

Families First core teams in Foxbar, Gallowhill and Johnstone

Leadership Board 30 November 2016

Janyce Graham and Kelly McGarvey

Walking with Families approach

- Fast response
- One-stop service
- Time to build relationships and trust
- Visible profile in the community
- High percentage of self referrals
- Supported / guided / independent
- Universal service
- Social capital

Families First teams

started April 2016

Locality	Referrals	Income Generated
Foxbar	65	£106,313
Gallowhill	83	£179,156
Johnstone	135	£442,476
Total	283	£727,945

Groups and Drop in sessions

Foxbar	Cookery classes, Adult Seasons for Growth, ROSPA, Bedtime story club, Wake up, Shake up music programme, Christmas activity sessions, Heart Start and Baby / Infant First Aid
Gallowhill	Weekly drop-in services, Theraplay and 8 week programme with St. Catherine's / Gallowhill Nurseries – Bookbug, Mindfulness, cooking on a budget
Johnstone	Baby massage, FAST, Foodbank drop in service, Wellbeing group, October family activities programme, Knit and Natter, Babbling Babies

Stories and numbers

Kelly McGarvey

Coordinator of Families First Johnstone team

Case study - Lucy's story

Before	After
•Lucy's attendance < 80%	•Lucy's attendance > 90%
•Lucy frequently arriving late for school. 36 late mornings recorded during third term of school year 2015/16	•Lucy's late arrival at school decreased to 6 mornings in the 1 st term of the school year 2016/17 • Lucy attends the school breakfast club. •Increased readiness to learn.
•Family living in poverty	•Tax Credits reinstated - family £112 better / per week
•Children did not have their own bed or bedroom furniture	•Children are living in a more secure home. •Family receive a grant that provided them with, a buggy, cot bed, a single bed, mattress, bedding and carpets • Parent's anxiety and stress levels decrease
•Parent distrusts professionals •Frequently visited by the family Health Visitor	•Able to accept help •Strengthened link between family and health services. •Parent is supported to be more consistent with medication to help with her own poor mental health •Decrease in the frequency of visits from the family health Visitor
•Integrated Assessment opened	•Integrated Assessment closed
•Whole family isolated	•Lucy attending breakfast club and swimming lessons after school •Whole family attending Families First community activities

Lucy's Story

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