janine Ryan, Action for Children**

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**Heading: BAFC Moving On PSP**

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## **1. Summary**

- 1.1 Moving On works with young males aged 16 – 21 to support them in their transition from Polmont YOI to the community. As a through care support, mentors engage with the young people in prison, building relationships, assessing need and facilitating successful reintegration whilst working towards achieving a positive destination, whether that be education, training or employment. The service aims to address the factors affecting the offending behaviour and reduce non return to custody. The focus is on providing intensive work; staffing and resources are available without the constraints of a short timescale and positive outcomes are achievable and sustainable.
- 1.2 During the past two years of the RRCF funding, the service has worked with 223 young people. 137 of the service users live within the NSCJA catchment (84 Renfrewshire – 53 Inverclyde).

## **2. Recommendation**

- 2.1. Members are asked to note the content of this report.

## **3. Background**

- 3.1 Moving On staff use a range of approaches to support young men including meeting one-to-one, delivering group programmes, facilitating pro-social activities (e.g. gym, football, cooking), and signposting to relevant community supports.

This support is provided during normal office hours and also during evenings and weekends. The service also provides a 24/7 on-call line to support young men during crisis periods.

Over the past year the following modules/activities have been delivered:

- Changes (cognitive behaviour course challenging behaviour and attitude to offending)
- Risk programme (cognitive behaviour course exploring risky behaviour and consequential thinking)
- Personal and social development programme
- Employability skills (employment focused programmes and surgeries)
- Cook club (healthy eating course)
- Gym (healthy lifestyle/fitness courses)
- MMA (mixed martial arts course)
- Planning and preparation for Yes Chef (chef skills, budgeting, fundraising)
- Healthy Mind/Healthy Body (group work followed by physical activity)
- Your Voice – debating social issues
- Social activities
- Art programmes
- Outdoor education (hillwalking, fishing)
- Dads in Action
- One to one intervention and support (social and health issues – Stage 2 barrier removal)
- Airborne Residential
- Outward Bound residential
- Duke of Edinburgh Award Scheme

### 3.2 SPS Offender Outcomes

Moving On has contributed to achievement of the following SPS Offender Outcomes:

- Sustained or improved physical and mental well-being including reduced or stabilised substance misuse (72% met)
- Maintained or improved relationships with families, peers and the community (79% met)
- Increased ability to access and sustain community support, for example personal development, financial advice, education, employability, drug and alcohol (88% met)
- Reduction of offending behaviour (74% met)
- Ability to access and sustain suitable accommodation (83% met)

#### Community Outcomes

Geographic Area	Target engagement post liberation (90%)	Target non-return to custody rate (75%)	Target positive destination (65%)
Inverclyde	94%	98%	77%
Renfrewshire	97%	88%	46%

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## 4. Implications of the Report

### 4.1 Equality & Human Rights

The Recommendations contained within this report have been assessed in relation to their impact on equalities and human rights. No negative impacts on equality groups or potential for infringement of individuals' human rights have been identified arising from the recommendations contained in the report because it is for noting only. If required following implementation, the actual impact of the recommendations and the mitigating actions will be reviewed and monitored, and the results of the assessment will be published on the Authorities website.

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Author Janine Ryan, [janine.ryan@actionforchildren.org.uk](mailto:janine.ryan@actionforchildren.org.uk), Telephone 01563 572479



## BAFC Transitional Support for Young Male Offenders - Logic Model

A Public Social Partnership between Action for Children and Barnardo's Scotland with North Strathclyde, South West Scotland and Northern Community Justice Authorities and East Ayrshire, The Highland, Inverclyde and Renfrewshire Councils

Activities What happens in our organisation?	Outputs What are the tangible products of our activities?	Short-Term Outcomes What changes do we expect to occur within the short term? (Up to 1 year)	Intermediate Outcomes What changes do we want to see occur after that? (1-2 years)	Long-term and national impact What changes do we hope to see in Scotland over time? (3 years or more)
Identify referrals which meet the criteria of the service	Young person is motivated to engage with service	Increased engagement in prosocial activities and reduced social isolation	Reduction in offending outcomes	We have strong, resilient and supportive <a href="#">communities</a> where people take responsibility for their own actions and how they affect others
Link with young person in prison; begin to develop relationship; assess needs	Young person is motivated to address their behaviour	Increase engagement with other interventions	Improvement in mental, social and physical health	
Develop a support plan to address the assessed needs	Young person attends support services and demonstrates routine	Increased employment skills	Improvement in ability to access and sustain community supports	We live our lives safe from <a href="#">crime</a> , disorder and danger
Provide activity based programmes targeting	Builds confidence and self esteem	Structured support relating to mental, social and physical health	Improvement in ability to access and sustain suitable accommodation	We live longer, <a href="#">healthier lives</a>

physical, social and emotional wellbeing	Improved relationships with others	Reduced vulnerability in the community	Improvement in ability to access and engage with employment, training or education	We have improved the life chances for <a href="#">children, young people and families</a> at risk
Provide behaviour change groupwork programmes	Reduced/safer drug or alcohol use	Reduced risky behaviour	Improvement in ability to form and maintain supportive relationships	Our <a href="#">young people</a> are successful learners, confident individuals, effective contributors and responsible citizens
Provide ongoing mentor support throughout the young person's journey through the service	Access to safe accommodation		Increased integration with community	
	90 % Engagement rates post liberation		Improvements in the attitudes or behaviour which lead to offending and greater acceptance of responsibility in managing behaviour	We have tackled the significant <a href="#">inequalities</a> in Scottish society
	75% Non-return to custody rates			
	65% Positive destination rates			